

RESEARCH ARTICLE

# Impairment of episodic memory in genetic frontotemporal dementia: A GENFI study

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#### Abstract

**Introduction:** We aimed to assess episodic memory in genetic frontotemporal dementia (FTD) with the Free and Cued Selective Reminding Test (FCSRT).

**Methods:** The FCSRT was administered in 417 presymptomatic and symptomatic mutation carriers (181 chromosome 9 open reading frame 72 [*C9orf72*], 163 progranulin [*GRN*], and 73 microtubule-associated protein tau [*MAPT*]) and 290 controls. Group differences and correlations with other neuropsychological tests were examined. We performed voxel-based morphometry to investigate the underlying neural substrates of the FCSRT.

**Results:** All symptomatic mutation carrier groups and presymptomatic *MAPT* mutation carriers performed significantly worse on all FCSRT scores compared to controls. In the presymptomatic *C9orf72* group, deficits were found on all scores except for the delayed total recall task, while no deficits were found in presymptomatic *GRN* mutation carriers. Performance on the FCSRT correlated with executive function, particularly in *C9orf72* mutation carriers, but also with memory and naming tasks in the *MAPT* group. FCSRT performance also correlated with gray matter volumes of frontal, temporal, and subcortical regions in *C9orf72* and *GRN*, but mainly temporal areas in *MAPT* mutation carriers.

**Discussion:** The FCSRT detects presymptomatic deficits in *C9orf72*- and *MAPT*-associated FTD and provides important insight into the underlying cause of memory impairment in different forms of FTD.

**KEYWORDS**

cognition, episodic memory, executive function, frontal lobe, frontotemporal dementia, genetic disorders, neuropsychology, temporal lobe, voxel-based morphometry

## 1 | BACKGROUND

Memory deficits are often considered indicative of the onset of Alzheimer's disease (AD), but an increasing number of studies have reported episodic memory impairment in the frontotemporal dementia (FTD)<sup>1,2</sup> spectrum as well, even at initial presentation.<sup>3</sup> There is ongoing discussion on what underlies episodic memory impairment in FTD, with some studies suggesting that it may be a consequence of poor organization and a lack of efficient learning and retrieval strategies (i.e., due to a dysexecutive syndrome caused by [pre]frontal cortical damage) and others suggesting that it is due to "true" consolidation problems, as is the case in AD, as a result of damage to mesiotemporal, including hippocampal, structures of the brain.<sup>4-7</sup>

Delineating the contribution of executive/frontal and memory/hippocampal functioning to memory impairment can be performed using memory tests that separate learning, storage, and retrieval processes. The Free and Cued Selective Reminding Test (FCSRT) was designed specifically for this purpose.<sup>8</sup> The FCSRT uses semantic cues to, first, test if words were effectively encoded, and, second, facilitate subsequent cued recall of words that were not spontaneously retrieved during free recall. Specifically, the performance on cued recall is assumed to provide a measure of "true" memory consolidation, while performance on free recall also relies on executive functioning as it requires people to apply an effective learning and retrieval strategy.<sup>5</sup> Some studies have shown that this paradigm is effective in differentiating behavioral variant FTD (bvFTD) from AD,<sup>6,7,9-12</sup> while others have failed to show this distinction, or showed that the FTD sample could be split, with approximately half of the patients performing as poorly as patients with AD and the other half performing similarly to healthy controls.<sup>6,11,13</sup> Indeed, several neuroimaging studies have shown differences in temporal lobe involvement between amnesic and non-amnesic patients with FTD,<sup>4,11,14,15</sup> underlining the pathological and clinical heterogeneity of this disease spectrum.

In approximately 30% of cases, FTD is caused by genetic mutations in progranulin (*GRN*), microtubule-associated protein tau (*MAPT*), and chromosome 9 open reading frame 72 (*C9orf72*).<sup>16</sup> *GRN* mutations often lead to an asymmetrical pattern of atrophy in the frontal, temporal, and parietal lobes, whereas *MAPT* mutations show localized temporal lobe involvement.<sup>17</sup> The atrophy associated with the *C9orf72* repeat expansion is rather diffuse with degeneration of the frontal and temporal cortices but also involvement of the subcortical and cerebellar regions.<sup>18</sup> Memory impairment has been described in *GRN*<sup>19,20</sup> and

*C9orf72*<sup>18</sup> mutation carriers as a prominent symptom of later disease stages, whereas in *MAPT* mutation carriers memory decline has been previously described in the presymptomatic stage.<sup>21</sup> A recent study has shown that patients with a *GRN* mutation or *C9orf72* repeat expansion were impaired on immediate recall, whereas *MAPT* mutation carriers were impaired on both immediate and delayed recall. According to the classic view, this suggests a "pure" memory impairment due to temporal involvement in *MAPT*, whereas the immediate recall impairment in *C9orf72* and *GRN* mutation carriers are potentially a consequence of prefrontal and thus executive dysfunction, with relatively spared delayed recall performance.<sup>22</sup> However, systematic investigations of episodic memory performance using paradigms that can differentiate between primary executive versus true amnesic mechanisms have not been performed in detail in genetic FTD, and in particular, not in the presymptomatic stage. Clinical trials targeting specific pathologies are currently being developed and implemented for both early symptomatic and presymptomatic mutation carriers and it is important to identify gene-specific sensitive outcome measures for signaling disease onset, tracking disease progression, and measuring potential treatment effects at an early disease stage.

