

1 **Performance of an automated deep learning algorithm to identify hepatic steatosis within**
2 **noncontrast computed tomography scans among people with and without HIV**

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59

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70 **Data Availability:** Due to US Department of Veterans Affairs (VA) regulations and our
71 ethics agreements, the analytic data sets used for this study are not permitted to leave
72 the VA firewall without a Data Use Agreement. This limitation is consistent with other
73 studies based on VA data. However, VA data are made freely available to researchers

74 with an approved VA study protocol. For more information, please visit
75 <https://www.virec.research.va.gov> or contact the VA Information Resource Center
76 (VIReC) at VIReC@va.gov.

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102 **Plain Language Summary**

103 Hepatic steatosis (fatty liver disease) is very common, particularly in people living with
104 HIV. Yet studies evaluating medications associated with developing hepatic steatosis
105 are limited due to lack of tools to identify hepatic steatosis within clinical images. We
106 compared the performance of the Automatic Liver Attenuation Region-of-Interest-based
107 Measurement (ALARM) program to identify hepatic steatosis within computed
108 tomography images to manual radiologist review. ALARM demonstrated excellent
109 accuracy for identifying moderate-to-severe hepatic steatosis among people with and
110 without HIV. By validating ALARM's ability to accurately identify hepatic steatosis, this
111 tool can be applied to clinical images within electronic medical record databases,
112 allowing for large studies to identify medications and other factors associated with
113 hepatic steatosis and assess differences by HIV status.

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126 **Key Points**

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- 128 • Hepatic steatosis (fatty liver disease), defined by liver triglyceride content >5%,
129 affects 25% of the adult population globally, particularly people living with HIV.
 - 130 • Pharmacoepidemiologic studies to examine the medications associated with
131 hepatic steatosis have not been conducted since liver biopsy has traditionally
132 been used for diagnosis and because methods to evaluate the presence of liver
133 fat within digitized images stored in electronic medical record databases have not
134 been developed or validated.
 - 135 • We determined the performance characteristics of a deep learning algorithm
136 called the Automatic Liver Attenuation Region-of-Interest-based Measurement
137 (ALARM) program to identify hepatic steatosis within clinically-obtained
138 noncontrast abdominal CT images compared to manual radiologist review and
139 evaluated its performance among people with and without HIV infection.
 - 140 • Sensitivity, specificity, positive predictive value, and negative predictive value of
141 ALARM compared to manual radiologist review were 91.7% (95%CI, 51.5-
142 99.8%), 96.3% (95%CI, 90.8-99.0%), 73.3% (95%CI, 44.9-92.2%), and 99.0%
143 (95%CI, 94.8-100%), respectively. No differences in performance were observed
144 by HIV status.
 - 145 • Application of ALARM to radiographic repositories could facilitate real-world
146 studies to evaluate medications associated with steatosis and assess differences
147 by HIV status.
- 148

149 **Abstract**

150 **Purpose:** Hepatic steatosis (fatty liver disease) affects 25% of the world's population,
151 particularly people with HIV (PWH). Pharmacoepidemiologic studies to identify
152 medications associated with steatosis have not been conducted because methods to
153 evaluate liver fat within digitized images have not been developed. We determined the
154 accuracy of a deep learning algorithm (Automatic Liver Attenuation Region-of-Interest-
155 based Measurement [ALARM]) to identify steatosis within clinically-obtained
156 noncontrast abdominal CT images compared to manual radiologist review and
157 evaluated its performance by HIV status.

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159 **Methods:** We performed a cross-sectional study to evaluate the performance of
160 ALARM within noncontrast abdominal CT images from a sample of patients with and
161 without HIV in the US Veterans Health Administration. We evaluated the ability of
162 ALARM to identify moderate-to-severe hepatic steatosis, defined by mean absolute liver
163 attenuation <40 Hounsfield units (HU), compared to manual radiologist assessment.

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165 **Results:** Among 120 patients (51 PWH) who underwent noncontrast abdominal CT,
166 moderate-to-severe hepatic steatosis was identified in 15 (12.5%) persons via ALARM
167 and 12 (10%) by radiologist assessment. Percent agreement between ALARM and
168 radiologist assessment of absolute liver attenuation <40 HU was 95.8%. Sensitivity,
169 specificity, positive predictive value, and negative predictive value of ALARM were
170 91.7% (95%CI, 51.5-99.8%), 96.3% (95%CI, 90.8-99.0%), 73.3% (95%CI, 44.9-92.2%),
171 and 99.0% (95%CI, 94.8-100%), respectively. No differences in performance were
172 observed by HIV status.

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Conclusions: ALARM demonstrated excellent accuracy for moderate-to-severe hepatic steatosis regardless of HIV status. Application of ALARM to radiographic repositories could facilitate real-world studies to evaluate medications associated with steatosis and assess differences by HIV status.

