

# The Clinical Presentation of Culture-positive and Culture-negative, Quantitative Polymerase Chain Reaction (qPCR)-Attributable Shigellosis in the Global Enteric Multicenter Study and Derivation of a *Shigella* Severity Score: Implications for Pediatric *Shigella* Vaccine Trials

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**Background.** *Shigella* is a leading cause of childhood diarrhea and target for vaccine development. Microbiologic and clinical case definitions are needed for pediatric field vaccine efficacy trials.

**Methods.** We compared characteristics of moderate to severe diarrhea (MSD) cases in the Global Enteric Multicenter Study (GEMS) between children with culture positive *Shigella* to those with culture-negative, quantitative polymerase chain reaction (qPCR)-attributable *Shigella* (defined by an *ipaH* gene cycle threshold <27.9). Among *Shigella* MSD cases, we determined risk factors for death and derived a clinical severity score.

**Results.** Compared to culture-positive *Shigella* MSD cases ( $n = 745$ ), culture-negative/qPCR-attributable *Shigella* cases ( $n = 852$ ) were more likely to be under 12 months, stunted, have a longer duration of diarrhea, and less likely to have high stool frequency or a fever. There was no difference in dehydration, hospitalization, or severe classification from a modified Vesikari score. Twenty-two (1.8%) *Shigella* MSD cases died within the 14-days after presentation to health facilities, and 59.1% of these deaths were in culture-negative cases. Age <12 months, diarrhea duration prior to presentation, vomiting, stunting, wasting, and hospitalization were associated with mortality. A model-derived score assigned points for dehydration, hospital admission, and longer diarrhea duration but was not significantly better at predicting 14-day mortality than a modified Vesikari score.

**Conclusions.** A composite severity score consistent with severe disease or dysentery may be a pragmatic clinical endpoint for severe shigellosis in vaccine trials. Reliance on culture for microbiologic confirmation may miss a substantial number of *Shigella* cases but is currently required to measure serotype specific immunity.

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*Shigella* is a leading cause of diarrhea among children <5 years in resource-limited settings, associated with over 60 000 deaths in this age group per year [1]. Several *Shigella* vaccines are currently in development [2–4], and vaccine efficacy will be determined by the number of clinically relevant, *Shigella*-attributable diarrhea cases prevented by the vaccine [5].

Microbiological culture is the gold standard for *Shigella*-confirmation; however, the application of highly sensitive

molecular tools, such as quantitative polymerase chain reaction (qPCR), has revealed a large burden of *Shigella* infections undetected by culture [6, 7]. This increased sensitivity of qPCR could make vaccine trials more efficient, but the clinical significance of culture-negative and PCR-attributable shigellosis is unclear.

Rotavirus vaccine is most efficacious in preventing severe rotavirus diarrhea [8], and the Vesikari score is commonly used to stratify clinical endpoints in vaccine trials [9]. There is no universally accepted clinical severity score for *Shigella* diarrhea in children, and the Vesikari score does not include severity indicators that may be specific to shigellosis, such as dysentery [5]. Identifying the ideal severity score to use in *Shigella* vaccine trials requires an empiric assessment of the performance of existing and new severity scores in disaggregating severe versus nonsevere cases of *Shigella* diarrhea.

The Global Enteric Multicenter Study (GEMS) was a multicountry case-control study that enrolled children seeking care for moderate-to-severe (MSD) diarrhea and matched controls [10]. Utilizing clinical and laboratory data from GEMS cases, we sought to inform a microbiologic and clinical case definition for severe, laboratory-confirmed *Shigella* diarrhea by answering 3 questions: (1) Does the clinical presentation of *Shigella* differ by culture versus qPCR? (2) What are risk factors for death among children with *Shigella*-attributed diarrhea? (3) Can we develop a clinical severity score specific to *Shigella*, and how does it compare to a modified Vesikari score (MVS) previously created to fit these data?

## METHODS

### Parent Study

Children aged 0–59 months presenting to health centers in Bangladesh, India, Kenya, Mali, Mozambique, Pakistan, and The Gambia with diarrhea were screened for eligibility into GEMS between 2007 and 2011 as described elsewhere [10]. Eligible children were those with an acute episode of MSD defined as 1 or more of the following: dehydration (sunken eyes, loss of skin turgor, intravenous rehydration recommended), dysentery, or hospital admission [11]. At enrollment, clinical history and sociodemographic information were ascertained using a standardized questionnaire, whole stool samples were collected, and a physical exam was performed. Length/height, weight, and mid-upper arm circumference (MUAC) were measured at enrollment and at a single follow-up visit that was performed 60 days later (acceptable range 50–90 days) at which time vital status was also ascertained.

Stool samples were originally processed using conventional enteric pathogen detection methods as described elsewhere [12, 13], and a portion of samples stored at  $-80^{\circ}\text{C}$ . For *Shigella* diagnosis by bacterial culture, stool samples were transported in cold storage in buffered glycerol saline (BGS) transport media and were inoculated onto MacConkey and xylose lysine

desoxycholate agar. Suspected *Shigella* colonies were confirmed using triple-sugar iron, motility indole ornithine (MIO lysine decarboxylase media), citrate and urea biochemical typing media. A random subset of stored stool samples and samples from all fatal cases (if not included in the random subset) were also tested by qPCR using a 32-enteropathogen TaqMan Array Card [7]. Cycle thresholds ( $C_t$ ) required to detect the pathogen gene target, which are inversely related to nucleic acid quantity, of  $\geq 35$  were deemed negative. The gene amplified for *Shigella* detection, *ipaH*, is shared by enteroinvasive *Escherichia coli* (EIEC), but all *ipaH* detections were assumed to be *Shigella* based on metagenomic sequencing in a subset of samples [14].

