Malaria in the first trimester of pregnancy and fetal growth: results from a Beninese preconceptional cohort

Authors

Babagnidé François Koladjo,^{1,2} Emmanuel Yovo,¹ Manfred Accrombessi,^{1,3} Gino Agbota,^{1,4} William Atade,¹ Olaiitan T. Ladikpo,¹ Murielle Mehoba,¹ Auguste Degbe,¹ Nikki Jackson,⁵ Achille Massougbodji,¹ Darius Sossou,¹ Bertin Vianou,¹ Michel Cot,⁶ Gilles Cottrell,⁶ Nadine Fievet,⁶ Jennifer Zeitlin,⁷ Valérie Briand^{6,8}

Affiliation

- 1. Institut de Recherche Clinique du Bénin (IRCB), Abomey-Calavi, Benin
- 2. CIPMA-Chaire UNESCO, FAST, UAC, 072BP50 Cotonou, Bénin
- Faculty of Infectious and Tropical Diseases, Disease Control Department, London School of Hygiene and Tropical Medicine, WC1E 7HT London, United Kingdom
- 4. IRD UMI 233 TransVIHMI- UM-INSERM U1175, Montpellier, France
- 5. Department of Obstetrics and Gynaecology, Oxford University, Oxford, UK
- 6. Université de Paris, MERIT, IRD, F-75006 Paris, France
- 7. Université de Paris, CRESS, Obstetrical Perinatal and Pediatric Epidemiology Research Team, EPOPé, INSERM, INRA, F-75004 Paris, France.
- 8. Université de Bordeaux, Inserm, IRD, IDLIC team, UMR 1219, Bordeaux, France

© The Author(s) 2022. Published by Oxford University Press for the Infectious Diseases Society of America. All rights reserved. For permissions, e-mail: journals.permissions@oup.com.

Corresponding author

Valérie BRIAND

IRD, Inserm, Université de Bordeaux, IDLIC team, UMR 1219, Bordeaux Population Health Research

<u>y</u>s

Center - ISPED

146 rue Léo-Saignat, 33076 Bordeaux cedex, France

Tel: +33 (0)5 57 57 17 67

Email: valerie.briand@ird.fr

Alternate corresponding author

Babagnidé François KOLADJO

Institut de Recherche Clinique du Bénin (IRCB)

Abomey-Calavi, Benin

Tel: +229 97 18 87 77

Email: francois.koladjo@gmail.com

Article summary

Using RECIPAL preconceptional cohort data, there was no association between first trimester malaria and fetal growth parameters throughout the pregnancy. In a context where malaria is well detected and treated, its adverse effect on fetal growth may be limited.

husok

Background

Malaria in early pregnancy occurs at a time when the placenta is developing, with possible consequences on placental function and fetal growth. We assessed the association between first trimester malaria and fetal growth documented through repeated ultrasound scans.

Methods

The RECIPAL preconceptional cohort included 411 Beninese pregnant women followed from 7 weeks' gestation (wg) until delivery. Among them, 218 had four scans for fetal monitoring at 16, 22, 28, and 34wg. Multivariate seemingly unrelated regression models were used to assess the association of microscopic malaria in the first trimester (<15wg) with abdominal circumference, head circumference, biparietal diameter and femur length throughout the pregnancy.

Results

Of the 39% (86/218) of women with at least one microscopic malarial infection during pregnancy, 52.3% (45/86) were infected in the first trimester. Most women (88.5%) were multiparous. There was no association between adjusted Z-scores for fetal growth parameters and first trimester malaria. Parity, newborn sex, socioeconomic level and maternal BMI significantly influenced fetal growth.

Conclusions

In a context where malaria infections in pregnancy are well detected and treated, their adverse effect on fetal growth may be limited. Our results argue in favour of preventing and treating infections as early as in the first trimester.

Keywords

Malaria, Epidemiology, Fetal growth, Africa, Modeling

Accepted Manuschi

Introduction

In sub-Saharan Africa (SSA), malaria in pregnancy is highly prevalent [1]. It is also one of the main risk factors for both low birthweight (LBW) (defined as birthweight less than 2,500 grams) and small-for-gestational age (SGA, defined as a birthweight below the 10th centile for a given gestational age (GA) according to a reference chart). In 2017, it was estimated that malaria in pregnancy was responsible for 16% of all low birthweight babies in SSA. Malaria-related LBW (and SGA) is due to fetal growth restriction (FGR), prematurity, or a combination of both [2]. It is generally believed that placental parasitization—and related inflammation—is the main underlying cause of FGR [3].

In recent years, the use of ultrasound has made it possible to date pregnancies more accurately and to better determine the effect of malaria on fetal and perinatal outcomes according to its timing during pregnancy. There is henceforth evidence of the adverse effects of malaria in the first half of pregnancy on LBW [4][5]. Because pregnant women usually attend their first antenatal care (ANC) visit at 4 or 5 months of pregnancy, however, there is a lack of data on the effect of malaria in the 1st trimester specifically. From a pathophysiological point of view, the 1st trimester corresponds to the period when the placenta is developing and malarial infections occurring at this time may be particularly harmful by impairing placentation and vascularization leading to placental dysfunction and FGR [6][7]. While malaria in the 1st trimester has been associated with miscarriage [8][9], fetal loss [10] and fetal growth alterations [11] in South East Asia, there is less evidence from SSA. In studies conducted in Benin, Tanzania, and Burkina Faso, malaria in the first trimester was associated with growth alterations at the end of pregnancy [12][13] as well as LBW [14]. In the absence of specific interventions against malaria in pregnancy, 65% of placental infection-and related morbidity such as FGR-is estimated to occur during this period of pregnancy [15].