Keywords: Hepatic steatosis, fatty liver disease, machine learning, validation

196 **1. Introduction**

197 Hepatic steatosis, also referred to as fatty liver disease, is defined by liver
198 triglyceride content >5%.¹ This condition is highly prevalent, affecting 25% of the adult
199 population globally,² and is a leading indication for liver transplantation.³ People with
200 HIV (PWH) are at particular risk for hepatic steatosis due to use of obesogenic
201 antiretroviral drugs, concomitant alcohol/substance use, and because infection
202 promotes liver fat deposition by enhancing translocation of gastrointestinal bacteria.⁴⁻⁶
203 Moreover, hepatic steatosis can lead to liver inflammation, liver fibrosis, and liver
204 complications such as decompensated cirrhosis and hepatocellular carcinoma.⁷

205 Despite the potential impact of hepatic steatosis, pharmacoepidemiologic studies
206 to examine the medications associated with its development have not been conducted,
207 largely because liver biopsy has traditionally been used for diagnosis. Radiographic
208 methods to identify hepatic steatosis, particular non-contrast computed tomography
209 (CT), have now supplanted use of liver biopsy and are routinely employed in clinical
210 settings. However, automated methods to identify hepatic steatosis within digitized
211 noncontrast CT scan images stored in radiographic repositories of electronic medical
212 record databases have not been developed or validated, precluding large-scale analyses
213 of the factors associated with steatosis and how they might differ by HIV status.

214 Recent advances in artificial intelligence have allowed for the development of
215 computer-aided diagnostics in which deep learning algorithms can standardize
216 measurements of CT images of the liver, offering the potential to characterize hepatic
217 steatosis within clinically-obtained noncontrast abdominal CT scans in large samples of
218 patients. The Automatic Liver Attenuation Region-of-Interest-based Measurement

219 (ALARM) program is a recently developed, open-source, deep learning tool that offers
220 this potential. However, before ALARM can be used to facilitate the study of the
221 medications associated with development of hepatic steatosis, the ability of this
222 algorithm to identify liver fat validly within digital liver images must be determined.
223 Moreover, given the important contribution of HIV infection to steatosis, evaluating the
224 accuracy of ALARM by HIV status is important. To address this issue, we determined
225 the performance characteristics of ALARM to identify hepatic steatosis among PWH and
226 people without HIV (PWOH) within clinically-obtained noncontrast abdominal CT images
227 compared to manual radiologist review.

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229 **2. Materials and Methods**

230 **2.1. Study Design and Data Source**

231 We conducted a cross-sectional study among a sample of PWH and PWOH in
232 the Veterans Health Administration (VA) at the Corporal Michael J. Crescenz
233 Philadelphia VA Medical Center (Crescenz VAMC) who were included in the Veterans
234 Aging Cohort Study (VACS) between January 1, 2010, and September 30, 2017. The
235 VACS collects electronic medical record data from PWH receiving care at >1,200 VA
236 medical facilities across the US. At each VA center, PWH are matched on age, sex, and
237 race/ethnicity to two PWOH. The VACS includes >40,000 PWH and >80,000 PWOH
238 across the VA system with available electronic health record data, including digital
239 images, from as early as 1997.⁸ Data collected by the VACS include hospital and
240 outpatient diagnoses (recorded using International Classification of Diseases, Ninth and
241 Tenth Revision codes), procedures (recorded using Current Procedural Terminology

242 [CPT] codes), laboratory results, dispensed medications, and radiographic data. Digital
243 Imaging and Communications in Medicine (DICOM) image files are stored in the local
244 Picture Archiving and Communication Systems (PACS) and are available from the VA's
245 national imaging repository system (VistA, the Veterans Health Information System
246 Technology Architecture), one of the world's largest clinical imaging repositories.

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248 **2.2. Study Patients**

249 Patients were included if they: 1) underwent a noncontrast abdominal CT scan as
250 part of clinical care between January 1, 2010, and September 30, 2017, at the Crescenz
251 VAMC in Philadelphia, Pennsylvania, 2) had CT imaging files stored on the PACS, and
252 3) were ≥ 18 years of age at the time of the CT scan. If patients had multiple noncontrast
253 abdominal CT scans performed, only the first was selected for analysis. All eligible
254 patients were selected for inclusion in the analysis.

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256 **2.3. Main Study Outcome**

257 The primary outcome was moderate-to-severe hepatic steatosis (i.e., $\geq 30\%$
258 triglyceride content within the liver), defined by absolute liver attenuation < 40 Hounsfield
259 units (HU) on noncontrast abdominal CT scan. Liver attenuation < 40 HU on noncontrast
260 abdominal CT is an established threshold identifying moderate-to-severe hepatic
261 steatosis and has been validated for the diagnosis of hepatic steatosis compared to liver
262 biopsy, with a sensitivity of up to 81.7% and specificity of up to 97.7%.⁹⁻¹¹ Moreover, this
263 threshold of steatosis has also been associated with increased morbidity and mortality

264 in PWOH.¹²⁻¹⁴ There is a linear, inverse association between decreasing absolute liver
265 attenuation and increasing severity of steatosis.⁹

266 The reference standard assessment was defined by manual measurement of
267 absolute liver attenuation by a board-certified radiologist blinded to the results of
268 ALARM. The summary measurement of absolute liver attenuation was derived from the
269 mean of three periphery regions of interest (ROI) within the liver. These ROIs were
270 measured at the level of portal vein entry into the liver and comprised approximately
271 100 mm² in area, while taking care to exclude regions of non-uniform parenchyma
272 attenuation, including hepatic vessels.