### Nested Study

In this secondary data analysis, we excluded controls as well as cases who did not have both culture and qPCR results available and then grouped MSD cases by *Shigella* culture results. Among culture-negative children, we further divided low- and high-quantity infections using the *ipaH*  $C_t$  cutoff ( $<27.9$ ) associated with an odds ratio of 2.0 in the original qPCR GEMS analysis [7]. This grouping led to 4 mutually exclusive categories: (1) *Shigella* negative (no detection by culture or qPCR); (2) culture-negative/qPCR-unattributable (culture negative and  $27.9 \leq ipaH C_t < 35$ ); (3) culture-negative/qPCR-attributable (culture negative and *ipaH*  $C_t < 27.9$ ); and (4) culture-positive (culture-positive *Shigella* irrespective of qPCR value). The clinical and demographic characteristics of these 4 categories were compared using prevalence ratios determined from Poisson regression with culture-positive *Shigella* as the reference group and each dichotomous covariate of interest modeled separately in a model including site (indicator variable) and age (continuous variable). Characteristics of interest, ascertained at MSD presentation, included age, site, sex, dysentery (visibly bloody stool reported by caregiver, clinician, or laboratory technician), mucoid stool, caregiver-reported number of days of diarrhea prior to presentation, caregiver reported number of loose stools in previous 24 hours, axillary temperature, caregiver-reported vomiting, clinician-determined dehydration status (according to World Health Organization [WHO] IMCI guidelines [15]), stunting (length for age z-score [LAZ]  $< -2$ ), wasting (mid-upper arm circumference [MUAC]  $< 12.5\text{cm}$  among children 6 months or older), and admission to hospital. We utilized clinical signs at presentation to recreate the MVS generated previously with these data [16]. This MVS totaled 16 points and was categorized as mild (1–5 points), moderate (6–8 points), and severe (9–16 points). To establish the likelihood of causes of diarrhea other than *Shigella* in each of the 4 diagnostic categories, we considered site- and age-adjusted attributable fractions  $\geq 0.5$ , derived from qPCR  $C_t$ -values [17]. These pathogens were grouped as: viral (astrovirus, norovirus, rotavirus, sapovirus, adenovirus), parasitic (*Cryptosporidium*, *Entamoeba histolytica*, *Cyclospora*, *Isospora*), and other bacterial (*Aeromonas Campylobacter*, *Helicobacter pylori*, *Salmonella*, *Vibrio cholerae*, enteroaggregative *Escherichia*

*coli* (*E.coli*) [EAEC], heat-stable enterotoxin-producing *E. coli* [ST-EPEC], heat-labile enterotoxin-producing *E. coli* [LT-EPEC], typical enteropathogenic *E.coli* [tEPEC], Shiga toxin producing *E. coli* [STEC]). The prevalence of other causes was compared between the 4 *Shigella* categories in age- and site-adjusted Poisson regression models.

To establish risk factors for death among children with *Shigella*-attributed diarrhea, we excluded children who were *Shigella* negative (by culture and qPCR) or had culture-negative/qPCR-unattributable *Shigella* and children without a 60-day follow-up visit in which vital status (and date of death, if applicable) was ascertained. Cox proportional hazards regression was used to identify univariate and adjusted risk factors for death in the first 14-days after presentation. We evaluated deaths in the 14-days to capture deaths most likely related to the MSD. Adjusted models included site (indicator variable) and age (continuous variable).

We derived a new severity score (model-derived score) based on risk of dying in the 14-days after MSD presentation using forward stepwise Cox proportional hazards regression and Akaike information criteria (AIC) for model-selection. The following clinical variables were considered in building this model: dysentery, mucoid stool, duration of diarrhea including and prior to the day of enrollment, maximum number of loose stools in last 24 hours, axillary temperature, caregiver-reported vomiting, WHO dehydration status, and clinician decision to hospitalize. Continuous variables were categorized to match that of the previously published MVS [16]. The final Cox model coefficients were used to calculate the new score using methods described elsewhere [18]. The total number of possible points were constrained to 16 and categorized as mild (<6), moderate [6–8], and severe (9+) to be consistent with the MVS [16].

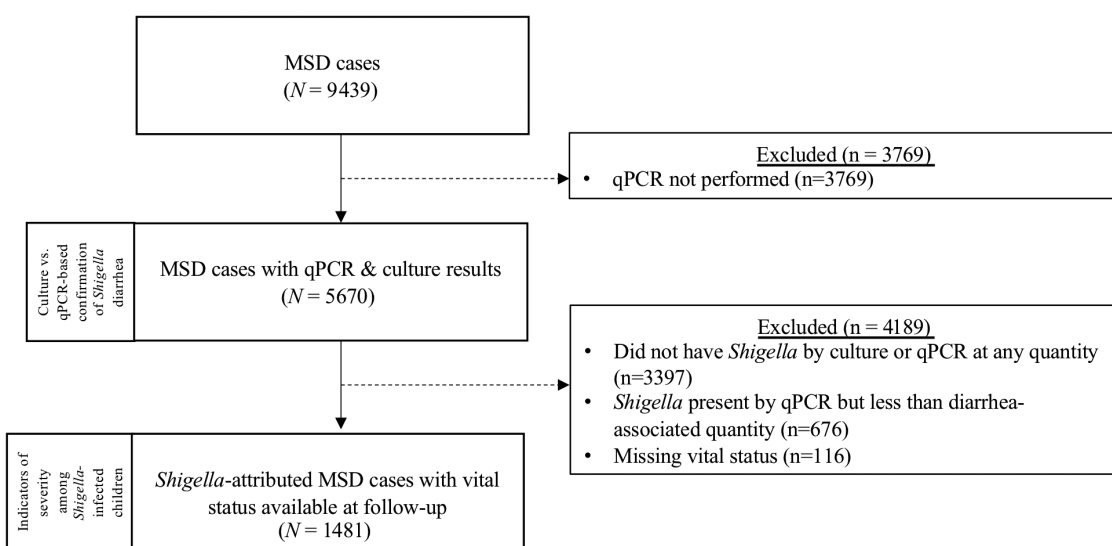
The model-derived score and the MVS were compared using the area under the curve (AUC) calculated from a logistic model containing deaths in the first 14 days as the outcome and the continuous score as the independent variable with bootstrapped standard errors and a chi-square statistic. Finally, both scores' ability to predict odds of death beyond 14-days (among those 14-day survivors) were also evaluated using logistic-regression based AUCs with bootstrapped standard errors.

To evaluate the robustness of our findings, we repeated all analyses in 3 subsets of data: (1) Excluding children with another possible etiology based on site and age-adjusted attributable fraction  $\geq 0.5$  in the culture-negative/qPCR-attributable and culture-positive groups; (2) excluding data from Bangladesh because of the uniquely high culture-positivity and dysentery rate at this site [7], and (3) excluding the fatal cases that were enriched in the sample (not qPCR-tested randomly).

Analyses were conducted in Stata 14.0 (Stata Corp, College Station, TX, USA) with an alpha of 0.05. The funder had no role in this manuscript's design, data collection, analysis, writing, or submission.

## RESULTS

Of 9439 MSD cases enrolled in GEMS, 5670 had qPCR results and were included in the analysis of clinical presentation by *Shigella* diagnostic assay (Figure 1). Sixty percent ( $n = 3397$ ) of children did not have *Shigella* detected by culture or by qPCR at any  $C_t$  value. *Shigella* was isolated from culture in 745 children (13.1%), the majority (727 [97.5%]) of which were detected by qPCR (697 [95.9%] at qPCR-attributable levels and 30 [4.1%] qPCR-unattributable). Of the culture-positive *Shigella* cases, 65.4% were *S. flexneri*, 24.0% *S. sonnei*, 5.5% *S. dysenteriae*, and



**Figure 1.** Participant flow of children with MSD included in each analysis. Abbreviations: MSD, moderate to severe diarrhea; qPCR, quantitative polymerase chain reaction.