The aim of this study is therefore to assess memory performance in a large cohort of genetic FTD families by means of the FCSRT and correlate performance with gray matter volume using voxel-based morphometry. We compared both presymptomatic individuals and those with symptomatic FTD with pathogenic mutations in *MAPT*, *GRN*, or *C9orf72* to a control group of mutation-negative individuals from the same families. Data was collected within the Genetic Frontotemporal Dementia Initiative (GENFI), an international genetic FTD cohort study aimed at developing novel markers of disease onset and progression.<sup>23</sup>

## 2 | METHODS

### 2.1 | Participants

Baseline data was included from the fifth GENFI data freeze in which participants from confirmed genetic FTD families were recruited between January 30, 2012 and May 31, 2019 in 24 centers. The FCSRT was administered in a total of 417 mutation carriers (181 *C9orf72*, 163 *GRN*, and 73 *MAPT*) and 290 mutation negative controls. Of the mutation carrier group 96 participants were symptomatic, fulfilling diagnostic criteria for bvFTD<sup>1</sup> (44 *C9orf72*, 19 *GRN*, 17 *MAPT*), non-fluent

**HIGHLIGHTS**

- The Free and Cued Selective Reminding Test (FCSRT) is able to detect presymptomatic episodic memory impairment in both chromosome 9 open reading frame 72 (*C9orf72*)- and microtubule-associated protein tau [*MAPT*]-associated frontotemporal dementia (FTD).
- Deficits in presymptomatic *MAPT* mutation carriers are likely to be due to “true” episodic memory deficits.
- Impaired memory performance in progranulin (*GRN*)- and *C9orf72*-associated FTD is likely to be mainly related to executive dysfunction.
- FCSRT performance is associated with temporal lobe regions in *MAPT*-associated FTD, with additional frontal lobe involvement in *GRN*- and *C9orf72*-associated FTD.
- The FCSRT provides insight into the underlying cause of memory impairment in FTD.

variant primary progressive aphasia (nvPPA;<sup>2</sup> 1 *C9orf72*, 8 *GRN*), or FTD with amyotrophic lateral sclerosis (FTD-ALS;<sup>24</sup> 4 *C9orf72*). The presymptomatic mutation carrier group did not fulfill these diagnostic criteria, had a Clinical Dementia Rating scale plus behavioral and language domains from the National Alzheimer's Coordinating Center (NACC) FTLD module (CDR plus NACC FTLD)  $\leq 0.5$ <sup>25</sup> and consisted of 129 *C9orf72* repeat expansion, 136 *GRN*, and 56 *MAPT* mutation carriers. There were 352 mutation carriers with an FCSRT at baseline that also had a structural (T1-weighted) magnetic resonance imaging (MRI) brain scan (148 *C9orf72*, 139 *GRN*, and 65 *MAPT* mutation carriers). All GENFI sites had local ethical approval for the study and all participants gave written informed consent. The study was in accordance with the Declaration of Helsinki.

**2.2 | Procedure**

We administered the Mini-Mental State Examination (MMSE)<sup>26</sup> to measure global cognitive functioning and determined clinical status by means of a structured clinical interview, including the CDR plus NACC FTLD,<sup>25</sup> with the participant and a knowledgeable informant. The FCSRT was administered as part of the GENFI neuropsychological test battery.<sup>23</sup> From this test battery we also collected data on visual episodic memory (Benson figure recall), language (30-item Boston Naming Test [BNT]<sup>27</sup> and category fluency<sup>27</sup>), and executive function tests (Trail Making Test part B [TMT-B<sup>28</sup>] and the Delis-Kaplan Executive Function System Color-Word Interference Test [D-KEFS Color-Word] card III<sup>29</sup>) to correlate with FCSRT performance. The test battery was administered in the same order to all participants and no semantic tests were administered during the delay phase of the FCSRT.

**RESEARCH IN CONTEXT**

1. Systematic review: The authors reviewed the literature using PubMed. While episodic memory functioning has not been investigated systematically in (presymptomatic) genetic frontotemporal dementia (FTD), there have been several publications describing neuropsychological test results, including memory, in genetic FTD. Relevant citations are cited.
2. Interpretation: Our findings demonstrate that memory deficits are an integral part of the clinical spectrum in microtubule-associated protein tau (*MAPT*) mutation carriers, whereas lower memory test scores in chromosome 9 open reading frame 72 (*C9orf72*) repeat expansion and progranulin (*GRN*) mutation carriers are more likely to be the consequence of executive dysfunction. These results are consistent with previous studies showing degradation of memory-related temporal areas in *MAPT*-associated FTD, and more executive function-related frontal areas being implicated in *GRN*- and *C9orf72*-associated FTD.
3. Future directions: Results from this study provide new insights and guidance for additional studies, such as investigating longitudinal trajectories of the FCSRT in genetic FTD as well as investigating the sensitivity of the FCSRT as a potential outcome measure for upcoming clinical trials.