273 The fully automated liver attenuation assessment generated by ALARM analysis
274 similarly included the mean liver attenuation of three peripheral ROIs, as previously
275 described.¹⁵ Briefly, ALARM consists of several different imaging processing algorithms,
276 including image preprocessing, deep learning-based liver segmentation, ROI extraction,
277 and visualization, as previously described.¹⁵ This segmentation process employs deep
278 convolutional neural networks to segment the liver into discrete fields for analysis. The
279 subsequent morphological operations generate ROIs for the center of the liver
280 (reflecting anatomy in which vascular structures are located) and the three locations in
281 the liver periphery (reflecting more homogeneous hepatic parenchyma with
282 representative hepatic fat content). Three periphery ROIs are obtained to allow for a
283 robust estimation of absolute liver attenuation. These three periphery ROIs include the
284 posterior, lateral, and anterior locations relative to the center, and are identified at the
285 points two-thirds of the radius from the center to the boundary of the liver segmentation.
286 The ALARM output readings are generated within five minutes, including quantitative

287 values of mean absolute liver attenuation from three periphery ROIs and waist
288 circumference.

289

290 **2.4. Data Collection**

291 Clinically obtained noncontrast CT scans of the abdomen were identified through
292 query of CPT code 74150 within the VACS. Eligible CT scans were downloaded from
293 the PACS system at the Crescenz VAMC as de-identified DICOM files. The de-
294 identified files were transferred to Vanderbilt University via encrypted USB, where the
295 ALARM program was deployed by the developers (Y.H., J.J.C., J.G.T.) to analyze the
296 liver images within each DICOM file. All imaging data were reviewed in a semi-
297 automated quality assurance step, including signal-to-noise analysis, imaging artifacts,
298 protocol validation (ensuring noncontrast CT), data integrity and special distortions.^{15,16}

299 Demographic and clinical data were collected from VA electronic health records in
300 the VACS within six months prior to the noncontrast abdominal CT scan and included:
301 age at scan, sex, race/ethnicity, body mass index, HIV status,¹⁷ diabetes mellitus
302 (defined by random glucose ≥ 200 mg/dL, hemoglobin A1c $\geq 6.5\%$, or anti-diabetic drug
303 use),¹⁸ hypertension (defined as systolic blood pressure ≥ 140 mmHg, diastolic blood
304 pressure ≥ 90 mm Hg, or antihypertensive drug use),¹⁹ and previously validated
305 diagnoses of alcohol dependence/abuse.²⁰ Among PWH, use of “obesogenic”
306 antiretroviral therapy (ART; i.e., medications associated with $\geq 10\%$ increase in weight)
307 was abstracted.²¹ Use of obesogenic ART, including tenofovir alafenamide and integrase
308 inhibitors (i.e., dolutegravir, elvitegravir, raltegravir), was defined by a prescription
309 dispensed for at least one of these medications at the time of the CT scan. When

310 available, the free text clinical indication for CT scan was recorded.

311 Laboratory results collected included: alanine aminotransferase, aspartate
312 aminotransferase, serum albumin, platelet count, total cholesterol, low-density
313 lipoprotein, high-density lipoprotein, and triglyceride level. If more than one laboratory
314 result was recorded within the six months prior to the CT scan, we used the result
315 closest, but prior, to the scan. We determined hepatitis B virus (HBV) status (ever
316 positive HBV surface antigen) and hepatitis C virus (HCV) status (ever detectable HCV
317 antibody, RNA, or genotype). Advanced hepatic fibrosis/cirrhosis was defined by
318 Fibrosis-4 Index for Hepatic Fibrosis (FIB-4) >3.25 .²² This FIB-4 cut-off identifies
319 advanced fibrosis/cirrhosis with an area under the receiver operating characteristic
320 curve (AUROC) of 0.81²³ for PWH and 0.80 for PWOH.^{22,24}

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322 **2.5. Statistical Analysis**

323 Differences in characteristics by HIV status were assessed by Chi-square tests
324 for categorical data and Wilcoxon rank-sum for continuous data. We evaluated the
325 correlation between absolute liver attenuation measured by the ALARM program and
326 manual radiologist review with Pearson's correlation coefficient. Bland Altman plots
327 were created to define the mean difference and limits of agreement between ALARM
328 and manual radiologist measurements. We evaluated the ALARM program's sensitivity
329 (i.e., ability of ALARM to correctly identify those who have moderate-to-severe hepatic
330 steatosis), specificity (i.e., ability of ALARM to correctly identify those who do not have
331 moderate-to-severe steatosis), positive predictive value (i.e., proportion with steatosis
332 by ALARM confirmed to have the condition by radiologist review), and negative

333 predictive value (i.e., proportion without steatosis by ALARM who do not have the
334 condition by radiologist review) and calculated the AUROC curve at the moderate-to-
335 severe hepatic steatosis threshold of 40 HU.²⁵ We additionally performed sensitivity
336 analyses evaluating the performance characteristics of ALARM at higher absolute liver
337 attenuation thresholds of 48 HU and 51 HU. The threshold of 48 HU has previously
338 been utilized to maximize specificity for the identification of moderate-to-severe hepatic
339 steatosis, while the threshold of 51 HU has been utilized to identify mild hepatic
340 steatosis (i.e., 6-29% triglyceride content in the liver).^{10,26} We calculated exact binomial
341 95% confidence intervals for various estimates of performance characteristics of
342 ALARM; based on the inclusion of 51 PWH and 69 PWOH, we anticipated sufficient
343 precision (+/-16% around point estimate) to determine the performance characteristics
344 of ALARM, particularly for the higher (>90%) estimates. Statistical analyses were
345 performed with STATA 14.1 (Stata Corporation; College Station, TX).