**Table 1. Frequencies of Sociodemographic, Clinical, and Pathogen Characteristics by Diagnostic Categories**

Characteristic	Shigella Culture				Absent				Present			
	Shigella qPCR		Absent <sup>e</sup> (n = 3397)		qPCR-unattributable <sup>b</sup> (n = 676)		qPCR-attributable <sup>c</sup> (n = 852)		Any qPCR value <sup>d</sup> (n = 745)			
	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)
<b>Sociodemographic</b>												
<b>Age</b>												
1–11 m	1684	(49.6)	129	(19.1)	149	(17.5)	91	(12.2)	301	(40.4)	339	(45.5)
12–23 m	977	(28.8)	271	(40.1)	405	(47.5)	301	(40.4)	353	(47.4)	410	(55.0)
24–59 m	736	(21.7)	276	(40.8)	298	(35.0)	276	(40.8)	371	(43.5)	58	(7.8)
Female sex	1422	(42.5)	276	(40.8)	371	(43.5)	371	(43.5)	410	(55.0)	72	(9.7)
<b>Site</b>												
Bangladesh	357	(10.5)	35	(5.2)	98	(11.5)	410	(55.0)	72	(9.7)	18	(2.4)
India	567	(16.7)	123	(18.2)	138	(16.2)	58	(7.8)	86	(11.5)	77	(10.3)
Kenya	650	(19.3)	107	(15.8)	83	(9.7)	72	(9.7)	534	(71.7)	351	(47.1)
Mali	556	(16.4)	150	(22.2)	163	(19.1)	18	(2.4)	364	(48.9)	424	(56.9)
Mozambique	337	(9.9)	73	(10.8)	85	(10.0)	24	(3.2)	351	(47.1)	238	(32.0)
Pakistan	481	(14.2)	110	(16.3)	153	(18.0)	24	(3.2)	221	(30.0)	214	(28.9)
The Gambia	449	(13.2)	78	(11.5)	132	(15.5)	86	(11.5)	209	(28.1)	304	(40.8)
<b>Clinical characteristics at enrollment</b>												
Dysentery	459	(13.5)	91	(13.5)	355	(41.7)	534	(71.7)	351	(47.1)	424	(56.9)
Caregiver reported mucoid stool	765	(22.5)	148	(21.9)	255	(29.9)	364	(48.9)	489	(65.9)	424	(56.9)
Duration of diarrhea (including day of presentation) ≥3 d	1748	(51.5)	348	(51.5)	489	(57.4)	351	(47.1)	424	(56.9)	424	(56.9)
≥7 loose stools child in 24-h period	1213	(35.7)	218	(32.3)	303	(35.6)	424	(56.9)	424	(56.9)	424	(56.9)
Temperature ≥ 38°C	735	(21.6)	129	(19.1)	140	(16.4)	238	(32.0)	301	(40.4)	301	(40.4)
Caregiver reported vomiting > 3 times per day	1509	(44.4)	289	(42.8)	222	(26.1)	162	(21.7)	353	(47.4)	353	(47.4)
Severe dehydration	1908	(56.2)	390	(57.7)	437	(51.3)	221	(30.0)	339	(45.5)	339	(45.5)
Stunted (LAZ < -2)	943	(27.9)	240	(35.7)	310	(36.7)	214	(28.9)	209	(28.1)	209	(28.1)
Wasted <sup>g</sup> (MUAC <12.5cm)	411	(14.3)	99	(15.3)	124	(15.0)	66	(9.1)	304	(40.8)	304	(40.8)
Hospitalized	819	(24.1)	158	(23.4)	145	(17.0)	209	(28.1)	209	(28.1)	209	(28.1)
Severe by modified Vesikari score <sup>f</sup>	1544	(45.5)	314	(46.5)	298	(35.0)	304	(40.8)	304	(40.8)	304	(40.8)
<b>Other etiologies</b>												
Viralf	1169	(34.4)	172	(25.4)	133	(15.6)	99	(13.3)	99	(13.3)	99	(13.3)
Parasitic <sup>h</sup>	280	(8.2)	41	(6.1)	54	(6.4)	15	(2.0)	15	(2.0)	15	(2.0)
Other bacteria <sup>i</sup>	615	(18.1)	168	(24.9)	185	(21.7)	61	(8.2)	61	(8.2)	61	(8.2)

Abbreviations: *E. coli*, *Escherichia coli*; EPEC, enteropathogenic *Escherichia coli*; LAZ, length for age z-score; LTETEC, heat-labile enterotoxin-producing *E. coli*; MUAC, mid-upper arm circumference; qPCR, quantitative polymerase chain reaction; STEC, Shiga toxin producing *E. coli*; STETEC, heat-stable enterotoxin-producing *E. coli*; TEPEC, typical enteropathogenic *E. coli*.

<sup>a</sup>ipaH C<sub>1</sub> value ≥35.

<sup>b</sup>27.9 ≤ ipaH C<sub>1</sub> <35.

<sup>c</sup>ipaH C<sub>1</sub> value <27.9.

<sup>d</sup>Absent by qPCR (n = 18 [2.4%]), present below diarrhea-associated quantity (n = 30 [4.0%]), present at, or above, diarrhea associated quantity (n = 697 [93.6%]).

<sup>e</sup>Among those ≥6 months of age (in whom MUAC is validated).

<sup>f</sup>As derived in Kotloff et al, Vaccine, 2017.

<sup>g</sup>Site and age-adjusted attributable fraction ≥.5 for any of the following: adenovirus, astrovirus, norovirus, rotavirus, sapovirus, adenovirus.

<sup>h</sup>Site and age-adjusted attributable fraction ≥.5 for any of the following: *Cryptosporidium*, *Entamoeba histolytica*, *Cyclospora*, *Isospora*.

<sup>i</sup>Site and age-adjusted attributable fraction ≥.5 for any of the following: *H. pylori*, *Campylobacter*, *Aeromonas*, *Salmonella*, *V. cholerae*, EPEC, STETEC, LTETEC, TEPEC, STEC.

5.1% *S. boydii*, as described elsewhere [12]. Of 4925 culture-negative MSD cases, qPCR-attributable *Shigella* infections were identified in an additional 852 (17.3%) children and qPCR-unattributable infections in 676 (13.7%).