**2.3 | Free and Cued Selective Reminding Test (FCSRT)**

The FCSRT consists of 16 words to be learned, presented four at a time on successive cards. Each word belongs to a different semantic category (e.g., herring in the semantic category “fish”). The first presentation is aimed at inducing semantic encoding, for which subjects are asked to read aloud the word corresponding to a specific semantic category (e.g., “What is the name of the fish?”). After all four items are named, the card is removed and the test administrator asks for immediate recall of the four words in response to the semantic cue. This procedure of encoding is repeated a maximum of three times, until the participant is able to recall all four words or has completed the third round, after which the following card is administered and this encoding process is then repeated for the second, third, and fourth cards. Subsequently, three successive trials of free recall are administered, where participants are asked to remember as many of the 16 words as possible within two minutes. Each free recall trial is followed by a selective semantic cuing of the words that are not spontaneously recalled. After 20 to 30 minutes, a delayed free recall and then cued recall of words not spontaneously recalled is administered. This results in four scores to be analyzed: immediate free recall (max. score = 48), immediate total recall (free+cued; max. score = 48), delayed free

recall (max. score = 16), delayed total recall (delayed free+cued; max. score = 16). The test was administered across the GENFI centers in eight languages: English, Dutch, Swedish, Spanish, Italian, Portuguese, German, and French.

## 2.4 | Structural brain imaging and voxel-based morphometry

Participants underwent volumetric T1-weighted MRI according to the GENFI imaging protocol on a 3T scanner. Different scanners were used across GENFI sites: Siemens Trio 3T (n = 105), Siemens Skyra 3T (n = 55), Siemens Prisma 3T (n = 57), and Philips Achieva 3T (n = 101). All scans underwent extensive visual quality checks and those with artifacts or incidental brain abnormalities unrelated to FTD were excluded from analysis. Voxel-based morphometry (VBM) was performed using Statistical Parametric Mapping (SPM) 12 software, version 6225 ([www.fil.ion.ucl.ac.uk/spm](http://www.fil.ion.ucl.ac.uk/spm)) running under Matlab R2018a (Mathworks). T1-weighted images were normalized and segmented into gray matter (GM), white matter (WM), and cerebrospinal fluid (CSF) probability maps, using standard procedures and the fast diffeomorphic image registration algorithm (DARTEL).<sup>30</sup> GM segmentations were affine transformed into the Montreal Neurological Institute (MNI) space, modulated and smoothed using a Gaussian kernel with 6 mm full width at half maximum. Finally, a mask was applied as reported in Ridgway et al.<sup>31</sup> All segmentations were visually checked at each stage. Total intracranial volume (TIV; i.e., GM+WM+CSF) was calculated using SPM 12.<sup>32</sup>

## 2.5 | Statistical analysis

Statistical analyses were performed using Stata version 14 (StataCorp). The significance level was set at  $P < 0.05$  (two-tailed) across all comparisons. We compared demographic data between groups with linear regression models except for sex, which was compared using a chi-square test.

Performance in controls was assessed by calculating the cumulative frequency of test scores (and therefore percentile scores) as well as investigating the effect of age (Spearman rank correlation), years of education (Spearman rank correlation), sex (Mann-Whitney U test), and the language in which the test was administered (Kruskal-Wallis H test).

Mean differences on each FCSRT score between groups were analyzed with mixed models correcting for age, years of education, sex, language in which the test was administered, and family clustering with 95% bias-corrected bootstrapped confidence intervals with 1000s repetitions (due to non-normality).

Spearman rank correlations were used to investigate the association of each FCSRT test score with the Benson figure recall, BNT, category fluency, TMT-B, and D-KEFS Color-Word tasks.

The relationship of performance on each FCSRT test score with GM density was explored in each mutation carrier (presymptomatic and symptomatic combined) group within the VBM analysis using multiple regression models. Age, sex, scanner, and TIV were included as covari-

ates. All comparisons were corrected for a family-wise error (FWE) rate of 0.05.