346

347 **3. Results**

348 **3.1. Patient Characteristics**

349 We identified 120 patients (PWH=51 [42.5%]) within the VACS at the Crescenz
350 VAMC who underwent a noncontrast abdominal CT scan between January 1, 2010, and
351 September 30, 2017. The most common indication for the scan was abdominal pain;
352 indications did not differ significantly by HIV status (p=0.57) (**Table 1**). In the overall
353 sample, patients were predominantly black, male, and had a high prevalence of chronic
354 HCV, alcohol abuse/dependence, and metabolic comorbidities, including diabetes,
355 dyslipidemia, and hypertension (**Table 1**). PWH were more likely to have chronic HBV

356 or HCV, lower cholesterol and low-density lipoprotein, and FIB-4 >3.25, and less likely
357 to have obesity, diabetes, or hypertension, compared to PWOH. Among the 51 PWH,
358 43 (84.3%) received antiretroviral therapy; 30 (58.8%) were dispensed obesogenic ART
359 as part of their regimen. Among 40 PWH who had available HIV RNA and CD4 cell
360 count, 32 (80.0%) had HIV RNA <200 copies/mL and 6 (15.0%) had CD4 cell
361 percentage <14%.

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363 **3.2. Absolute Liver Attenuation**

364 Mean absolute liver attenuation in the overall sample was 48.9 HU by ALARM
365 and 51.8 HU by manual radiology assessment. Measurements of liver attenuation by
366 ALARM and manual review were highly correlated (Pearson's correlation coefficient,
367 0.93; $p < 0.001$) (**Figure 1**). When compared to ALARM assessment, the mean
368 difference in absolute liver attenuation as measured by the radiologist was 1.54 HU
369 higher, a clinically insignificant difference. The Bland Altman 95% limits of agreement
370 between these measurements were -5.80 to 8.89 HU, similar to the magnitude of
371 attenuation variability that have been observed on repeated measurements of liver
372 attenuation (**Figure 2**).²⁷

373 Overall, moderate-to-severe hepatic steatosis, as defined by mean absolute liver
374 attenuation <40 HU, was confirmed in 15 (12.5%) people by ALARM and 12 (10.0%) by
375 manual radiologist assessment (**Table 2**). Percent agreement between the ALARM and
376 radiologist assessment of mean absolute liver attenuation using a threshold of 40 HU
377 was 95.8% and did not differ by HIV status (96.1% and 95.6% among PWH and PWOH,
378 respectively). At the <40 HU threshold, ALARM achieved a sensitivity of 91.7% (95% CI:

379 51.5-99.8%), specificity of 96.3% (95% CI: 90.8-99.0%), and negative predictive value
380 of 99.0% (95% CI: 94.8-100%) (**Table 3**). Positive predictive value of ALARM was lower
381 at 73.3% (95% CI: 44.9-92.2%); the AUROC was 0.94 (95% CI: 0.86-1.00). The
382 performance characteristics of ALARM did not differ by HIV status (**Tables S1 and S2**)
383 or with absolute liver attenuation thresholds of 48 HU or 51 HU (**Table S3 and S4**).

384 Five (4.2%) of the 120 noncontrast abdominal CT scans did not achieve
385 agreement between ALARM and radiologist absolute liver attenuation assessment at
386 the threshold of 40 HU. Among these five, the absolute liver attenuation measurements
387 were within 5 HU from this *a priori* threshold (range: 36.6 to 44.3 HU). The difference in
388 mean absolute liver attenuation measurements ranged between -2.8 to 4.7 HU (**Table**
389 **4**).

390

391 **4. Discussion**

392 This study is the first to apply ALARM, a fully automated, open-source, deep
393 learning algorithm, for the assessment of moderate-to-severe hepatic steatosis in
394 people with and without HIV infection. We found that ALARM demonstrated high
395 correlation with manual radiology assessment for hepatic steatosis when applied to
396 images obtained in clinical care. Moreover, ALARM demonstrated excellent sensitivity,
397 specificity, and agreement compared to manual radiologist classification, and results did
398 not differ by HIV status. These results suggest that the fully automated ALARM program
399 can be applied to large repositories of clinically-obtained CT images for accurate
400 assessment of moderate-to-severe hepatic steatosis in real-world cohorts of people with

401 and without HIV, which could facilitate evaluation of the medications associated with
402 steatosis in these groups.

403 Fully automated assessment of liver attenuation offers the potential to extract
404 accurate objective, quantitative data from CT images for observational investigations if
405 such tools are externally validated.²⁸ While the accuracy of ALARM was not expected to
406 be impacted by the presence of HIV due to objective value of liver attenuation,
407 confirming the validity of this novel tool was considered necessary when applying to
408 clinically-obtained DICOM files. We found that ALARM produced results that correlated
409 well with manual measurement of absolute liver attenuation and accurately identified
410 moderate-to-severe steatosis with 95.8% agreement. The high level of agreement is on
411 par with prior validation work among PWOH using ALARM,¹⁵ highlighting the robust
412 accuracy across different populations and CT scanners. Moreover, the performance of
413 ALARM for the assessment of liver attenuation is similar to other fully automated CT-
414 based tools. A recent study by Graffy et al., evaluating hepatic steatosis within 5,265 CT
415 scans, showed that their fully automated algorithm achieved 97.9% agreement with
416 manual assessment for categorization of moderate-to-severe hepatic steatosis.²⁹
417 However, unique to the open-source nature, ALARM offers the potential for independent
418 investigators to reliably identify hepatic steatosis in diverse patient populations, further
419 demonstrating external validity.