### Culture Versus qPCR-Based Confirmation of *Shigella* Diarrhea

Accounting for potential confounding by age and site, compared to children with culture-positive shigellosis (Tables 1 and 2), cases with culture-negative/qPCR-attributable shigellosis were more likely to be under one year of age, stunted, and have had more than three days of diarrhea; they were also less likely to be febrile or have passed more than 6 loose stools in a day. The prevalence of a concomitant attributable viral pathogen was similar between culture-positive (13.3%) and culture-negative/qPCR-attributable (15.6%) shigellosis as was the likelihood of dysentery, mucoid stool, severe dehydration, vomiting, hospital admission, and a “severe” classification by the MVS. When removing episodes

with other potentially attributable pathogens detected, the observed differences in clinical presentation of culture-positive and culture-negative/qPCR-attributable shigellosis did not change for any manifestation other than diarrhea duration, which became a more pronounced difference between the 2 diagnostic categories (Supplementary Table 1 [S1]). Exclusion of the Bangladesh site (Supplementary Table S2) resulted in a significantly lower prevalence of dysentery and negative/qPCR-attributable shigellosis compared to culture-positive shigellosis, and removal of fatal cases that were enriched in the data set (Supplementary Table S3) did not meaningfully change any comparisons.

In contrast, children with culture-negative/qPCR-unattributable shigellosis were more likely than children with culture-positive shigellosis to present with vomiting, severe dehydration, to be hospitalized, and to have a viral etiology (Tables 1 and 2). Similar associations were found when comparing *Shigella* negative (no detection by culture or qPCR)

**Table 2. Sociodemographic, Clinical, and Pathogen Factors Associated With *Shigella* Diagnostic Categories**

Characteristic	<i>Shigella</i> Culture <i>Shigella</i> qPCR	Absent						Present	
		Absent <sup>a</sup> (n = 3397)		qPCR-unattributable <sup>b</sup> (n = 676)		qPCR-attributable <sup>c</sup> (n = 852)		Any qPCR value <sup>d</sup> (n = 745)	
		aPR <sup>e</sup>	(95% CI)	aPR <sup>e</sup>	(95% CI)	aPR <sup>e</sup>	(95% CI)	aPR <sup>e</sup>	(95% CI)
<b>Sociodemographic</b>									
Age <12 m		4.52	(3.63–5.63)	1.76	(1.33–2.32)	1.57	(1.20–2.05)	Ref	...
Female sex		.89	(.78–1.01)	.85	(.72–1.01)	0.91	(.78–1.07)	Ref	...
<b>Clinical characteristics at enrollment</b>									
Dysentery		.37	(.32–.42)	.40	(.31–.50)	1.06	(.91–1.22)	Ref	...
Caregiver reported mucoid stool		.66	(.57–.77)	.72	(.58–.89)	0.95	(.80–1.13)	Ref	...
Duration of diarrhea ≥3 d		1.04	(.92–1.19)	1.09	(.93–1.28)	1.20	(1.04–1.39)	Ref	...
≥7 loose stools child in 24-h period		.83	(.73–.94)	.80	(.67–.95)	0.82	(.70–.96)	Ref	...
Temperature ≥ 38°C		.78	(.66–.92)	.71	(.56–.90)	0.62	(.50–.78)	Ref	...
Caregiver reported vomiting >3 times per day		1.84	(1.55–2.20)	1.85	(1.51–2.27)	1.13	(.91–1.39)	Ref	...
Severe dehydration		1.22	(1.05–1.41)	1.22	(1.03–1.45)	1.14	(.96–1.34)	Ref	...
Stunted (LAZ <–2)		1.05	(.89–1.24)	1.21	(.99–1.48)	1.27	(1.05–1.53)	Ref	...
Wasted <sup>f</sup> (MUAC <12.5cm)		.86	(.65–1.14)	1.19	(.85–1.64)	1.08	(.79–1.48)	Ref	...
Hospitalized		1.29	(1.08–1.54)	1.37	(1.10–1.71)	0.90	(.72–1.13)	Ref	...
Severe by modified Vesikari score <sup>g</sup>		1.11	(.95–1.25)	1.16	(.98–1.37)	0.87	(.74–1.03)	Ref	...
<b>Other etiologies</b>									
Viral <sup>h</sup>		2.24	(1.80–2.79)	2.56	(1.53–2.56)	1.18	(.91–1.55)	Ref	...
Parasitic <sup>i</sup>		1.94	(1.14–3.32)	2.93	(.88–2.93)	1.73	(.97–3.10)	Ref	...
Other bacteria <sup>j</sup>		2.24	(1.69–2.97)	3.88	(2.09–3.88)	2.54	(1.88–3.44)	Ref	...

Abbreviations: aPR, adjusted prevalence ratio; CI, confidence interval; *E. coli*, *Escherichia coli*; EAEC, enteroaggregative *Escherichia coli*; LAZ, length for age z-score; LT-ETEC, heat-labile enterotoxin-producing *E. coli*; MUAC, mid-upper arm circumference; qPCR; quantitative polymerase chain reaction; STEC, Shiga toxin producing *E. coli*; ST-ETEC, heat-stable enterotoxin-producing *E. coli*; tEPEC, typical enteropathogenic *E. coli*.

<sup>a</sup>*ipaH* C<sub>1</sub> value ≥35

<sup>b</sup>27.9 ≤ *ipaH* C<sub>1</sub> <35

<sup>c</sup>*ipaH* C<sub>1</sub> value <27.9

<sup>d</sup>Absent by qPCR (n = 18 [2.4%]), present below diarrhea-associated quantity (n = 30 [4.0%]), present at, or above, diarrhea associated quantity (n = 697 [93.6%]).

<sup>e</sup>aPR from relative risk regression assuming Poisson distribution adjusting for site (considered as an indicator variable) and age (considered continuously) except age model adjusted only for site.

<sup>f</sup>Among those ≥6 months of age (in whom MUAC is validated).

<sup>g</sup>As derived in Kotloff et al, Vaccine, 2017.

<sup>h</sup>Site and age-adjusted attributable fraction ≥.5 for any of the following: astrovirus, norovirus, rotavirus, sapovirus, adenovirus.

<sup>i</sup>Site and age-adjusted attributable fraction ≥.5 for any of the following: *Cryptosporidium*, *Entamoeba histolytica*, *Cyclospora*, *Isospora*.

<sup>j</sup>Site and age-adjusted attributable fraction ≥.5 for any of the following: *H. pylori*, *Campylobacter*, *Aeromonas*, *Salmonella*, *V. cholerae*, EAEC, ST-ETEC, LT-ETEC, tEPEC, STEC.

cases to culture-positive shigellosis. Subset analyses revealed similar findings, except the analysis excluding Bangladesh data, which found no differences in fever, severe dehydration, or hospitalization when comparing culture-positive *Shigella* cases to the other 2 groups (Supplementary Tables S1–S3).