## 3 | RESULTS

### 3.1 | Demographic data

Demographic data are shown in Table 1. There was a significant difference in sex between the groups,  $\chi^2(6, N = 707) = 16.8, P = 0.010$ , with more females in the presymptomatic and control group and more males in the symptomatic groups. Symptomatic groups were significantly older than controls and presymptomatic groups (all  $P < 0.001$ ). In addition, presymptomatic *MAPT* mutation carriers were significantly younger than controls ( $P < 0.001$ ), presymptomatic *C9orf72* ( $P = 0.009$ ), and *GRN* mutation carriers ( $P = 0.001$ ). Symptomatic *C9orf72* and *GRN* mutation carriers had significantly lower years of education than controls and presymptomatic *C9orf72*, *GRN*, and *MAPT* mutation carriers (all  $P < 0.013$ ). All symptomatic mutation carriers performed significantly lower on the MMSE and had higher CDR plus NACC FTLD global scores than controls and presymptomatic *C9orf72*, *GRN*, and *MAPT* mutation carriers (all  $P < 0.005$ ). In addition, symptomatic *GRN* mutation carriers had lower MMSE scores than symptomatic *C9orf72* and *MAPT* mutation carriers (both  $P < 0.003$ ) and symptomatic *C9orf72* mutation carriers had higher CDR plus NACC FTLD global scores than symptomatic *MAPT* mutation carriers ( $P = 0.028$ ).

### 3.2 | Normative data in the control population

Cumulative frequencies (Table A.1), percentile scores (Table A.2), and mean score stratified by age group and sex (Table A.3) for mutation negative controls can be found in the supporting information. Fifth percentile cut-off scores were 19 (immediate free), 40 (immediate total), 7 (delayed free), and 13 (delayed total) for each of the FCSRT scores (Table A.2). There was a weak negative correlation with age ( $r$  between  $-0.14$  and  $-0.36$ ) and a weak positive correlation with years of education ( $r$  between  $0.16$  and  $0.22$ ) for each FCSRT score. Females performed better than males on all parts of the FCSRT: immediate free recall ( $z = 3.6, P < 0.001$ ), immediate total recall ( $z = 2.6, P = 0.010$ ), delayed free recall ( $z = 4.4, P < 0.001$ ), and delayed total recall ( $z = 3.1, P = 0.002$ ). There was also a significant effect of language on FCSRT immediate free recall ( $H[7] = 24.3, P = 0.001$ ), immediate total recall ( $H[7] = 26.6, P < 0.001$ ), and delayed free recall ( $H[7] = 25.9, P < 0.001$ ) but not delayed total recall ( $H[7] = 11.3, P = 0.127$ ).

### 3.3 | Group comparisons

All three symptomatic mutation carrier groups performed significantly worse than controls on FCSRT immediate free recall, immediate total recall, delayed free recall, and delayed total recall (all  $P \leq 0.001$ ; Tables 1 and 2). In addition, symptomatic *GRN* mutation carriers performed significantly worse on the FCSRT immediate total

**TABLE 1** Demographic information and FCSRT scores

	<i>C9orf72</i>		<i>GRN</i>		<i>MAPT</i>		Controls
	PS	S	PS	S	PS	S	
n	129	52	136	27	56	17	290
Age, y [range]	44.6 ± 11.1 [20.1–69.3]	62.0 ± 7.6 [39.4–74.5]	46.1 ± 12.4 [20.2–75.5]	60.8 ± 7.9 [49.2–78.5]	39.8 ± 10.5 [20.6–74.1]	58.6 ± 6.8 [44.0–78.9]	45.9 ± 12.6 [19.5–82.3]
Sex ratio f:m	77:52	19:33	84:52	10:17	34:22	7:10	167:123
Education, y	14.4 ± 3.0	12.8 ± 3.3	14.7 ± 3.5	12.0 ± 3.5	14.5 ± 3.0	14.5 ± 3.9	14.6 ± 3.4
MMSE	29.0 ± 2.1	25.3 ± 3.9	28.7 ± 4.6	22.9 ± 6.8	29.5 ± 0.9	26.2 ± 3.1	29.3 ± 2.1
CDR plus NACC FTLD global	0.1 ± 0.3	1.9 ± 1.0	0.1 ± 0.3	1.8 ± 0.9	0.1 ± 0.3	1.6 ± 0.9	0.1 ± 0.2
FCSRT immediate free recall	28.8 ± 7.1	13.9 ± 8.4	31.2 ± 6.2	13.8 ± 12.5	31.6 ± 7.0	12.8 ± 10.2	31.5 ± 6.8
FCSRT immediate total recall	44.4 ± 5.4	34.2 ± 13.1	45.8 ± 2.5	26.4 ± 17.5	45.3 ± 4.6	29.7 ± 13.1	45.7 ± 3.5
FCSRT delayed free recall	11.0 ± 2.9	4.7 ± 3.5	11.9 ± 2.8	5.2 ± 4.7	12.0 ± 3.1	4.5 ± 4.7	12.0 ± 3.1
FCSRT delayed total recall	15.3 ± 1.4	11.5 ± 4.7	15.5 ± 0.9	10.0 ± 6.3	15.3 ± 1.8	10.3 ± 4.9	15.5 ± 1.2

Note: All data are shown as mean ± standard deviation.

Abbreviations: *C9orf72*, chromosome 9 open reading frame 72; CDR plus NACC FTLD global, Clinical Dementia Rating scale plus National Alzheimer's Coordinating Center Frontotemporal Lobar Degeneration global score; FCSRT, Free and Cued Selective Reminding Test; *GRN*, progranulin; *MAPT*, microtubule-associated protein tau; MMSE, Mini-Mental State Examination; PS, presymptomatic; S, symptomatic.

score than symptomatic *C9orf72* repeat expansion carriers ( $P = 0.047$ ). All symptomatic mutation carriers performed significantly worse than presymptomatic mutation carriers (all  $P \leq 0.004$ ).