The combined assessment of both malaria in the 1st trimester and fetal growth evaluated *in utero* requires data to accurately estimate GA and fetal growth, as well as longitudinal information on malaria and other maternal risk factors for FGR. In the present study, we assessed the association between malarial infections in the 1st trimester and fetal growth in Benin, using repeated ultrasounds collected specifically to answer this question.

Methods

Study design, population, and procedures

We used data from the preconceptional RECIPAL study conducted in the districts of Sô-Ava and Abomey-Calavi, South Benin, between June 2014 and September 2017. In the area, malaria is hyperendemic and *Plasmodium falciparum* is the most common species [16]. RECIPAL main objective was to assess the effect of malaria during the 1st trimester of pregnancy on fetal growth. The study protocol has already been described elsewhere [17]. Briefly, a total of 1214 women of childbearing age were recruited at community level and followed monthly at home for a maximum period of 24 months until becoming pregnant. To be recruited, women had to meet the following criteria: negative urinary pregnancy test at inclusion, 18 to 45 years old, no current contraception, no previous fecundity issues, willingness to become pregnant, no planned travel for more than 2 months within the next 18 months, acceptance of RECIPAL protocol, and signed written informed consent. At each monthly visit, the first day of last menstrual period was recorded and a urinary pregnancy test was performed. Out of the 1214 women of childbearing age, 411 were identified as pregnant and followed monthly at the maternity clinic from the earliest days of pregnancy until childbirth.

Women's demographic and socioeconomic characteristics, as well as reproductive history, were collected at enrolment in the cohort. Follow-up during pregnancy included clinical,

malaria, nutritional, anthropometric, and ultrasound data monitoring. In particular, pregnant women had five Doppler ultrasound scans. The first one was performed between 9 and 13 weeks' gestation (wg) (±1week) for accurately dating the pregnancy. Dating was based on the crown-rump length (CRL) measurement using Robinson's chart [18]. GA was based on the last menstrual period if the difference between the last menstrual period and CRL was less than 7 days or on CRL if the difference was >7 days [19]. Then, four additional standardized US were performed every 6 weeks (±1week) for fetal growth monitoring, so that the possible ranges of GA were 15–20, 21–26, 27–32 and 33–38wg. At each US, head circumference (HC), abdominal circumference (AC), biparietal diameter (BPD) and femur length (FL) were measured twice in two separate subsequent images. USs were performed by four skilled obstetrician-gynaecologists using a portable ultrasound system (high-resolution ultrasound system, 5–2 MHz C60 abdominal probe; Sonosite M-TURBO, Washington State, USA). Throughout the study, a random selection of 10% of the images was reviewed by a senior obstetrical sonographer to verify that the measurements fulfilled the INTERGROWTH-21st guidelines [19].

Women's anthropometric measurements including weight and height were collected every three months before pregnancy, and then monthly during pregnancy. Blood pressure, proteinuria, and urinary tract infection were monitored monthly during pregnancy.

Women were screened for malaria at each scheduled ANC visit (approximately every month) using a thick blood smear (TBS). In addition, they were encouraged to attend the maternity clinic anytime outside the scheduled visits in case of symptoms. In case of fever or symptoms suggestive of malaria, both a TBS and a rapid diagnostic test (*P. falciparum* + pan rapid test SD Bioline Ag®, IDA Foundation, the Netherlands; Biosynex®, France) were performed. For TBS analysis, the Lambaréné technique was used to quantify parasitaemia, with a detection threshold estimated to be 5 parasites/ μ L [20].

Women with uncomplicated malaria were treated immediately with oral quinine in the 1st trimester and artemether-lumefantrine in the 2nd and 3rd trimesters. Those with severe malaria received intravenous artesunate until oral medication could be tolerated. Anaemic pregnant women were either treated with oral ferrous sulfate or transfused, depending on the severity. Intermittent preventive treatment with sulphadoxine-pyrimethamine was administered as per current national guidelines (moving from 2 to 3 doses during the RECIPAL study). Also, women received an insecticide-treated net at their first ANC visit, plus folic acid and iron supplementation every month.

Newborns were weighed within 1 hour after birth on an electronic digital scale with an accuracy of 2g (SECA, Germany).

The RECIPAL study received ethical approval from the Beninese Ethics Committee of the Institut des Sciences Biomédicales Appliquées and the Ministry of Health. All participants gave informed written consent before enrollment in the cohort.

Statistical analysis

For each US and each set of fetal measurements, Bland-Altman plots were used to assess the intra-operator variability. Measurements that fell outside the acceptable ranges for each parameter were identified and checked [21]. These were mainly due to data entry errors and were corrected by returning to the source data. Then, the mean of the two measures of each parameter collected per ultrasound was used for the analysis

Women who had a single live birth with no congenital malformation, and who had full US and malaria follow-up were selected for the analysis.

Our main exposure was malaria infection in the first trimester of pregnancy. Malaria in the 1st trimester was defined as at least one positive TBS before 15wg corresponding to the period

when the first US for fetal biometry was carried out. This cut-off has been used in other articles on malaria in pregnancy [22][23]. Two positive TBS less than 3 weeks apart were considered as a single infection. For the present analysis, we only considered malaria detected on TBS since the combined use of both TBS and RDT was only performed for a sub-group of women with symptoms suggestive of malaria. Finally, outcomes were fetal growth measurements throughout the pregnancy. Fetal growth measurements were transformed into z-scores according to INTERGROWTH-21st standards [24].

First, we performed univariate analyses where mean Z-scores were compared between women infected with malaria in the 1st trimester *vs*. women who were not infected throughout the pregnancy. Then, we conducted two complementary analyses. The first series of analyses tested the effect of malaria in the first trimester on fetal parameters measured at each of the four US separately. The four fetal parameters were modelled simultaneously in each crosssectional model to take into account their correlation. In these models, the effect of malaria was assessed within a limited window of time but on all parameters at the same time. The second series of analyses consisted of a longitudinal analysis testing the effect of malaria in the first trimester on the four z-scores of a single fetal parameter simultaneously. This latter analysis aimed to assess the short-term or long-term effects of malaria in the 1st trimester on each parameter.