Bacterial causes other than *Shigella* were more common in all 3 culture-negative groups (21.7% qPCR-attributable, 24.9% qPCR-unattributable, and 18.1% absent) compared to culture-positive *Shigella* (8.2%, Tables 1 and 2). Subset analyses led to similar findings (Supplementary Tables S1–S3). These associations did not appear to be driven by a single bacterial pathogen (Supplementary Table S4A/B).

### Risk Factors for Death Among Children With *Shigella*-attributed Diarrhea

The clinical and demographic features of the 1481 children with either culture-negative/qPCR-attributable or culture-positive *Shigella* with known vital status at follow-up are presented, by age, in Table 3. Children <12 months comprised 14.9% of the *Shigella*-attributed cases and were less likely to present with dysentery and fever and more likely to present with vomiting and dehydration. This trend held true when limiting to qPCR-attributable cases only (Supplementary Table S5) and culture-positive shigellosis (Supplementary Table S6).

Forty-two children (2.8%) with *Shigella*-attributable diarrhea died during follow-up, of whom 22 (52.4%) died in the first 2 weeks. There was no difference in risk of death between culture negative/

**Table 3. Age-stratified Characteristics of *Shigella* MSD Cases Defined as Culture Positive or Quantitative Polymerase Chain Reaction (qPCR)-Attributable (n = 1481)**

Characteristic	0–5 m (n = 35)		6–11 m (n = 185)		12–23 m (n = 654)		24–59 m (n = 607)	
	n	(%)	n	(%)	n	(%)	n	(%)
<b>Sociodemographic</b>								
Female sex	14	(40.0)	74	(40.0)	307	(46.9)	263	(43.3)
<b>Site</b>								
Bangladesh	3	(8.6)	49	(26.5)	198	(30.3)	252	(41.5)
India	5	(14.3)	19	(10.3)	62	(9.5)	101	(16.6)
Kenya	9	(25.7)	26	(14.1)	58	(8.9)	56	(9.2)
Mali	1	(2.9)	16	(8.7)	87	(13.3)	55	(9.1)
Mozambique	0	(0)	11	(6.0)	49	(7.5)	35	(5.8)
Pakistan	15	(42.9)	32	(17.3)	92	(14.1)	60	(9.9)
The Gambia	2	(5.7)	32	(17.2)	108	(16.5)	48	(7.9)
<b>Clinical characteristics</b>								
Dysentery	13	(37.1)	88	(47.6)	345	(52.8)	390	(64.3)
Caregiver reported mucoid stool	13	(37.1)	70	(37.8)	253	(38.7)	247	(40.7)
Duration of diarrhea (including day of presentation)								
1–3	19	(54.3)	128	(69.2)	460	(70.3)	448	(73.8)
4–5	14	(40.0)	35	(18.9)	143	(21.9)	124	(20.4)
6+	2	(5.7)	22	(11.9)	51	(7.8)	35	(5.8)
Max no. of loose stools child passed in 24-h period								
≤6	20	(57.1)	95	(51.4)	361	(55.2)	321	(52.9)
7–10	11	(31.4)	66	(35.7)	196	(30.0)	182	(30.0)
>10	4	(11.4)	24	(13.0)	97	(14.8)	104	(17.1)
Axillary temperature at presentation								
<38°C	30	(85.7)	152	(82.2)	510	(78.0)	431	(71.0)
38–38.9°C	3	(8.6)	24	(13.0)	80	(12.2)	106	(17.5)
≥39°C	2	(5.7)	9	(4.9)	64	(9.8)	70	(11.5)
Caregiver reported vomiting ≥3 times per day	12	(34.3)	63	(34.1)	159	(24.3)	124	(20.4)
WHO-defined dehydration categories								
None	11	(31.4)	53	(28.7)	208	(31.8)	255	(42.0)
Some	5	(14.3)	46	(24.9)	165	(25.2)	141	(23.2)
Severe	19	(54.3)	86	(46.5)	281	(43.0)	211	(34.8)
Modified Vesikari score <sup>a</sup>								
Mild	6	(17.1)	24	(13.0)	78	(11.9)	93	(15.3)
Moderate	15	(42.9)	81	(43.8)	326	(49.9)	299	(49.3)
Severe	14	(40.0)	80	(43.2)	250	(38.2)	215	(35.4)
Stunted (LAZ <−2)	14	(40.0)	46	(25.1)	197	(30.3)	220	(36.4)
Wasted (MUAC <12.5cm) <sup>b</sup>	–	–	50	(27.0)	97	(14.8)	27	(4.5)

Abbreviations: LAZ, length for age z-score; MSD, moderate to severe diarrhea; MUAC, mid-upper arm circumference; WHO, World Health Organization.

<sup>a</sup>As derived in Kotloff et al, Vaccine, 2017.

<sup>b</sup>Among children ≥6 months.

**Table 4. Characteristics of *Shigella* Moderate to Severe Diarrhea (MSD) Cases Defined as Culture Positive or Quantitative Polymerase Chain Reaction (qPCR)-Attributable (N = 1481) Who Died Versus Those Who Survived in the 14 Days Post enrollment**