Presymptomatic *C9orf72* repeat expansion carriers performed significantly worse on FCSRT immediate free recall ( $P < 0.001$ ), immediate total recall ( $P = 0.010$ ), and delayed free recall ( $P < 0.001$ ) than controls, but not delayed total recall ( $p = 0.066$ ) (Tables 1 and 2). Presymptomatic *MAPT* mutation carriers had significantly lower FCSRT immediate free recall ( $P = 0.005$ ), immediate total recall ( $P = 0.002$ ), delayed free recall ( $P = 0.024$ ), and delayed total recall ( $P = 0.011$ ) scores than controls. In addition, presymptomatic *C9orf72* and *MAPT* mutation carriers performed significantly worse than presymptomatic *GRN* mutation carriers on all four FCSRT test scores (all  $P < 0.017$ ).

### 3.4 | Association with other neuropsychological tests

Correlation coefficients for each FCSRT score with other neuropsychological tests by genetic group can be seen in Table 3. In the *C9orf72* mutation carriers, the strongest correlations were with the D-KEFS Color-Word task, particularly for the free recall scores, as well as category fluency, with additional significant correlations with the BNT and Benson figure recall, particularly in the symptomatic group. In the *GRN* mutation carriers, the strongest correlations were with TMT-B as well as with the Benson figure recall and BNT for the majority of scores, particularly for the symptomatic group. In the *MAPT* mutation carriers the strongest correlations were with the Benson figure recall (all signifi-

cant except delayed free recall in the symptomatic group), followed by the BNT (for all scores), with no significant correlations with any of the executive function tasks or category fluency in the symptomatic group.

### 3.5 | Neuroanatomical correlates of performance on the FCSRT

The VBM analyses revealed particular involvement of frontal (orbitofrontal and dorsolateral prefrontal cortices), insula, temporal (particularly medial cortical areas), and parietal (angular gyrus and precuneus) regions as well as the hippocampus in immediate free recall score in *GRN* and *C9orf72* mutation carriers, with additional involvement of the thalamus and amygdala in the latter (Figure 1, Table A.4 in supporting information). For the immediate total recall score, a similar network was found in *GRN* mutation carriers as well as the thalamus, but in *C9orf72* mutation carriers exclusively areas in the medial temporal lobe including the hippocampus were found (Figure 2, Table A.4). In *MAPT* mutation carriers, both immediate free and total recall were correlated with atrophy of the medial temporal lobes bilaterally (Figures 1 and 2, Table A.4). The overlap and differences in statistical parametric maps between immediate free and total recall can be seen in Figure A.1 in supporting information. For *C9orf72* mutation carriers, similar findings were seen for delayed total recall (Table A.4), although only frontal areas were associated with delayed total recall for *GRN* mutation carriers. There were no associations in *GRN* and *MAPT* mutation carriers for delayed free recall or in *MAPT* mutation carriers for delayed total recall after FWE correction

**TABLE 2** The adjusted mean differences between groups and 95% confidence intervals for all four FCSRT measures

FCSRT immediate free recall													
		C9orf72				GRN				MAPT			
		PS		S		PS		S		PS		S	
Controls		-2.9		-12.5		0.4		-11.7		-2.4		-15.7	
		-4.1	-1.7	-14.8	-10.2	-0.8	1.6	-16.3	-7.1	-4.0	-0.7	-20.8	-10.6
C9orf72	PS			-9.6		3.3		-8.8		0.5		-12.8	
				-12.0	-7.2	1.8	4.8	-13.6	-4.0	-1.3	2.3	-18.0	-7.6
	S					12.9		0.8		10.1		-3.2	
						10.5	15.3	-4.2	5.7	7.3	12.9	-8.76	2.3
GRN	PS							-12.1		-2.8		-16.1	
								-16.6	-7.6	-4.6	-0.9	-21.3	-10.9
	S									9.3		-4.0	
										4.7	14.0	-10.4	2.5
MAPT	PS											-13.3	
												-18.4	-8.3
FCSRT immediate total recall													
		C9orf72				GRN				MAPT			
		PS		S		PS		S		PS		S	
Controls		-1.3		-8.7		0.7		-16.3		-2.1		14.4	
		-2.3	-0.3	-12.0	-5.3	0.1	1.2	-22.8	-9.8	-3.3	-0.8	-21.2	-7.5
C9orf72	PS			-7.4		1.9		-15.0		-0.8		-13.1	
				-10.8	-4.0	0.8	3.1	-21.7	-8.4	-2.2	0.7	-20.0	-6.1
	S					9.3		-7.6		6.6		-5.7	
						5.9	12.7	-15.2	-0.1	3.0	10.2	-13.6	2.2
GRN	PS							-17.0		-2.7		-15.0	
								-23.5	-10.4	-4.1	-1.3	-21.9	-8.1
	S									14.2		1.9	
										7.7	20.8	-7.1	11.0
MAPT	PS											-12.3	
												-19.2	-5.4
FCSRT delayed free recall													
		C9orf72				GRN				MAPT			
		PS		S		PS		S		PS		S	
Controls		-1.0		-5.3		0.1		-4.5		-0.9		-6.4	
		-1.6	-0.5	-6.3	-4.3	-0.3	0.6	-6.2	-2.8	-1.7	-0.1	-8.7	-4.0
C9orf72	PS			-4.3		1.1		-3.5		0.1		-5.4	
				-5.4	-3.2	0.5	1.8	-5.3	-1.7	-0.8	1.0	-7.8	-3.0
	S					5.5		0.8		4.4		-1.0	
						4.4	6.5	-1.1	2.7	3.2	5.7	-3.5	1.5
GRN	PS							-4.6		-1.0		-6.5	
								-6.3	-3.0	-1.9	-0.2	-8.9	-4.1
	S									3.6		-1.9	
										1.8	5.4	-4.7	1.0
MAPT	PS											-5.5	
												-7.8	-3.2