420 ALARM identified moderate-to-severe steatosis in 15.7% of PWH and 10.1% of
421 PWOH, similar to prevalence estimates determined by noncontrast abdominal CT in
422 other populations with and without HIV.³⁰ While the present study was not powered to
423 evaluate determinants of moderate-to-severe hepatic steatosis by HIV status, it further

424 highlights the critical need for investigations employing large-scale image analysis to
425 overcome limitations of small sample sizes and limited generalizability in the majority of
426 studies of steatosis to date.³¹ Application of ALARM in real-world observational cohorts
427 can allow for rapid, objective, and accurate identification of hepatic steatosis. This
428 method would permit pharmacoepidemiologic studies to evaluate the medications
429 associated with hepatic steatosis and would allow assessment of differences by HIV
430 status. ALARM would be of particular use to evaluate the impact of obesogenic ART
431 use on development of hepatic steatosis among PWH. Studies could also be conducted
432 to determine the risk of clinical outcomes (e.g., decompensated cirrhosis or
433 hepatocellular carcinoma) associated with hepatic steatosis. PWH are at increased risk
434 of liver-related mortality and, given the expected increase in prevalence of hepatic
435 steatosis in the years to come, it will be critical to define the clinical consequences of
436 hepatic steatosis to inform mitigation strategies by HIV status.³²

437 Among the five CT scans that did not achieve agreement for classification at the
438 40 HU threshold, the measurement variability between ALARM and radiologist was low,
439 ranging from -2.8 to 4.7 HU. This magnitude of variability is similar to that observed
440 between other automated liver assessment tools when compared to manual
441 assessment of absolute liver attenuation.^{29,33} Moreover, variability of absolute liver
442 attenuation within an individual noncontrast CT scan has been reported to range
443 between 1.8 to 3.1 HU in abdominal scans and 3.9 to 6.7 HU on chest scans, thus
444 reflecting the expected variability in the measurement of liver attenuation.²⁷

445 We observed that sensitivity analyses evaluating the performance of ALARM at
446 alternative absolute liver attenuation thresholds of 48 HU and 51 HU demonstrated

447 similar AUROCs. The performance characteristics of ALARM at these thresholds were
448 also not significantly different from the primary analysis. Future larger studies employing
449 predetermined attenuation thresholds will warrant sensitivity analyses to assess the
450 robustness of measures of associations near the threshold value.

451 This study has several potential limitations. While ALARM offers objective
452 assessment of liver attenuation to define presence and absence of moderate-to-severe
453 hepatic steatosis, inclusion in this analysis is limited to those patients who previously
454 underwent noncontrast CT imaging of the abdomen. Such inclusion criterion may limit
455 generalizability; however, it facilitates enrichment of a patient population at greatest risk
456 of hepatic steatosis. The threshold employed for the identification of hepatic steatosis
457 has been validated for the identification of moderate-to-severe steatosis; however,
458 patients with mild steatosis (i.e., 6-29% hepatic triglyceride content) may not be
459 captured. While performance of ALARM had high AUROC at the liver attenuation
460 threshold of 51 HU, correlating with mild steatosis,¹⁰ noncontrast CT has poor
461 performance of identification of hepatic steatosis encompassing <30% hepatic
462 triglyceride content.^{11,34}

463 This study has several strengths. The successful deployment of this open-source
464 deep learning tool confirms the accuracy of ALARM, allowing for reproducibility in
465 diverse patient cohorts by any investigator. Additionally, the use of ALARM for the
466 assessment of clinical images within the VA healthcare system demonstrates the
467 implementation of a novel tool within the largest integrated health system in the US that
468 possesses one of the largest imaging repositories in the world. Lastly, the application of

469 ALARM in VACS is the first study to apply artificial intelligence for quantitative imaging
470 analysis among PWH, a patient population at high risk for liver disease.

471

472 **5. Conclusion**

473 The open source, deep learning ALARM algorithm demonstrated excellent
474 accuracy for moderate-to-severe hepatic steatosis among people with and without HIV.
475 Application of ALARM to radiographic repositories within electronic medical record
476 databases could facilitate the conduct of large-scale real-world studies to evaluate
477 medications and other factors associated with steatosis and assess differences by HIV
478 status.

479

480 **Ethics Statement:** The study was approved by the Institutional Review Boards of the
481 Crescenz VAMC, VA Connecticut Healthcare System, and Yale University, and was
482 conducted under a waiver of informed consent per 45 CFR §46.117(c).

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Table 1. Characteristics of patients in the Veterans Aging Cohort Study with noncontrast abdominal computed tomography scan who underwent assessment with the Automatic Liver Atenuation Region-Of-Interest-based Measurement (ALARM), by human immunodeficiency virus (HIV) infection status.