For both analyses, we used a seemingly unrelated regression (SUR) model that combines a number of linear models to take into account the correlation between the error terms in each linear model [25][26]. In a SUR model, the dependent variables can be different variables observed at the same time (hereafter called "cross-sectional" model) or the same variables observed at different times (hereafter called "longitudinal" model). Also, this model allows for the same or different co-variables in each linear equation.

Each analysis was adjusted for potential confounders. Their selection was made a priori based on both biological plausibility and the scientific literature, and not on a cutoff for statistical significance in line with current recommendations [27]. The following co-variables were selected: maternal body mass index (BMI), parity (0, 1 to 4, 5 and more previous deliveries), socioeconomic status (SES), and newborn sex. We chose parity instead of gravidity because of the known association of parity with birthweight [28]; the association with gravidity on growth is less clear cut. BMI was calculated based on weight and height measurements before conception. Then, it was classified into low (<18.5 kg/m²), normal (18.5-24.9 kg/m²) and high (>25 kg/m²) according to WHO classification. SES status was approximated using a synthetic score combining occupation and ownership of assets, which was then categorized according to tertiles. Malaria in the 2nd (from 15 to 27 wg) and 3rd (from 28 wg onwards) trimesters was also included in the models. Both variables were considered as time-dependent variables, so that each of them was coded specifically for each US; only malarial infections that occurred before a given US were considered as a "source of exposure". Anemia and gestational weight gain were considered as intermediate factors for the association between malaria and fetal growth, and therefore were not included in the model. All co-variables were kept in the final models whatever their level of statistical significance. As an example, the system of linear equations of two SUR models is presented in Supplementary Figure 1.

Results

Selection and characteristics of the studied population

Out of the 411 RECIPAL pregnant women, 88 were excluded from the present analysis because they did not have an ultrasound follow-up; most of them had a miscarriage before the first US for dating the pregnancy. Among the 323 women with an US follow-up, further

exclusions were due to non-viable pregnancies for which there was no fetal biometry monitoring (n=21), twin pregnancies (n=7), migration from the study area or withdrawal of consent (n=8), and realization of only one US for fetal biometry (n=11). Among the remaining 266 pregnant women, 238 had a complete fetal biometry monitoring (i.e., 4 US); of them, 218 had a full malaria follow-up and constituted our study population (Figure 1). These two groups of women (266 *vs.* 218) appeared to have similar characteristics, particularly in terms of malaria exposure and Z-scores for fetal parameters.

Among the 218 pregnant women, 86 (39.4%) had at least one microscopic malarial infection during pregnancy *vs.* 132 (60.6%) for whom no microscopic malaria was detected. Among the infected women, 45, 35 and 29 were infected at least once in the first, second and third trimester, respectively; 21 of them were infected twice or more during pregnancy. Fifty-two percent (45/86) of the infected women had at least one malaria infection in the first trimester, of them 17 were infected both in the first trimester and later on. Most women were multiparous (Table 1). Mean (SD) gestational age at inclusion was 6.7 (2.1) weeks gestation. Very few women (fewer than 1%) were infected with HIV or presented high blood pressure during pregnancy, or declared smoking or consuming alcohol during pregnancy. The median BMI was 21.9 kg/m² (interquartile range [IQR], 20.2-24.5), and the median GWG was 9.3 kg (IQR, 6.8-11.6). Baseline characteristics of women infected with malaria in the first trimester *vs.* those not infected in the first trimester are presented in Table 1. Infected and non-infected women had similar characteristics except for socio-economic level (P=0.03) and IPTp coverage (P=0.02), which were higher in non-infected compared to infected women.

USs were performed at a mean of 16, 22, 28, and 34 wg. Table 2 presents the mean values and mean Z-scores of AC, HC, FL and BPD parameters at each US. For all parameters except BPD, the Z-scores were positive meaning that RECIPAL values were higher than those from INTERGROWTH-21st.

Effect of malaria in the 1st trimester of pregnancy on fetal growth

In univariate analysis, Z-scores for all parameters were globally higher in infected than in uninfected women in the first trimester, but the difference was only statistically significant for AC at the 4th US in the 3rd trimester (Table 3).

In multivariate analysis, using the longitudinal SUR model, we did not find any significant association between malaria in the 1st trimester and Z-scores throughout the pregnancy, whatever the fetal parameter considered (Table 4). Only malaria in the 3rd trimester was associated with a significantly higher Z-score for AC at the 4th US. The other co-variables significantly associated with the Z-scores for fetal parameters were the following: increasing BMI was consistently associated with higher Z-scores whatever the fetal parameter and US considered; male gender was associated with higher Z-scores for AC, HC and BPD, in particular in the 2nd trimester; there was no consistent association between SES and Z-scores; multiparous women had higher Z-scores than nulliparous in the 3rd trimester, although this was the opposite in the 2nd trimester. Globally, FL was less sensitive to the co-variables than the other fetal parameters.

The results of the four multivariate cross-sectional analyses using a SUR model are presented in Supplementary Table 1. They were similar to those obtained with the longitudinal SUR model. Whatever the US considered, we did not find any significant association between malaria in the 1st trimester and Z-scores for AC, HC, FL and BPD. Paradoxically, malaria in the 3rd trimester was associated with significantly higher Z-scores for AC, HC and BPD at the 4th US.

Discussion

Women infected with microscopic malaria represented 39.6% of the study population, 52% of them were infected at least once in the first trimester of pregnancy. There was no association between malaria in the first trimester and Z-scores for fetal growth parameters in adjusted models. Unexpectedly, there was a positive association between malaria in the 3rd trimester and fetal parameters values at the end of pregnancy. Besides, maternal BMI in the preconception, parity and newborn sex influenced fetal growth. AC, HC and BPD were more likely to be impacted than FL regardless of the time of pregnancy and the risk factor considered.