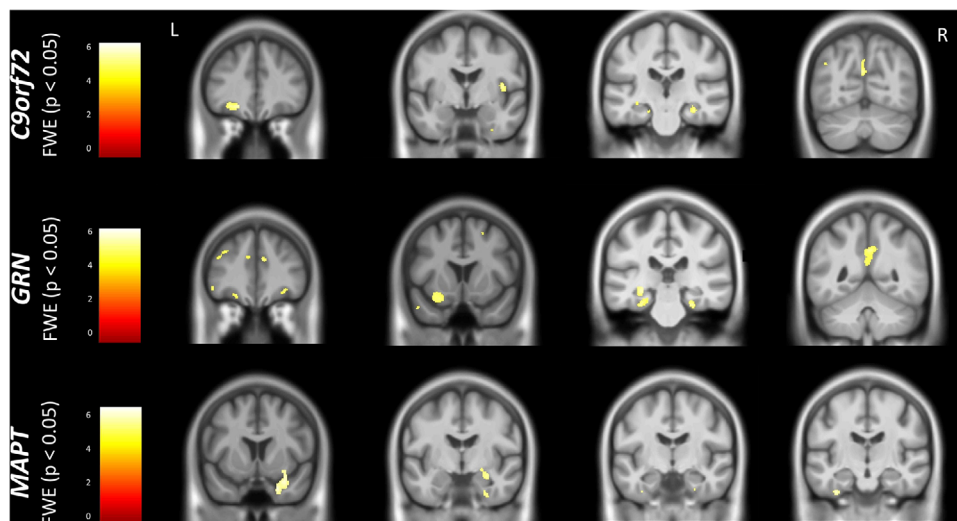
continued

**TABLE 2** Continued

FCSRT delayed total recall																				
		<i>C9orf72</i>		<i>GRN</i>				<i>MAPT</i>												
		PS		S		PS		S		PS		S								
Controls		-0.3		-3.1		0.1		-4.3		-0.7		-4.5								
		-0.6	0.0	-4.4	-1.9	-0.1	0.4	-6.7	-1.9	-1.3	-0.2	-7.1	-1.9							
<i>C9orf72</i>	PS			-2.8		0.4		-4.0		-0.4		-4.2								
	S			-4.1		-1.5		0.1		0.8		-6.4		-1.6						
<i>GRN</i>	PS					-3.3		-1.2		2.4		-1.4								
	S					2.0		4.5		-3.9		1.6		1.1		3.8		-4.2		1.5
<i>MAPT</i>	PS							-4.5		-0.9		-4.6								
	S							-6.8		-2.1		-1.5		-0.3		-7.2		-2.1		
<i>MAPT</i>	PS									3.6		-0.2								
	S									1.1		6.1		-3.6		3.3				
<i>MAPT</i>	PS											-3.8								
	S											-6.3		-1.2						

**Notes:** Values in bold are significant at  $P < 0.05$ . Values are adjusted for age, years of education, sex, and language in which the test was administered.

Abbreviations: *C9orf72*, chromosome 9 open reading frame 72; FCSRT, Free and Cued Selective Reminding Test; *GRN*, progranulin; *MAPT*, microtubule-associated protein tau; PS, presymptomatic; S, symptomatic.



**FIGURE 1** Neuroanatomical correlates of performance on the FCSRT immediate free recall. Results are shown on a study-specific T1-weighted magnetic resonance imaging template in Montreal Neurological Institute space and at  $P < 0.05$  family-wise error corrected. Color bars represent T-values. Abbreviations: *C9orf72*, chromosome 9 open reading frame 72; FCSRT, Free and Cued Selective Reminding Test; FWE, family-wise error; *GRN*, progranulin; L, left; *MAPT*, microtubule-associated protein tau; R, right

(Table A.4). All significant correlations were positive (i.e., lower gray matter volume associated with worse performance).