	Overall (n=120)	People With HIV (n=51)	People Without HIV (n=69)	P
Demographics				
Median (IQR) age, years	61.1 (55.3-64.6)	61.1 (54.6-65.9)	61.2 (55.6-64.0)	0.76
Male sex, n (%)	118 (98.3%)	50 (98%)	68 (98.5%)	0.83
Race, n (%)				<0.01
White	11 (9.2%)	10 (19.6%)	1 (1.4%)	
Black	107 (89.2%)	41 (80.4%)	66 (95.6%)	
Other	2 (1.7%)	--	2 (2.9%)	
Comorbidities, n (%)				
BMI ≥30 kg/m ²	38 (31.7%)	11 (21.6%)	27 (39.1%)	0.04
Diabetes	62 (51.7%)	21 (41.2%)	41 (59.4%)	0.05
Hypertension	101 (84.2%)	38 (74.5%)	63 (91.3%)	0.01
Dyslipidemia ^a	59 (49.2%)	29 (56.9%)	30 (43.5%)	0.15
Alcohol abuse/dependence	56 (46.7%)	24 (47.1%)	32 (46.4%)	0.94
Hepatitis B virus infection	4 (3.3%)	4 (7.8%)	--	0.02
Hepatitis C virus infection	53 (44.2%)	29 (56.9%)	41 (34.9%)	0.02
Median FIB-4	1.78 (1.30-3.02)	2.19 (1.45-4.34)	1.56 (1.24-2.20)	<0.01
FIB-4 >3.25	29 (24.2%)	17 (33.3%)	12 (17.4%)	0.05
Laboratory Values				
Median (IQR) CD4 cell count, cells/mm ^{3b}	--	364 (213-557.5)	--	
CD4 <14% ^b , n (%)	--	6 (15%)	--	
Median (IQR) HIV RNA, copies/mL ^b	--	50 (48-152.5)	--	
HIV RNA >200 copies/mL ^b , n (%)	--	8 (20%)	--	
Median (IQR) albumin, gm/dL	3.9 (3.4-4.3)	3.7 (2.8-4.2)	4 (3.6-4.3)	0.07
Median (IQR) AST, U/L	29.5 (23-48)	34.5 (28-53)	26.5 (22-41.5)	0.03
Median (IQR) ALT, U/L	28.0 (19-44)	27 (18-49)	28 (19-37.5)	0.63
Median (IQR) platelets, x 10 ⁶ /L	202.5 (158.5-252.5)	194 (140-249)	207 (170-257)	0.19
Median (IQR) cholesterol, mg/dL	167 (142-191)	151.5 (135-179.5)	182 (151-201)	<0.01
Median (IQR) HDL mg/dL	42 (34-50)	39.5 (29.5-49.5)	43.5 (36-50.5)	0.13
Median (IQR) triglycerides, mg/dL	117 (86-172)	130.5 (98-187.5)	111.5 (82-158)	0.06
Median (IQR) LDL, mg/dL	93 (72-116)	80.5 (61.5-104.5)	107 (87-128)	<0.01
CT Characteristics				
Indication for CT				0.57
Pain	60 (50.0%)	38 (55.1%)	22 (43.1%)	
Disease Screening/Staging	19 (15.8%)	11 (15.9%)	8 (15.7%)	
Bleeding	9 (7.5%)	6 (8.7%)	3 (5.9%)	
Mass	8 (6.7%)	4 (5.8%)	4 (7.8%)	
Infection	8 (6.7%)	3 (4.3%)	5 (9.8%)	
Other	16 (13.3%)	7 (10.1%)	9 (17.6%)	

Abbreviations: ALT, alanine aminotransferase; AST, aspartate aminotransferase; BMI, body mass index; CT, computed tomography; FIB-4, Fibrosis-4 Index; HIV, human immunodeficiency virus; IQR, interquartile range.

^aDefined by triglyceride level >150 mg/dL or HDL <40 mg/dL in males or <50 mg/dL in females.

^bHIV and CD4 cell count assessed in 40 patients.

Table 2. Absolute liver attenuation measurements based on assessment from the Automatic Liver Attenuation Region-Of-Interest-based Measurement (ALARM) and radiologist assessment, by human immunodeficiency virus (HIV) infection status.

	Overall (n=120)	People with HIV (n=51)	People Without HIV (N=69)	<i>P</i>
ALARM Metrics				
Mean (SD) Hounsfield units	49.8 (9.3)	49.7 (9.6)	50.0 (9.2)	0.88
Liver attenuation <40 HU	15 (12.5%)	8 (15.7%)	7 (10.1%)	0.36
Radiology Metrics				
Mean (SD) Hounsfield units	51.8 (11.4)	52.1 (13.5)	51.1 (9.7)	0.78
Liver attenuation <40 HU	12 (10%)	6 (11.8%)	6 (8.7%)	0.58

Abbreviations: HU, Hounsfield units; SD, standard deviation.

Table 3. Performance characteristics of the Automatic Liver Atenuation Region-Of-Interest-based Measurement (ALARM) for identification of moderate-to-severe hepatic steatosis compared to radiologist review.

ALARM	Radiologist Review		
	≥40 HU	<40 HU	
Liver attenuation ≥40 HU	104	1	105
Liver attenuation <40 HU	4	11	15
	108	12	120
Sensitivity	91.7% (95% CI: 61.5-99.8%)		
Specificity	96.3% (95% CI: 90.8-99.0%)		
Positive Predictive Value	73.3% (95% CI: 44.9-92.2%)		
Negative Predictive Value	99.0% (95% CI: 94.8-100.0%)		

Abbreviations: CI, confidence interval; HU, Hounsfield units

Table 4. Mean absolute liver attenuation measurements based on the Automatic Liver Attenuation Region-Of-Interest-based Measurement (ALARM) and radiologist assessment for CT scans with disagreement in classification of moderate-to-severe steatosis.