There is a lack of studies from SSA countries investigating the consequences of malaria in the first trimester of pregnancy on fetal and birth outcomes [4][5][12][13][29]. RECIPAL was specifically designed to address this question. For that purpose, ultrasound and parasitological data were collected prospectively from the very beginning of pregnancy by recruiting women in the preconception period. We did not evidence a negative association between microscopic malaria in the 1st trimester and Z-scores for fetal parameters in multivariate SUR models. There are several possible explanations for these findings. Malaria infections in the 1st trimester have been associated with placental vascular development alterations [6] as well as dysregulation of angiogenesis, metabolism and inflammation [7] that both contribute to placental dysfunction [30]. These effects may partly be mediated by the adhesion to extravillous trophoblasts of *P. falciparum* parasites, which have been shown to express VAR2CSA as early as 8 weeks of gestation [31]. VAR2CSA profile of these very early infections are currently being assessed using RECIPAL data. Their effect on placental blood flow is another important research question to address. However, these early infections might be a necessary but not sufficient condition for growth abnormalities. Previous findings

from RECIPAL have suggested a cumulative rather than a punctual effect of malaria infections starting from the 1st trimester on the risk of LBW. Indeed, we showed that women infected both in the 1st trimester and later on were more likely to have a LBW baby compared to uninfected women during the whole pregnancy; this effect was not found in women infected in the 1st trimester only [32].

Another explanation may be that microscopic malarial infections were detected monthly and treated immediately in RECIPAL study, thereby mitigating adverse effects. In RECIPAL, we did not control for parasitaemia during or after treatment, but women were followed carefully from a clinical point of view. There were only a few women who remained or became symptomatic while treated with quinine in the 1st trimester. The very close follow-up of women in RECIPAL from the beginning of the 1st trimester may explain the difference in malaria-related effect between our study and previous studies carried out in Benin and Tanzania [12][13][29]. Furthermore, in these studies, malaria-related effects on birth weight and fetal growth were mainly shown in primi- and secundigravidae. Our study population consisted mainly in multigravidae, which may partly explain the lack of association between malaria and fetal growth in the present analysis.

In contrast, our analysis suggested a positive association between malaria in the 3rd trimester and AC, HC and BPD measurements in the mid-3rd trimester. This association may rather reflect a negative effect of submicroscopic infections which were part of the "control group" and were not treated during the pregnancy. Indeed, malaria exposure was defined based on microscopy results only. It is likely that women in the "control group" were infected with submicroscopic infections which are 2 to 3 times more frequent than microscopic infections [33], in particular at the end of pregnancy when women are no more protected with IPTp [34]. It becomes then hard to discriminate between the effect of treated microscopic malarial infections and untreated submicroscopic infections which have been associated with poor birth outcomes [33][35]. This issue clearly deserves to be addressed in future analyses and studies.

We acknowledge some limitations to the present study. First, our sample was restricted in this longitudinal study of fetal growth to women who had four ultrasounds during their pregnancy. Because of the small differences of Z-scores observed, we cannot exclude a lack of statistical power to demonstrate an association with malaria in the first trimester, although parameter estimates were not negative in adjusted models. In addition, nulliparous women, who are the most likely to have adverse events due to malaria, represented only 12% of our study sample. Because of the low number of nulliparous women, we were not able to assess the interaction between malaria and parity on fetal growth, which is an area for further study. Second, a high proportion of women were excluded from the analysis. Among them, a high number of women were excluded because the pregnancy was not viable; early miscarriages were reported in more than 70 women. In a previous analysis, we did not find any association between malaria and miscarriage (data not shown). The second part of pregnant women was excluded because of missing ultrasound or malaria data. While these women had similar baseline and malaria characteristics compared with included women, a selection bias cannot be excluded. Third, very few women had their last US at the end of the third trimester-most USs were performed around 34 wg before the peak growth velocity. This may have hindered the full assessment of the effect of malaria on fetal growth.

In conclusion, in a context where malarial infections in pregnancy are well detected and treated, their adverse effects on fetal growth may be mitigated. Our results argue in favour of preventing and treating infections as early as in the 1st trimester of pregnancy, as witnessed

by the high proportions of infections occurring in the 1st trimester [36]. Although there have been concerns about the artemisinin drug class because of embryotoxic effects in rodents [37], there is increasing evidence of the efficacy [38] and safety [9][39] of artemisinin-based combinations in pregnant women in the 1st trimester of pregnancy, reinforcing the idea of their use as first-line treatment for malaria [40][41]. Also, there is a need to better prevent malaria during pregnancy by improving IPTp coverage, in particular at the end of the pregnancy [42]. Finally, preconceptional strategies such as vaccination against VAR2CSAparasites [43] or drug-related strategies administered before conception might contribute to reducing the overall burden of malaria during pregnancy [34][44].

k certer

k certe

We are extremely grateful to all women who took part in this study, the midwifes, nurses and community-health workers for recruiting and following them, and the whole RECIPAL team, including engineers and technicians, who were a key in obtaining high-quality data and samples.

Babagnidé François Koladjo, Emmanuel Yovo, Manfred Accrombessi, Gino Agbota, William Atade, Olaiitan T. Ladikpo, Murielle Mehoba, Auguste Degbe, Nikki Jackson, Achille Massougbodji, Darius Sossou, Bertin Vianou, Michel Cot, Gilles Cottrell, Nadine Fievet, Jennifer Zeitlin, and Valérie Briand : No conflict.

Conflict of interest

I state on behalf of all authors that all potential conflicts of interests have been disclosed.