Characteristic	Died (n = 22)		Survived (n = 1459)		Hazard Ratio <sup>b</sup> (95% CI)	Hazard Ratio (95% CI) <sup>c</sup>
	n	(%) <sup>a</sup>	n	(%) <sup>a</sup>		
<b>Sociodemographic</b>						
<b>Age</b>						
0–5 m	3	(13.6)	32	(2.2)	10.7 (2.6–45.0)	6.3 (1.4–27.5)
6–11 m	4	(18.2)	181	(12.4)	2.6 (.7–9.8)	1.6 (.4–5.8)
12–23 m	10	(45.5)	644	(44.1)	1.9 (.6–5.4)	1.3 (.4–3.8)
24–59 m	5	(22.7)	602	(41.3)	Ref	Ref
<b>Sex</b>						
Female	7	(31.8%)	651	(44.6%)	0.6 (.2–1.4)	0.6 (.2–1.4)
Male	15	(68.2%)	808	(55.4%)	Ref	Ref
<b>Clinical characteristics</b>						
<b>Dysentery</b>						
Present	7	(31.8%)	829	(56.8%)	0.4 (.2–.9)	0.6 (.2–1.6)
Absent	15	(68.2%)	630	(43.2%)	Ref	Ref
<b>Caregiver reported mucoid stool</b>						
Present	8	(36.4%)	575	(39.4%)	0.9 (.4–2.1)	1.2 (.5–3.0)
Absent	14	(63.6%)	884	(60.6%)	Ref	Ref
<b>Duration of diarrhea (including day of presentation)</b>						
≥3	19	(86.4%)	757	(51.9%)	5.8 (1.7–19.6)	4.4 (1.3–15.3)
<3	3	(13.6%)	702	(48.1%)	Ref	Ref
<b>Max no. of loose stools child passed in 24-h period</b>						
≥7	7	(31.8%)	677	(46.4%)	0.5 (.2–1.3)	1.1 (.4–2.9)
<7	15	(68.2%)	782	(53.6%)	Ref	Ref
<b>Temperature</b>						
≥38°C	9	(40.9%)	349	(23.9%)	2.2 (.9–5.1)	2.1 (.9–5.1)
<38°C	13	(59.1%)	1110	(76.1%)	Ref	Ref
<b>Caregiver reported vomiting</b>						
>3 times per day	12	(54.6%)	346	(23.7%)	3.8 (1.6–8.8)	2.5 (1.1–5.9)
≤3 times per day (or none)	10	(45.5%)	1113	(76.3%)	Ref	Ref
<b>WHO-defined dehydration categories</b>						
Severe	20	(90.9%)	577	(39.7%)	17.9 (2.4–133.3)	7.9 (.8–79.7)
Some	1	(4.6%)	356	(24.4%)	1.5 (.09–23.6)	1.3 (.07–23.5)
None	1	(4.6%)	526	(36.1%)	Ref	Ref
<b>Chronic malnutrition</b>						
Stunted (LAZ <–2)	11	(57.9%)	466	(32.1%)	2.9 (1.2–7.2)	3.0 (1.2–7.7)
Nonstunted	8	(42.1%)	988	(68.0%)	Ref	Ref
<b>Acute malnutrition<sup>d</sup></b>						
MUAC <12.5cm	8	(42.1%)	166	(11.6%)	5.4 (2.2–13.4)	3.3 (1.2–8.6)
MUAC ≥12.5cm	11	(57.9%)	1261	(88.4%)	Ref	Ref
<b>Admission status at enrollment visit</b>						
Hospitalized	16	(72.7%)	319	(21.9%)	9.3 (3.6–23.8)	14.5 (5.1–41.2)
Seen as outpatient	6	(27.3%)	1140	(78.1%)	Ref	Ref
<b>Modified Vesikari score<sup>e</sup></b>						
Severe	18	(81.8%)	541	(37.1%)	5.9 (2.0–17.4)	4.4 (1.5–12.9)
Moderate	4	(18.2%)	717	(49.1%)	Ref	Ref
Mild	0	(0)	201	(13.8%)	Not estimable	Not estimable
<b>Laboratory</b>						
<b><i>Shigella</i> culture results</b>						
Culture positive	9	(40.9%)	698	(47.8%)	0.8 (.3–1.8)	1.1 (.4–2.6)
Culture negative	13	(59.1%)	761	(52.2%)	Ref	Ref
<b><i>Shigella</i> qPCR C<sub>t</sub> values<sup>f</sup></b>						
<20.8	11	(50.0%)	635	(44.9%)	1.5 (.5–4.7)	1.9 (.6–6.0)
20.8–24.34	7	(31.8%)	436	(30.8%)	1.4 (.4–4.7)	1.7 (.5–5.8)
24.35–27.89	4	(18.2%)	343	(24.3%)	Ref	Ref

**Table 4.** Continued

Characteristic	Died (n = 22)		Survived (n = 1459)		Hazard Ratio <sup>b</sup> (95% CI)	Hazard Ratio (95% CI) <sup>c</sup>
	n	(%) <sup>a</sup>	n	(%) <sup>a</sup>		
Other potential etiology <sup>d</sup>						
Yes	8	(36.4%)	429	(29.4%)	1.4 (.6–3.3)	1.4 (.6–3.3)
No	14	(63.6%)	1030	(70.6%)	Ref	Ref

Abbreviations: CI, confidence interval; *E. coli*, *Escherichia coli*; EAEC, enteroaggregative *Escherichia coli*; LAZ, length for age z-score; LT-EPEC, heat-labile enterotoxin-producing *E. coli*; MUAC, mid-upper arm circumference; STEC, Shiga toxin producing *E. coli*; ST-EPEC, heat-stable enterotoxin-producing *E. coli*; tEPEC, typical enteropathogenic *E. coli*; WHO, World Health Organization.

<sup>a</sup>Column percentages.

<sup>b</sup>From Cox proportional hazards regression including only the variable of interest in the model.

<sup>c</sup>From Cox proportional hazards regression including the variable of interest, site as an indicator variable, and age as a continuous variable except age model adjusted only for site.

<sup>d</sup>Among those  $\geq 6$  months of age in whom MUAC is validated.

<sup>e</sup>As derived in Kotloff et al, Vaccine, 2017.

<sup>f</sup>Among those with qPCR attributable-*Shigella* (n = 1436).

<sup>g</sup>Based on site and age-adjusted attributable fraction  $\geq 0.5$  for any of the following pathogens: astrovirus, norovirus, rotavirus, sapovirus, adenovirus, *Cryptosporidium*, *E. histolytica*, *Cyclospora*, *Isospora*, *isosporea*, *H. pylori*, *Aeromonas Campylobacter*, *Salmonella*, *V. cholerae*, EAEC, ST-EPEC, LT-EPEC, tEPEC, STEC.

qPCR-attributable shigellosis and culture-positive shigellosis (adjusted hazard ratio [aHR]: 1.1, 95% confidence interval [CI]: .5–2.6). Age <6 months, duration of diarrhea >3 days, vomiting >3 times per day, stunting, MUAC under 12.5 cm, and hospital admission were associated with risk of death in the first 14 days (Table 4). Severe dehydration was not statistically associated with death in adjusted models, but 20/22 (90.9%) of the deaths among *Shigella* cases that occurred in the first 2 weeks were in children with severe dehydration. Dysentery was not associated with death in adjusted models, nor was presence of a second attributable etiology. When excluding episodes with additional potentially attributable pathogens (Supplementary Table S7), we found all risk factors remained significantly associated with death, including vomiting. There were no differences in significant risk factors in the subset of children excluding Bangladesh (Supplementary Table S8). Finally, excluding enriched fatal cases (Supplementary Table S9), young age and diarrhea duration were no longer significantly associated with death, although the direction and magnitude of association were similar to primary analyses.

Based on model fit, 3 clinical features maximally predicted death: clinician decision to hospitalize, dehydration status, and diarrhea duration prior to presentation (Table 5, Supplementary Table S10). This model-derived score had an AUC of 0.85 for predicting 14-day mortality (95% CI: .76–.91). The MVS had a similar AUC (AUC = 0.80, 95% CI: .71–.88,  $P$ -value<sub>AUC derived vs. AUC MVS</sub> = .077) (Figure 2). The model-derived score classified 564 (38.1%) of children as severe, 409 (27.6%) as moderate, and 729 (49.2%) as mild, whereas MVS classified 559 (37.7%) as severe, 721 (48.7%) as moderate, and 201 (13.6%) as mild. Table 6 displays the median model-derived score and MVS across various characteristics. Against the outcome of death after 14 days among the 1459 14-day survivors, the 2 scores did not differ significantly (AUC<sub>model</sub> = 0.75, 95% CI: .59–.87 vs AUC<sub>MVS</sub>: 0.67, 95% CI: .53–.80,  $P$  = .064). Among children  $\geq 12$  months (n = 1261) or in those with culture-confirmed *Shigella* (n = 707), the AUC values were not meaningfully different (Supplementary Figures S1 and S2) other than a significantly

higher AUC for the model-derived score in predicting 14-day mortality ( $P$  = .048) in children aged 12 months or older.