## 4 | DISCUSSION

This study demonstrates the presence of memory impairment in genetic FTD, including in the presymptomatic period of *MAPT* and *C9orf72* mutation carriers, and with differential underlying neural correlates in different genetic groups. Results showed that all symptomatic mutation carriers had lower performance than controls and

presymptomatic mutation carriers. Presymptomatic *MAPT* mutation carriers performed lower on all four FCSRT scores compared to controls, and presymptomatic *C9orf72* mutation carriers performed lower than controls on all scores except delayed total recall. The strongest associations between the FCSRT and cognitive tasks were with measures of executive function as well as memory and language in *C9orf72* and *GRN* mutation carriers but mainly with memory and naming tests for *MAPT* mutation carriers. Neural correlates varied between genetic groups, with frontal and temporal as well as subcortical involvement in *C9orf72* and *GRN* mutation carriers, but almost exclusively temporal areas being implicated in the *MAPT* group. Interestingly, a difference



**TABLE 3** Correlation coefficients between FCSRT scores and other neuropsychological tests in each genetic group

				Benson figure recall	BNT	Category fluency	TMT-B	D-KEFS Color-Word
<i>C9orf72</i>	PS	Immediate	Free	0.14	0.12	0.28**	-0.22*	-0.36***
			Total	0.21*	0.27**	0.30***	-0.22**	-0.30***
		Delayed	Free	0.20*	0.22**	0.28**	-0.26**	-0.41***
			Total	0.23**	0.23**	0.26**	-0.29***	-0.27**
	S	Immediate	Free	0.28	0.49***	0.46**	-0.21	-0.42**
			Total	0.29	0.55***	0.44**	-0.24	-0.28
	Delayed	Free	0.46**	0.47**	0.49***	-0.25	-0.54***	
		Total	0.36*	0.56***	0.54***	-0.29	-0.44**	
<i>GRN</i>	PS	Immediate	Free	0.27**	0.21*	0.36***	-0.31***	-0.29***
			Total	0.33***	0.26**	0.22**	-0.24**	-0.39***
		Delayed	Free	0.30***	0.26**	0.31***	-0.42***	-0.40***
			Total	0.34***	0.21*	0.24**	-0.21*	-0.19*
	S	Immediate	Free	0.52*	0.41	0.43	-0.50*	0.27
			Total	0.62**	0.53**	0.57*	-0.55*	0.25
	Delayed	Free	0.70**	0.59**	0.39	-0.58**	0.05	
		Total	0.45	0.57*	0.56*	-0.51*	-0.03	
<i>MAPT</i>	PS	Immediate	Free	0.40**	0.38**	0.38**	-0.49***	-0.52***
			Total	0.45***	0.37**	0.36**	-0.41**	-0.50***
		Delayed	Free	0.44***	0.38**	0.45***	-0.51***	-0.46***
			Total	0.45***	0.37**	0.25	-0.47***	-0.32*
	S	Immediate	Free	0.74***	0.59**	0.39	-0.30	-0.17
			Total	0.70**	0.62**	0.42	-0.31	-0.22
	Delayed	Free	0.48	0.60**	0.35	-0.34	-0.13	
		Total	0.76***	0.53*	0.20	-0.31	0.07	

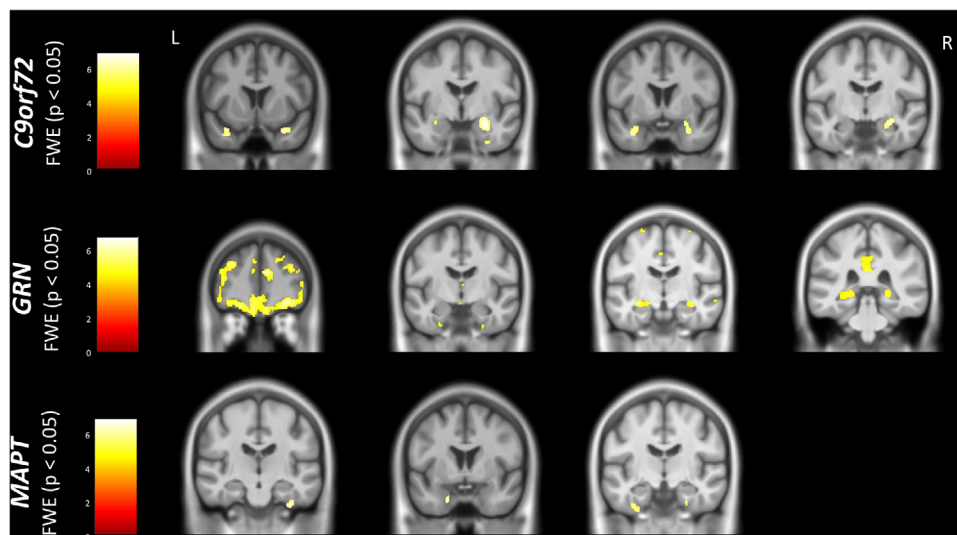
\* $P \leq 0.05$ , \*\* $P \leq 0.01$ , \*\*\* $P \leq 0.001$ .