Funding sources

The RECIPAL project was supported by the French Agence Nationale de la Recherche [ANR-13-JSV1-0004, grant 2013] and the Fondation Simone Beer under the auspices of the Fondation de France [00074147, grant 2017].

Meetings

zcet

American Society of Tropical Medicine and Hygiene annual meeting, November 2020, virtual meeting (abstract number ASTMH-0830).

References

World malaria report 2019. Geneva: World Health Organization; 2019. Licence: CC BY-NC-SA
 3.0 IGO.

2. Accrombessi M, Zeitlin J, Massougbodji A, Cot M, Briand V. What Do We Know about Risk Factors for Fetal Growth Restriction in Africa at the Time of Sustainable Development Goals? A Scoping Review. Paediatr Perinat Epidemiol **2018**; 32:184–196.

3. Rogerson SJ, Desai M, Mayor A, Sicuri E, Taylor SM, van Eijk AM. Burden, pathology, and costs of malaria in pregnancy: new developments for an old problem. Lancet Infect Dis **2018**; 18:e107–e118.

4. Huynh B-T, Cottrell G, Cot M, Briand V. Burden of malaria in early pregnancy: a neglected problem? Clin Infect Dis **2015**; 60:598–604.

5. Saito M, Briand V, Min AM, McGready R. Deleterious effects of malaria in pregnancy on the developing fetus: a review on prevention and treatment with antimalarial drugs. Lancet Child Adolesc Health **2020**; 4:761–774.

6. Moeller SL, Nyengaard JR, Larsen LG, et al. Malaria in Early Pregnancy and the Development of the Placental Vasculature. J Infect Dis **2019**; 220:1425–1434.

7. Elphinstone RE, Weckman AM, McDonald CR, et al. Early malaria infection, dysregulation of angiogenesis, metabolism and inflammation across pregnancy, and risk of preterm birth in Malawi: A cohort study. PLoS Med **2019**; 16:e1002914.

8. McGready R, Lee SJ, Wiladphaingern J, et al. Adverse effects of falciparum and vivax malaria and the safety of antimalarial treatment in early pregnancy: a population-based study. Lancet Infect Dis **2012**; 12:388–396.

9. Moore KA, Simpson JA, Paw MK, et al. Safety of artemisinins in first trimester of

prospectively followed pregnancies: an observational study. Lancet Infect Dis 2016; 16:576–583.

10. Moore KA, Fowkes FJI, Wiladphaingern J, et al. Mediation of the effect of malaria in pregnancy on stillbirth and neonatal death in an area of low transmission: observational data analysis. BMC Med **2017**; 15:98.

11. Rijken MJ, Papageorghiou AT, Thiptharakun S, et al. Ultrasound evidence of early fetal growth restriction after maternal malaria infection. PLoS One **2012**; 7:e31411.

12. Schmiegelow C, Matondo S, Minja DTR, et al. Plasmodium falciparum Infection Early in Pregnancy has Profound Consequences for Fetal Growth. J Infect Dis **2017**; 216:1601–1610.

13. Briand V, Saal J, Ghafari C, et al. Fetal Growth Restriction Is Associated With Malaria in Pregnancy: A Prospective Longitudinal Study in Benin. J Infect Dis **2016**; 214:417–425.

14. Valea I, Tinto H, Drabo MK, et al. An analysis of timing and frequency of malaria infection during pregnancy in relation to the risk of low birth weight, anaemia and perinatal mortality in Burkina Faso. Malar J **2012**; 11:71.

15. Walker PGT, ter Kuile FO, Garske T, Menendez C, Ghani AC. Estimated risk of placental infection and low birthweight attributable to Plasmodium falciparum malaria in Africa in 2010: a modelling study. Lancet Glob Health **2014**; 2:e460-467.

16. Djènontin A, Bio-Bangana S, Moiroux N, et al. Culicidae diversity, malaria transmission and insecticide resistance alleles in malaria vectors in Ouidah-Kpomasse-Tori district from Benin (West Africa): A pre-intervention study. Parasit Vectors **2010**; 3:83.

17. Accrombessi M, Yovo E, Cottrell G, et al. Cohort profile: effect of malaria in early pregnancy on fetal growth in Benin (RECIPAL preconceptional cohort). BMJ Open **2018**; 8:e019014.

18. Robinson HP, Fleming JE. A critical evaluation of sonar 'crown-rump length' measurements.Br J Obstet Gynaecol 1975; 82:702–710.

19. Papageorghiou AT, Sarris I, Ioannou C, et al. Ultrasound methodology used to construct the fetal growth standards in the INTERGROWTH-21st Project. BJOG **2013**; 120 Suppl 2:27–32, v.

20. Swysen C, Vekemans J, Bruls M, et al. Development of standardized laboratory methods and quality processes for a phase III study of the RTS, S/AS01 candidate malaria vaccine. Malar J **2011**; 10:223.

21. Sarris I, Ioannou C, Chamberlain P, et al. Intra- and interobserver variability in fetal ultrasound measurements. Ultrasound Obstet Gynecol **2012**; 39:266–273.

22. Huynh B-T, Fievet N, Briand V, et al. Consequences of gestational malaria on birth weight: finding the best timeframe for intermittent preventive treatment administration. PLoS One **2012**; 7:e35342.

23. Accrombessi M, Fievet N, Yovo E, et al. Prevalence and Associated Risk Factors of Malaria in the First Trimester of Pregnancy: A Preconceptional Cohort Study in Benin. J Infect Dis **2018**; 217:1309–1317.

24. Papageorghiou AT, Ohuma EO, Altman DG, et al. International standards for fetal growth based on serial ultrasound measurements: the Fetal Growth Longitudinal Study of the INTERGROWTH-21st Project. Lancet **2014**; 384:869–879.