## DISCUSSION

Our secondary analysis of children <5 years of age presenting to health centers with MSD found the clinical presentations

**Table 5. Shigella Model-derived Score and Modified Vesikari Score**

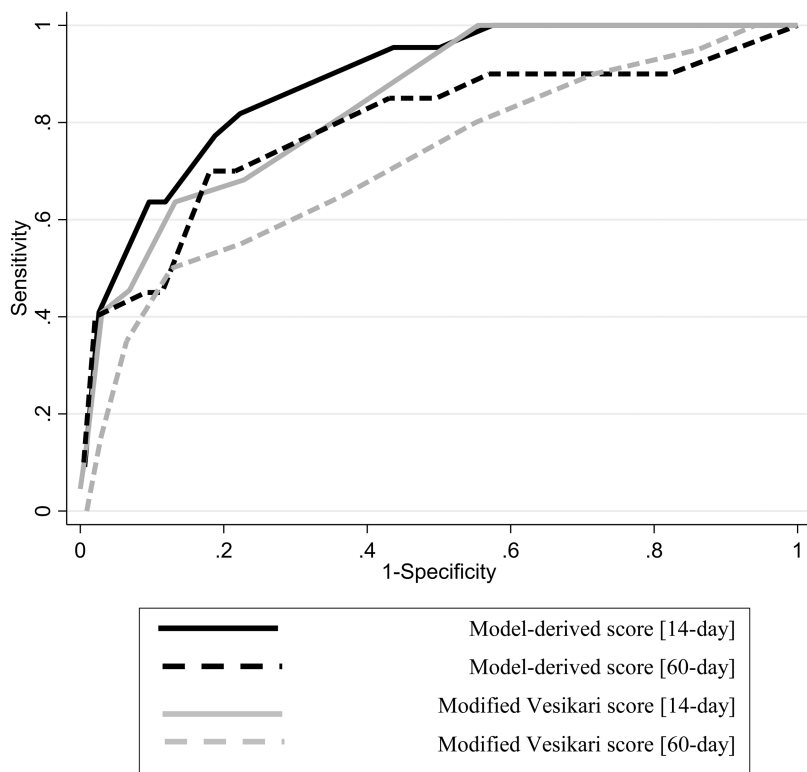
Predictor	Model-derived Score	Modified Vesikari Score <sup>a</sup>
Days diarrhea prior to presentation (including day of presentation)		
$\geq 6$	3	3
4–5	2	2
1–3	0	1
Max no. of loose stools child passed in 24-h period		
>10	--	3
7–10	--	2
$\leq 6$	--	1
Max no. of vomiting episodes in 24-h period		
>3 times per day	--	2
$\leq 3$ times per day (or none)	--	1
WHO-defined dehydration categories		
Severe	8	3
Some	4	2
None	0	0
Temperature		
$\geq 39^\circ\text{C}$	--	3
38.5–38.9 $^\circ\text{C}$	--	2
37.1–38.4 $^\circ\text{C}$	--	1
Hospitalized <sup>b</sup>		
Yes	5	2
No	0	0

Abbreviation: WHO, World Health Organization.

<sup>a</sup>As derived in Kotloff et al, Vaccine, 2017.

<sup>b</sup>In sum, 28 participants received intravenous (IV) rehydration in a short-stay ward, and these were upgraded to "hospitalized."





**Figure 2.** ROC curves of model-derived score and modified Vesikari score predicting death in first 14 days and within 60 days (range 50–90 days) among 14-day survivors. Model-derived score:  $AUC_{0-14}$  of 0.85 (95% CI: .77–.92);  $AUC_{15-90}$  0.75 (95% CI: .60–.87). Modified Vesikari score:  $AUC_{0-14}$  0.80 (95% CI: .70–.88);  $AUC_{15-90}$  0.67 (95% CI: .53–.80). Abbreviations: AUC, area under the curve; CI, confidence interval; ROC, receiver operating characteristic.

of culture-positive shigellosis and culture-negative/qPCR-attributable shigellosis to differ in terms of fever, duration, and stool frequency but not in terms dehydration, vomiting, and MVS severity. Presuming culture-negative/qPCR-attributable *Shigella* infections are indeed *Shigella* diarrhea, as we routinely assume with culture-positive *Shigella*, culture missed half of *Shigella*-attributed MSD cases in this study, with a higher likelihood of missing the diagnosis in children <12 months and those who were stunted. Infants and malnourished children may require a lower inoculum to cause MSD which may go undetected by culture methods. Culture also missed over half of the *Shigella*-associated deaths. A simplified severity score, composed of dehydration status, diarrhea duration prior to presentation, and clinician decision to hospitalize performed similarly to a MVS at predicting mortality in the 2 weeks following *Shigella*-diarrhea presentation.

Although reliance on culture determination alone in vaccine trials will require larger trials, omission of culture-confirmation will not be conducive to *Shigella* serotyping, a critical consideration in assessing serotype-specific immunity. Antibiotic resistance determination in *Shigella* and other enteric bacteria, an important secondary endpoint of *Shigella* vaccine trials, will also require cultured isolates for interpretation. In the absence of methods for culture-independent serotyping and resistance

testing, we suggest that vaccine trials be powered for culture-confirmation with a prespecified secondary molecular microbiologic endpoint that disaggregates low and high concentrations of *Shigella* DNA.

