

Items for eight environmental questionnaires in relation to physical activity used in Europe

	NEWS	ANEWS	NQLS	IPAQE	A4L	C4T	PLE	RECORD
Items	83 items	54 items	106 items	17items	9 items	23 items	17 items	14 items
Housing types								
Detached single-family residences	X	X	X					
Townhouses or rows houses of 1-3 stories	X	X	X					
Apartments or condos 1-3 stories	X	X	X					
Apartments or condos 4-6 stories	X	X	X					
Apartments or condos 7-12 stories	X	X	X					
Apartments or condos more than 13 stories	X	X	X					
Mix of single-family residences and townhouses, row houses, apartments or condos								
What is the main type of housing in your neighbourhood				X				
Local facilities (shops, exercise facilities, parks)								
Grocery store	X	X	X		X	X		
Supermarket	X	X	X		(local shops)	(along the route)		
Hardware store	X	X	X					
Fruit/vegetable market	X	X	X					
Laundry/dry cleaners	X	X	X					
Clothing store	X	X	X					
Post office	X	X	X					
Library	X	X	X					
Elementary school	X	X	X					
Other schools	X	X	X					
Book store	X	X	X					
Fast food restaurant	X	X	X					
Coffee place	X	X	X					
Bank/credit union	X	X	X					
Non-fast food restaurant	X	X	X					
Video store	X	X	X					
Pharmacy/drug store	X	X	X					
Salon/barber shop	X	X	X					
Your job or school	X	X	X					
Bus or trolley stop / lack of..	X	X	X				X	X
Park/ lack of..	X	X	X	X	X		X	
Recreation center/ Lack of..	X	X	X	(free or low cost recreation facilities)	X			X
Gym of fitness facility/ Lack of.	X	X	X		(leisure centre)			X
Lack of maintenance of collective equipments								X
Lack of quality of sportsequipments								X
Access to services								
Possible to do most shopping at local stores	X		X					
Stores are within easy walking distance	X	X	X	X			X	(too far)
Parking is difficult in local shopping areas	X	X	X					
There are many places to go within easy walking distance	X	X	X	X	(Optional)			
It is easy to walk to a transit stop	X	X	X	X				
The streets are hilly, difficult to walk/ to bicycle	X	X	X			X		
There are many canyons, hillsides in my neighbourhood that limit the number of routes	X	X	X					

for getting from place to place		Major barriers in stead of canyons,...						
Street connectivity								
Streets do not have many cul-de-sacs	X	X (single item)	X					
There are walkways that connect cul-de-sacs to streets, trails, or other cul-de-sacs	X		X					
Distance between intersections is usually short	X	X	X					
There are many four-way intersections	X		X	X (Optional)				
There are many alternative routes	X	X	X					
Easier to take shortcuts with the bicycle than with a car						X		
Cycling is faster compared to driving a car						X		
Places for walking and cycling								
There are sidewalks on most of the streets	X	X	X	X				
Sidewalks are well maintained	X		X	X (Optional)				
There are bicycle or pedestrian trails/convenient routes for walking	X		X	X			X	
Sidewalks are separated from the road, by parked cars	X	X	X					
Sidewalks are separated from the road, by grass/dirt strip	X	X	X					
Streets are well lit at night	X (safety from crime)	X	X			X		
Walkers and bikers can be easily seen by people in their homes	X (safety from crime)	X	X					
There are crosswalks and pedestrian signals to help walkers cross busy streets	X (safety from traffic)	X	X (neighbourhood safety)					
It is safe to ride a bike			X				X (dangerous)	
Places for bicycling are well maintained and not obstructed/convenient routes for cycling				X (optional)			X	
Parking facilities for bikes						X		
It is pleasant to walk/unpleasant							X	X
Neighbourhood surroundings/Aesthetics								
There are trees along the streets	X	X	X		X (high / low aesthetics)	X	X (unattractive)	
Trees give shade for the sidewalks	X		X					
There are many interesting things to look at while walking	X	X	X	X (recommended)		X		
Neighbourhood is generally free from litter/ has lot of litter	X		X					X
There are many attractive natural sights	X	X	X					
There are (un) attractive buildings/homes	X	X	X			X		X
High air pollution						X		X
There is a lot of traffic noise						X	X	
Little green space							X	X
Lots of noise from people living in the neighbourhood								X