CT Scan Number	ALARM	Radiology Assessment	Difference
7	38.6 HU	40.5 HU	1.9
32	39.6 HU	41.4 HU	1.8
66	41.8 HU	39.0 HU	-2.8
78	39.6 HU	44.3 HU	4.7
110	36.6 HU	40.8 HU	4.2

Abbreviations: CT, computed tomography; HU, Hounsfield units

Figure 1. Correlation of mean absolute liver attenuation between mean radiologist measurements and mean ALARM measurements, displayed in Hounsfield Unit (HU). Overall Pearson's correlation coefficient $r = 0.93$.

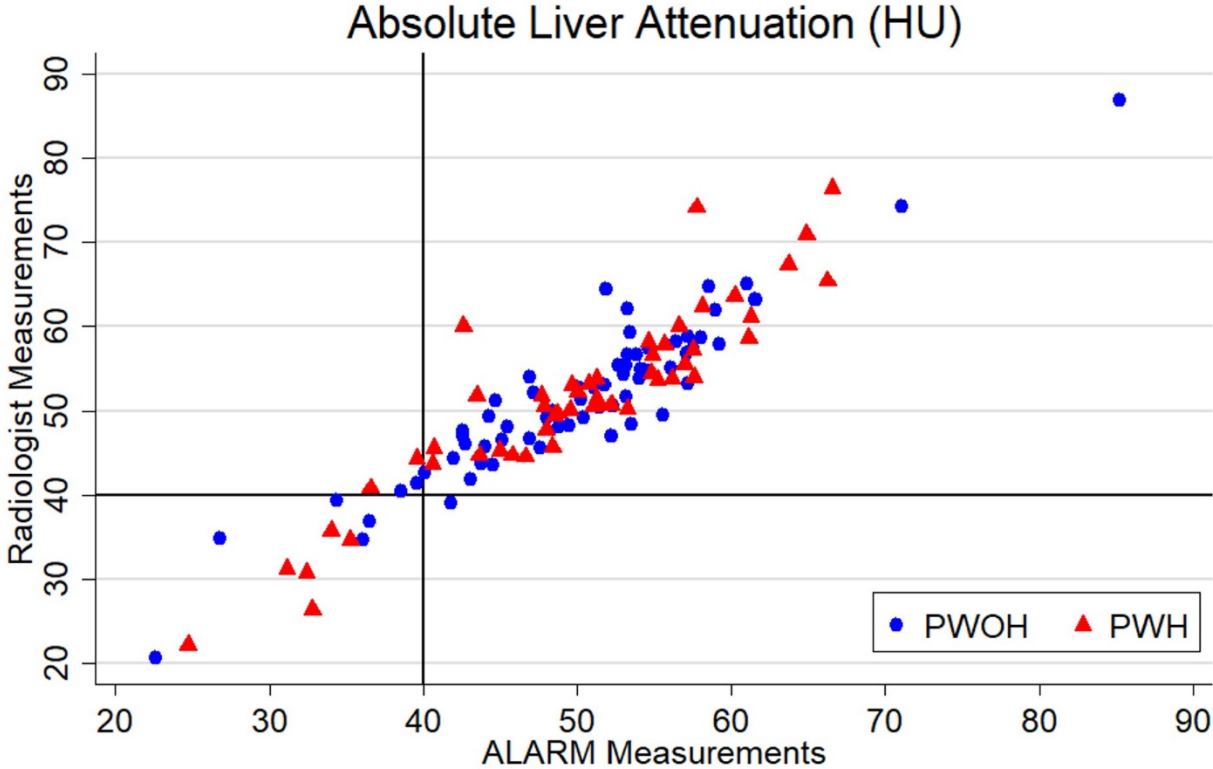
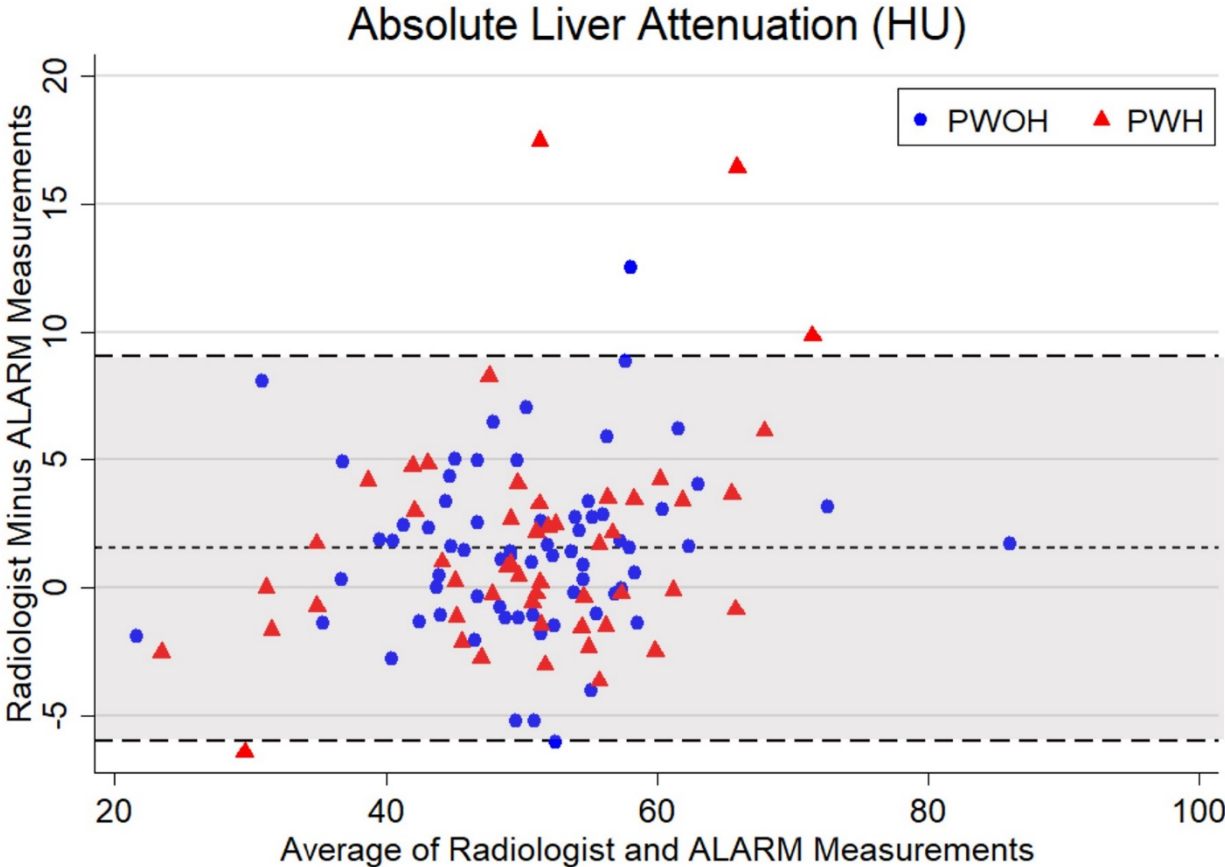