Care-seeking for diarrhea has been shown to correlate with severity, linear growth faltering, and mortality [19–21]. Medically attended diarrhea has been suggested as a key feature of vaccine trial endpoints [5] and, practically, centralizes clinical assessments of dehydration and other indicators of severity. With a 14-day *Shigella* case fatality rate of approximately 1.5%, an MSD definition among children seeking care (as used in GEMS) may be sufficient for clinical endpoint severity classification. Alternatively, the MVS or the simplified model-derived severity score could be used to stratify severity among care-seeking diarrhea cases. The 3 factors included in our model-derived score are all included in the MVS, and the 2 scores performed similarly at predicting immediate deaths, despite our score being derived within the same dataset in which its performance was validated. Dysentery did not end up in the model-derived score, possibly because of antibiotic management of dysentery according to WHO guidelines [22]. Despite this lack of association, we advocate for dysentery to be included in a severe *Shigella* case definition because it is a sign of intestinal inflammation and epithelial

**Table 6. Median and Interquartile Range (IQR) of Model-derived and Modified Vesikari Scores by Participant Characteristic Among 1481 Children With *Shigella*-attributed Diarrhea**

Characteristic	Model-derived Score		Modified Vesikari Score <sup>a</sup>	
	Median	(IQR)	Median	(IQR)
<b>Sociodemographic</b>				
Age				
0–5 m	8	(2–10)	8	(6–11)
6–11 m	8	(4–9)	8	(6–10)
12–23 m	6	(4–8)	8	(6–9)
24–59 m	5	(2–8)	8	(6–9)
<b>Sex</b>				
Female				
Male	6	(3–8)	8	(6–9)
<b>Clinical characteristics</b>				
Dysentery				
Present	4	(0–8)	7	(6–9)
Absent	8	(5–10)	8	(7–10)
Caregiver reported mucoid stool				
Present	5	(2–8)	8	(6–9)
Absent	8	(4–9)	8	(7–9)
Duration of diarrhea (including day of presentation)				
≥3	6	(3–10)	8	(6–9)
<3	5	(4–8)	8	(6–10)
Max no. of loose stools child passed in 24-h period				
≥7	6	(4–8)	9	(7–10)
<7	5	(2–8)	7	(6–9)
<b>Temperature</b>				
≥38°C	6	(4–9)	10	(8–11)
<38°C	6	(2–8)	7	(6–9)
Caregiver reported vomiting				
>3 times per day	8	(5–10)	10	(8–11)
≤3 times per day (or none)	5	(2–8)	7	(6–9)
<b>WHO-defined dehydration categories</b>				
Severe	8	(8–13)	9	(8–11)
Some	4	(4–6)	7	(6–9)
None	2	(0–3)	6	(5–8)
<b>Chronic malnutrition</b>				
Stunted (LAZ <–2)	7	(3–9)	8	(7–9)
Nonstunted	5	(3–8)	8	(6–9)
<b>Acute malnutrition<sup>b</sup></b>				
MUAC <12.5 cm	8	(7–11)	9	(7–11)
MUAC ≥12.5 cm	5	(2–8)	8	(6–9)
<b>Admission status at enrollment visit</b>				
Hospitalized	9	(5–13)	10	(9–12)
Seen as outpatient	4	(2–8)	7	(6–8)
<b>Modified Vesikari score<sup>a</sup></b>				
Severe	9	(8–13)	10	(9–11)
Moderate	4	(3–8)	7	(6–8)
Mild	0	(0–0)	5	(4, 5)
<b>Laboratory</b>				
<b><i>Shigella</i> culture results</b>				
Culture positive	5	(2–8)	8	(6–10)
Culture negative	8	(4–9)	8	(6–9)

**Table 6. Continued**

Characteristic	Model-derived Score		Modified Vesikari Score <sup>a</sup>	
	Median	(IQR)	Median	(IQR)
<b><i>Shigella</i> qPCR C<sub>t</sub> values<sup>c</sup></b>				
<20.8	5	(3–8)	8	(6–10)
20.8–24.34	6	(2–8)	8	(6–9)
24.35–27.89	8	(4–9)	8	(6–9)
<b>Other potential etiology<sup>d</sup></b>				
Yes	7	(4–9)	8	(7–9)
No	5	(2–8)	8	(6–9)

Abbreviations: CI, confidence interval; *E. coli*, *Escherichia coli*; EAEC, enteroaggregative *Escherichia coli*; IQR, interquartile range; LAZ, length for age z-score; LT-ETEC, heat-labile enterotoxin-producing *E. coli*; MUAC, mid-upper arm circumference; qPCR, quantitative polymerase chain reaction; STEC, Shiga toxin producing *E. coli*; ST-ETEC, heat-stable enterotoxin-producing *E. coli*; tEPEC, typical enteropathogenic *E. coli*; *V. cholerae*, *Vibrio cholerae*; WHO, World Health Organization.

<sup>a</sup>As derived in Kotloff et al, Vaccine, 2017.

<sup>b</sup>Among those ≥6 months of age in whom MUAC is validated.

<sup>c</sup>Among those with qPCR attributable *Shigella* (n = 1436).

<sup>d</sup>Based on site and age-adjusted attributable fraction ≥.5 for any of the following pathogens: astrovirus, norovirus, rotavirus, sapovirus, adenovirus, *Cryptosporidium*, *E. histolytica*, *Cyclospora*, *Isospora*, *H. pylori*, *Campylobacter*, *Salmonella*, *V. cholerae*, EAEC, ST-ETEC, LT-ETEC, tEPEC, STEC.

destruction, consequences of *Shigella* that likely lead to its long-term impact on growth.

Risk factors analyses revealed the host factors of young age, stunting, and wasting to be independently associated with death, as has been found previously [23–26]. The clinical presentation of *Shigella* in infants more commonly included vomiting, dehydration, and absence of dysentery, which is consistent with previous findings among infants in Bangladesh using culture-based diagnosis [23]. Decisions about when to introduce a *Shigella* vaccine must weigh the lower burden but higher risk of *Shigella* infection among infants against the difficulty of including new vaccinations in the early infant immunization schedule. Moreover, vaccination prior to 6 months may be more effective by predated nutritional deterioration attributed to *Shigella*.

There were a number of limitations to this analysis. Because of its exploratory nature, the limited number of deaths, as well as the use of AIC, rather than *P*-values, for developing a severity score, we did not account for multiple comparisons. We were limited by which and how clinical data were collected to inform the severity scores. For example, 2 previously validated MVS [27, 28] could not be generated with this data due to the unavailability or lack of finer categorization of some symptoms. Validation of our model-derived *Shigella* severity score in other cohorts where death or other poor outcomes are ascertained would strengthen this score's utility and generalizability. We chose 14-day mortality as the gold standard measure of severity; however, children may have severe shigellosis and survive. We found bacteria other than *Shigella* to be more common in children with culture-negative/qPCR-attributable *Shigella* (but not viral etiologies) and cannot exclude the possibility that a small subset of this group of children had a bacterial etiology other than *Shigella*. Ultimately,

vaccine trials that include both culture- and qPCR-based diagnostics can confirm culture-negative qPCR-attributable episodes are indeed *Shigella*.

The GEMS study design and extensive diagnostic testing provided a unique opportunity to compare clinical features of *Shigella* by diagnostic categories and to examine risk factors for death. A composite severity score consistent with severe disease or dysentery may be a pragmatic clinical endpoint (confirmed by culture and secondarily, by qPCR) in vaccine trials.

### Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

### Notes

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