25. Zellner A. An efficient method of estimating seemingly unrelated regressions and tests for aggregation bias. J.A.S.A. 1962; Vol57:348-368.

26. Henningsen A and Hamann JD. Systemfit: A Package for Estimating Systems of Simultaneous Equations in R. Journal of Statistical Software, 2007;23(4):1–40. Available at http://www.jstatsoft.org/v23/i04/. Accessed 10 January 2022.

27. Greenland S, Senn SJ, Rothman KJ, et al. Statistical tests, P values, confidence intervals, and power: a guide to misinterpretations. Eur J Epidemiol **2016**; 31:337–350.

28. Ego A, Subtil D, Grange G, et al. Customized versus population-based birth weight standards for identifying growth restricted infants: a French multicenter study. Am J Obstet Gynecol **2006**; 194:1042–1049.

29. Schmiegelow C, Minja D, Oesterholt M, et al. Malaria and fetal growth alterations in the 3(rd) trimester of pregnancy: a longitudinal ultrasound study. PLoS One **2013**; 8:e53794.

30. Rogerson SJ, Meshnick S. Malaria in Pregnancy: Late Consequences of Early Infections. J Infect Dis **2019**; 220:1396–1398.

31. Doritchamou J, Bertin G, Moussiliou A, et al. First-trimester Plasmodium falciparum infections display a typical 'placental' phenotype. J Infect Dis **2012**; 206:1911–1919.

32. Accrombessi M, Yovo E, Fievet N, et al. Effects of Malaria in the First Trimester of Pregnancy on Poor Maternal and Birth Outcomes in Benin. Clin Infect Dis **2019**; 69:1385–1393.

33. Cottrell G, Moussiliou A, Luty AJF, et al. Submicroscopic Plasmodium falciparum Infections
Are Associated With Maternal Anemia, Premature Births, and Low Birth Weight. Clin Infect Dis 2015;
60:1481–1488.

34. Hounkonnou CPA, Briand V, Fievet N, et al. Dynamics of Submicroscopic Plasmodium falciparum Infections Throughout Pregnancy: A Preconception Cohort Study in Benin. Clin Infect Dis **2020**; 71:166–174.

35. Mahamar A, Andemel N, Swihart B, et al. Malaria infection is common and associated with perinatal mortality and preterm delivery despite widespread use of chemoprevention in Mali: an observational study 2010 to 2014. Clin Infect Dis **2021**; :ciab301.

36. Walker PGT, Cairns M, Slater H, et al. Modelling the incremental benefit of introducing malaria screening strategies to antenatal care in Africa. Nat Commun **2020**; 11:3799. Available at: http://www.nature.com/articles/s41467-020-17528-3. Accessed 10 January 2022.

37. González R, Pons-Duran C, Bardají A, Leke RGF, Clark R, Menendez C. Systematic review of artemisinin embryotoxicity in animals: Implications for malaria control in human pregnancy. Toxicol Appl Pharmacol **2020**; 402:115127.

38. Saito M, Mansoor R, Kennon K, et al. Pregnancy outcomes and risk of placental malaria after artemisinin-based and quinine-based treatment for uncomplicated falciparum malaria in pregnancy: a WorldWide Antimalarial Resistance Network systematic review and individual patient data metaanalysis. BMC Med **2020**; 18:138.

39. Dellicour S, Sevene E, McGready R, et al. First-trimester artemisinin derivatives and quinine treatments and the risk of adverse pregnancy outcomes in Africa and Asia: A meta-analysis of observational studies. PLoS Med **2017**; 14:e1002290.

40. Gutman JR, Chico RM. Evidence for treating malaria with artemisinin-based combination therapy in the first trimester of pregnancy. Lancet Infect Dis **2020**; 20:880–881.

41. McGready R, Nosten F, Barnes KI, Mokuolu O, White NJ. Why is WHO failing women with falciparum malaria in the first trimester of pregnancy? Lancet **2020**; 395:779.

42. Malaria prevention works: let's close the gap, WHO, April 2017, WHO reference number: WHO/HMT/GMP/2017.6. Available from: https://www.who.int/malaria/publications/atoz/malaria-preventionworks/en/. Accessed 10 January 2022.

43. Gamain B, Chêne A, Viebig NK, Tuikue Ndam N, Nielsen MA. Progress and Insights Toward an Effective Placental Malaria Vaccine. Front Immunol **2021**; 12:634508.

44. Jafari-Guemouri S, Courtois L, Mama A, et al. A Genotyping Study in Benin Comparing the Carriage of Plasmodium falciparum Infections Before Pregnancy and in Early Pregnancy: Story of a Persistent Infection. Clin Infect Dis **2021**; 73:e355–e361.

Variable	At least one	No microscopic	All women	P ^a
	microscopic malarial	malarial infection	(n=218)	
	infection	at 1st trimester		
	at 1st trimester	(n=173)	~	
	(n=45)			
Age (in years)	25 [23;29]	27 [23;30]	26 [23;30]	0.19
Height (in cm)	157.5 [154.1;161.5]	158.6	158.6	0.24
		[155.3;161.8]	[154.9;161.8]	
Mean (SD) weight	at 57.9 (13.0)	57.2 (10.3)	57.3 (10.9)	0.83
the 1 st ANC visit (kg)				
BMI (in kg/m ²)	21.9 [20.3;25.7]	21.9 [20.2;24.3]	21.9 [20.3;24.7]	0.70
BMI in class	2			
Normal	62.2%	69.3%	67.9%	0.61
Underweight	8.9%	8.7%	8.7%	
Overweight/Obesit	y 28.9%	22.0%	23.4%	
GWG (in kg)	8.9 [4.9;11.2]	9.2 [7.1;11.5]	9.1 [6.8;11.38]	0.08
HIV stat	us			
Positive	4.4%	1.1%	1.5%	
Negative	95.6%	96.0%	95.5%	
Not known	0.0%	2.9%	3.0%	
Parity				
No previous delive	ry 7.8%	9.8%	11.5%	0.32
1-4 deliveries 60.0%		67.1%	65.6%	

Table 1. Characteristics of the 218 pregnant women according to their malaria status in the first trimester of pregnancy.