Figure 2. Bland-Altman plot between mean radiologist measurement of liver attenuation and mean ALARM measurement of liver attenuation. The gray area indicates the 95% confidence interval.



Performance of fully automated liver attenuation assessment for measurement of hepatic steatosis within noncontrast computed tomography scans among people with and without HIV

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Table S1. Performance characteristics of the Automatic Liver Attenuation Region-of-Interest-based Measurement (ALARM) for identification of moderate-to-severe hepatic steatosis, defined as liver attenuation <40 Hounsfield Units (HU), among people without human immunodeficiency virus (HIV) infection compared to manual radiologist review.

ALARM Assessment	Radiologist Assessment		
	≥40 HU	<40 HU	
Liver attenuation ≥40 HU	61	1	62
Liver attenuation <40 HU	2	5	7
Total	63	6	69
Sensitivity	83.3% (95% CI: 35.9-99.6%)		
Specificity	96.8% (95% CI: 89.0-99.6%)		
Positive Predictive Value	71.4% (95% CI: 29.0-96.3%)		
Negative Predictive Value	98.4% (95% CI: 91.3-99.9%)		
Abbreviations: CI, confidence interval; HU, Hounsfield units			

Table S2. Performance characteristics of the Automatic Liver Attenuation Region-of-Interest-based Measurement (ALARM) for identification of moderate-to-severe hepatic steatosis, defined as liver attenuation <40 Hounsfield Units (HU), among people with human immunodeficiency virus (HIV) infection compared to manual radiologist review.

ALARM Assessment	Radiologist Assessment		
	≥40 HU	<40 HU	
Liver attenuation ≥40 HU	43	0	43
Liver attenuation <40 HU	2	6	8
Total	45	6	51
Sensitivity	100% (95% CI: 91.8-100%)		
Specificity	95.5% (95% CI: 84.8-99.4%)		
Positive Predictive Value	75.0% (95% CI: 34.9-96.8%)		
Negative Predictive Value	100% (95% CI: 91.8-100%)		
Abbreviations: CI, confidence interval; HU, Hounsfield units			

Table S3. Performance characteristics of the Automatic Liver Attenuation Region-of-Interest-based Measurement (ALARM) for identification of moderate-to-severe hepatic steatosis, defined as liver attenuation <48 Hounsfield units (HU).

ALARM Assessment	Radiologist Assessment		
	≥48 HU	<48 HU	
Liver attenuation ≥48 HU	73	9	82
Liver attenuation <48 HU	3	35	38
Total	76	44	120
Sensitivity	79.5% (95% CI: 64.7-90.2%)		
Specificity	96.1% (95% CI: 88.9-99.2%)		
Positive Predictive Value	92.1% (95% CI: 78.6-98.3%)		
Negative Predictive Value	89.0% (95% CI: 80.2-94.9%)		
AUROC	0.91 (95% CI: 0.85-0.96)		
Abbreviations: AUROC, area under the receiving operator characteristic; CI, confidence interval; HU, Hounsfield units			

Table S4. Performance characteristics of the Automatic Liver Attenuation Region-of-Interest-based Measurement (ALARM) for identification of mild hepatic steatosis, defined as liver attenuation <51 Hounsfield units (HU).

ALARM Assessment	Radiologist Assessment		
	≥ 51 HU	<51 HU	
Liver attenuation ≥ 51 HU	52	8	60
Liver attenuation <51 HU	11	49	60
Total	63	57	120
Sensitivity	86.0% (95% CI: 74.2-93.7%)		
Specificity	82.5% (95% CI: 70.9-90.9%)		
Positive Predictive Value	81.7% (95% CI: 69.6-90.5%)		
Negative Predictive Value	86.7% (95% CI: 75.4-94.1%)		
AUROC	0.84 (95% CI: 0.78-0.91)		
Abbreviations: AUROC, area under the receiving operator characteristic; CI, confidence interval; HU, Hounsfield units			