Safety from traffic							
So much traffic along the street I live on that it makes it difficult or unpleasant to walk	X		X	X (recommended)	X (high/low traffic levels)		
So much traffic along nearby streets that it makes it difficult or unpleasant to walk	X	X	X				
Speed of traffic on the street I live on is usually slow	X		X				
Speed of traffic on most nearby streets is usually slow	X	X	X				
Most drivers exceed the posted speed limits while driving	X	X	X				
Crosswalks help walkers feel safe crossing busy streets	X		X				
When walking there are a lot of exhaust fumes	X		X				
So much traffic on the streets that it make it difficult or unpleasant to ride a bicycle / substantial detours are necessary				X (Optional)		X	
The percentage of routes with little traffic is...						X	
Cycling is unsafe because of high traffic						X	
Busy crossings without traffic lights						X	
Cycling is unsafe because of tramway lines						X	
There are many traffic lights						X	
It is impossible to bike continuously with almost no stops						X	
There is little traffic/to much traffic							X X
It is safe to cross the road							X
Safety from crime							
I see and speak to other people when I am walking	X		X				
There is a high crime rate	X	X	X				
The crime rate makes it unsafe to go on walks during the day	X	X	X	X (optional)	X		
The crime rate makes it unsafe to go on walks at night	X	X	X	X	X		X
My neighbourhood is safe enough so that I would let a 10-year-old boy walk around my block alone in the daytime			X				
There is a high likelihood of bikes being stolen at university site						X	
I wouldn't like to leave my bike in front of my residence because of the risk of theft						X	
Cyclists often have disputes with car-drivers						X	
Cyclists often have disputes with pedestrians						X	
Cyclists often have disputes with cyclists						X	
People are likely to be attacked							X
Vandalism, graffiti on the walls							X
Rudeness, aggressive attitude to certain people							X

Satisfaction with neighbourhood. How satisfied are you with...							
Number of pedestrian cross-walks	X						
The highway access from your home	X						
The access to public transportation	X						
Your commuting time to work/school	X						
The asses to shopping	X						
How many friends you have	X						
The number of people you know	X						
How easy and pleasant it is to walk	X						
How easy and pleasant it is to bicycle	X						
The quality of schools	X						
Access to entertainment	X						
The safety from threat or crime	X						
The amount and speed f traffic	X						
The number and quality of food stores	X						
The number and quality of restaurants	X						
Your neighbourhood as a good place to raise children	X						
Your neighbourhood as a good place to live	X						
How you feel about living in your local area							X
Social support/Modelling							
Has Company						X	
Prefers company						X	
I see many people being physically active				X (recommended)			
Home environment							
Stationary aerobic equipment			X				
Bicycle			X				X
Dog			X				
Trampoline for jogging in place			X				
Running shoes			X				
Swimming pool			X				
Weight lifting equipment			X				
Skis (snow or water)			X				
Toning devices			X				
Aerobic workout video or audiotapes			X				
Step aerobics, slide aerobics			X				
Skates			X				
Sports equipment			X				
Surf board, boogie board, windsurf board			X				
Canoe, row boat kayak			X				
How many motor vehicles in working order are there at your household				X (recommended)			X
Convenient Facilities							
Aerobic dance studio			X				
Basketball court			X				
Beach, lake, river, or creek			X				
Bike lane or trails			X				
Golf course			X				
Health spa/gym			X				
Martial arts studio			X				
Playing field			X				

Public park			X				
Public recreation center			X				
Racquetball/squash court			X				
Running track			X				
Skating rink			X				
Sporting goods store			X				
Swimming pool			X				
Walking/hiking trails			X				
Tennis courts			X				
Dance studio			X				
Social cohesion/capital							
People around my neighbourhood are willing to help their neighbours			X				
This is a close-knit neighbourhood			X				
People in this neighbourhood can be trusted			X				
People in this neighbourhood generally don't get along with each other			X				
People in this neighbourhood do not share the same values			X				