5 and mo	re 22.2%	23.1%	22.9%	
deliveries				
Mean (SD) gestation	al 11.3 (1.4)	11.3 (1.3)	11.3 (1.4)	0.82
age at the 1 st US for	or			
dating the pregnand	су			
(wg)			*	
Education				
Literate	20.0%	33.5%	30.7%	0.12
Illiterate	80.0%	66.5%	69.3%	
Number of IPTp doses			5	
0	6.7%	2.3%	3.2%	0.05
1	26.7%	16.2%	18.3%	
2	62.2%	65.3%	64.7%	
3	4.4%	16.2%	13.8%	
SES	0			
Higher tertile	51.1%	30.6%	34.9%	0.04
Intermediate tertile	26.7%	39.3%	36.7%	
Lower tertile	22.2%	30.1%	28.4%	

Data are presented as medians [Interquartile range, IQR] for quantitative variables and as percentages (numbers of women) for categorical variables.

BMI: Body mass index; SES: socioeconomic status; GWG: gestational weight gain; ANC: antenatal care visit; wg: weeks' gestation.

^a P indicates the p-value either of a t-test (comparison of two means) for quantitative variables or a Pearson's chi-square test for categorical variables.

Table 2. Mean (SD) values and mean Z-scores for AC, HC, FL and BPD at each ultrasound scan. Analyzed population N=218.

	US1	US2	US3	US4
Gestational age (wg)	16.92 (1.3)	22.59 (1.2)	28.48 (1.2)	34.41 (1.1)
Fetal parameters				
Raw values				×
AC (in mm)	113.8 (14.6)	176.7 (14.9)	239.9 (16.7)	299.4 (16.1)
HC (in mm)	136.6 (16.1)	204.0 (14.1)	266.9 (12.9)	310.4 (11.7)
FL (in mm)	23.0 (4.2)	39.5 (3.5)	53.9 (3.3)	65.8 (3.2)
BPD (in mm)	38.2(4.5)	56.2 (4.1)	73.6 (3.9)	86.4 (3.9)
Z-scores			\sim	
AC	0.09 (1.5)	0.09 (1.1)	0.16 (1.2)	0.14 (1.0)
НС	0.35 (1.3)	0.14 (1.1)	0.27 (1.2)	0.02 (1.1)
FL	0.60 (1.5)	0.82 (1.3)	1.16 (2.0)	1.66 (2.4)
BPD	-0.20 (1.3)	-0.24 (1.1)	-0.38 (1.2)	-0.62 (1.1)

SD: standard deviation, wg: weeks' gestation, HC: head circumference, AC: abdominal circumference, BPD: biparietal diameter, FL: femur length (FL). Z-scores were calculated using INTERGROWTH 21st standards.

Fetal	Mean Z	-score		P ^c
parameter	Women not infected	Women infected with	Mean Difference	
	with malaria throughout	malaria in the 1 st	between uninfected and	
	the pregnancy	trimester	infected women ^{a,b}	
AC ₁	0.04	0.01	0.03	0.90
AC ₂	0.03	0.28	-0.25	0.16
AC ₃	0.05	0.28	-0.23	0.20
AC ₄	0.03	0.37	-0.34	0.05
FL ₁	0.60	0.57	0.03	0.91
FL ₂	0.82	1.13	0.31	0.17
FL ₃	1.00	1.40	0.40	0.22
FL_4	1.65	1.65	0.00	1.00
HC ₁	0.33	0.32	0.01	0.97
HC ₂	0.05	0.31	-0.26	0.16
HC ₃	0.15	0.24	-0.09	0.62
HC_4	-0.07	0.03	-0.10	0.61
BPD ₁	-0.23	-0.17	-0.06	0.77
BPD ₂	-0.35	-0.03	-0.32	0.09
BPD ₃	-0.47	-0.43	-0.04	0.84
BPD ₄	-0.67	-0.70	0.03	0.89

Table 3. Mean differences in unadjusted Z-scores for AC, FL, HC and BPD parameters

 according to microscopic malaria in the first trimester.

The notations in the first column stand for the Z-scores at the 1^{st} (16 wg), 2^{nd} (22 wg), 3^{rd} (28 wg) and 4^{th} (34 wg) ultrasound scan (US); that is AC₂ is the mean Z-score for AC measured at the 2^{nd} US. Z-scores were calculated using INTERGROWTH- 21^{st} standards.

^a Number of women included in the analysis at the 1^{st} , 2^{nd} , 3^{rd} and 4^{th} US (for all fetal parameters, i.e. AC, FL, HC and BPD): 45 women infected in the 1^{st} trimester *vs.* 132 women not infected throughout the pregnancy.

^b A positive value corresponds to a higher Z-score in uninfected women, while a negative value corresponds to a higher Z-score in infected women;

^c P indicates the p-value of a t-test comparing the mean Z-score between infected and not infected women.

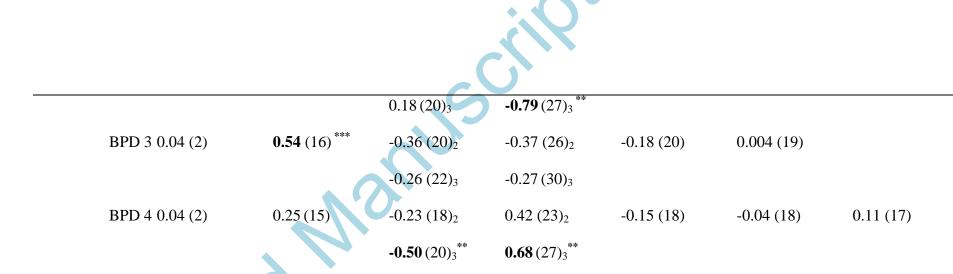
ccet

Table 4. Factors associated with Z-scores for AC, HC, FL and BPD parameters. Longitudinal multivariate analyses including one fetal parameter

at a time measured throughout the pregnancy (SUR model). Analyzed population N=218.

	BMI	Gender (male)	SES ^a	Parity ^b	Malaria	Malaria	Malaria
)		1 st trimester	2 nd trimester ^c	3 rd trimester ^c
		7	Coeffi	cient (SE) _{category} ^{le}	vel of significance		
Model	AC1 0.05 (3)*	0.11 (20)	-0.05 (24) ₂	0.07 (33) ₂	-0.13 (25)		
AC	X	5	-0.19 (27) ₃	0.05 (38)3			
	AC2 0.03 (2)	0.30 (14)*	0.25 (17)2	-0.01 (23) ₂	0.30 (18)	0.02 (17)	
	-Or		0.48 (19) ₃ *	-0.28 (27)3			
	AC3 0.04 (2)*	0.37 (16) [*]	-0.08 (20)2	-0.18 (26)2	0.10 (20)	-0.04 (20)	
			-0.12 (22)3	$-0.05(30)_3$			
X	AC4 0.05 (2) **	0.06(13)	0.20 (15) ₂	0.44 (20) ₂ *	0.28 (16)	-0.154 (16)	0.41 (16) **
			-0.20 (17) ₃	0.23 (24) ₃			
Model	HC1 0.07 (2) **	0.17 (18)	-0.16 (21)2	-0.21 (29) ₂	-0.12 (22)		
HC			-0.28 (24)3	-0.28 (34)3			
	HC2 0.03 (2)	0.40 (14) **	-0.05 (17)2	-0.37 (23)2	0.17 (18)	0.01 (15)	

				3			
			0.05 (19) ₃ *	-0.66 $(27)_3^*$			
	HC3 0.05 (2) [*]	0.59 (16) ***	-0.28 (19) ₂	-0.51 (26) ₂ *	-0.16 (20)	0.12 (19)	
		. (-0.30 (21) ₃	-0.34 (303			
	HC4 0.05 (2) **	0.32 (14)*	-0.09 (17)2	$0.50(23)_2^*$	-0.06 (18)	0.20 (18)	0.20 (17)
		16.	-0.48 (19) ₃ **	$0.72(27)_3^{**}$			
Model	LF 1 0.10 (3) ***	0.12 (20)	0.06 (24) ₂	$-0.29(31)_2$	-0.09 (24)		
LF	×	5	-0.23 (26)3	-0.47 (37) ₃			
	LF 2 0.06 (2) **	-0.16(18)	0.38(21)2	-0.43 (29)2	0.41 (22)	-0.24 (20)	
			0.14 (24) ₃	-0.75 (34) ₃ *			
	LF 3 0.10 (4) **	0.15 (28)	-0.007 (33) ₂	-0.01 (44) ₂	0.25 (34)	0.02 (33)	
	9		-0.17 (37) ₃	0.07 (30) ₃			
X	LF 4 0.08 (4) *	0.11 (33)	0.40 (40)2	0.51 (53) ₂	0.02 (41)	-0.23 (41)	0.30 (38)
			-0.07 (44)3	0.06 (62) ₃			
Model	BPD 1 0.05 (2) [*]	0.13 (18)	-0.06 (21)2	-0.44 (28)2	-0.02 (22)		
BPD			$-0.09(23)_3$	$-0.55(32)_3$			
	BPD 2 0.02 (2)	0.38 (5) ^{**}	0.03 (18)2	-0.53 $(23)_2^*$	0.24 (18)	-0.001 (16)	



BMI: body mass index; SES: socioeconomic status.

^a SES was categorized according to tertiles: the lower tertile corresponds to the reference group, the intermediate tertile is coded "2" and the upper tertile is coded "3".

^b Parity was categorized into 3 classes: no previous delivery corresponds to the reference group, 1-4 previous deliveries is coded "2", and 5 and more deliveries is coded "3".

^C Malaria in the 2^{nd} and in the 3^{rd} trimesters were considered as time-dependent variables, so that only malarial infections that occurred before a given US were considered as an "exposure".

Level of significance: **** $p \le 0.001$, *** 0.001 ≤ 0.01 , * 0.01 ≤ 0.05 .

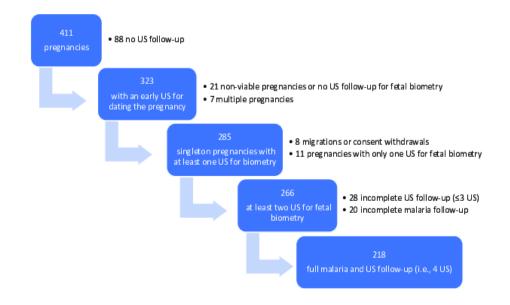
Four distinct multivariate models were run, one for each fetal parameter. The notations in the second column stand for the Z-scores at the 1^{st} , 2^{nd} , 3^{rd} and 4^{th} ultrasound scan (US); that is AC₂ is the Z-score for AC measured at the 2^{nd} US. Z-scores were calculated using INTERGROWTH- 21^{st} standards. In each cell, each line contains 2 parameters: the coefficient of regression and its standard error (x100). *For instance, large*

multiparous women (i.e., 5 or more previous deliveries) had fetuses with a significantly (**) higher Z-score for BPD (+0.68 (SE=0.27) at the 4th

US than nulliparous women.

Sceric Strain

Figure 1. Flow chart of the studied population.



US : ultrasound follow-up