Abbreviations: BNT, Boston Naming Test; *C9orf72*, chromosome 9 open reading frame 72; D-KEFS Color-Word, Delis-Kaplan Executive Function System Color-Word Interference Test; FCSRT, Free and Cued Selective Reminding Test; *GRN*, progranulin; *MAPT*, microtubule-associated protein tau; PS, presymptomatic; S, symptomatic; TMT-B, Trail Making Test Part B.

in frontal versus temporal involvement was seen in free versus total recall measures in *C9orf72* mutation carriers. Together these results indicate that the FCSRT is a sensitive test in the presymptomatic period of *C9orf72*- and *MAPT*-associated FTD, and provides important additional insight into the underlying basis of memory impairment in different forms of FTD.

All symptomatic mutation carriers had impaired memory as measured by the FCSRT compared to controls and presymptomatic mutation carriers, whereas only *MAPT*- and *C9orf72*-associated FTD were impaired presymptomatically. This is in line with previous studies investigating cognitive functioning in people with genetic FTD, demonstrating memory impairment in *C9orf72*-,<sup>18,22,33,34</sup> *GRN*-,<sup>19,22,35</sup> and *MAPT*-<sup>22</sup>related FTD, earlier (and presymptomatically) in *C9orf72*<sup>36</sup> and *MAPT*<sup>21,37,38</sup> mutations, and only in the later symptomatic stages in *GRN*-related FTD.<sup>17,22</sup> Some of these studies interpreted memory impairment as a distinctive characteristic of the specific gene mutation involved, but our results suggest that, although all (symptomatic) genetic groups were impaired, the underlying cause of memory impair-

ment might differ between the genetic groups. This is illustrated by the finding of lower immediate free, total, and delayed free recall in presymptomatic *C9orf72* mutation carriers, while presymptomatic *MAPT* carriers performed worse on all four tests, including delayed total recall, compared to controls and presymptomatic *GRN* carriers. According to the classical view, the FCSRT total scores are assumed to represent a "true" form of memory consolidation due to the cued format and the free recall scores are believed to be more dependent on executive functioning as well.<sup>5</sup> In light of this theory, our results indicate that lower performance in *MAPT* mutation carriers might be the result of a pure memory impairment, that starts in the presymptomatic stage, whereas memory performance in *C9orf72* mutation carriers is initially influenced by executive dysfunction resulting in an ineffective encoding and/or retrieval strategy. This theory is further corroborated by our finding that in the *C9orf72* group there were significant associations between the FCSRT and executive tests such as the D-KEFS Color-Word Interference Test in particular. In contrast, although there were moderate associations between the FCSRT and executive tests



**FIGURE 2** Neuroanatomical correlates of performance on the FCSRT immediate total recall. Results are shown on a study-specific T1-weighted magnetic resonance imaging template in Montreal Neurological Institute space and at  $P < 0.05$  family-wise error corrected. Color bars represent T-values. *C9orf72*, chromosome 9 open reading frame 72; FCSRT, Free and Cued Selective Reminding Test; FWE, family-wise error; GRN, progranulin; L, left; MAPT, microtubule-associated protein tau; R, right

in the presymptomatic *MAPT* group as well, the FCSRT was exclusively associated with tests for visual and semantic memory in the symptomatic group, indicating a stronger underlying temporal component in this group. This is not surprising given that semantic impairment has been associated with anteromedial temporal lobe atrophy and is a common symptom in the later disease stages of people with a *MAPT* mutation.<sup>22,39,40</sup> As such, semantic impairment might also have influenced performance on the FCSRT. In *GRN* mutation carriers, memory processes appear to become affected at a later, symptomatic, stage of the disease possibly due to increasing cognitive impairment in executive function or language domains affecting memory performance as well.<sup>41</sup> *GRN* mutation carriers performed better than the other mutation carrier groups on the FCSRT in the presymptomatic stage, whereas they performed significantly worse than *C9orf72* mutation carriers in the symptomatic stage. This is in line with previous studies showing that there is minimal cognitive decline in presymptomatic *GRN* mutation carriers, with often rapidly progressive cognitive decline after symptom onset,<sup>21,22,35,41</sup> whereas in *C9orf72*-related FTD cognitive decline already starts at an early stage, and then may progress relatively slowly for several years after symptom onset.<sup>18,22,33,34,36</sup>

Although the mean and standard deviation of FCSRT scores in the presymptomatic *MAPT* mutation carriers are similar to the entire control group (Table 1), this group is significantly younger than the overall control group, and the adjusted mean differences seen in Table 2 approximate to the difference between the mean of the presymptomatic *MAPT* mutation carriers and that of a younger control group (Table A.3). For example, the mean for immediate free recall in this group was 31.6 with a mean age within this group of 39.8, while in the age 30 to 40 younger controls (Table A.3) the mean score was 34.0, 2.4 points higher than the presymptomatic *MAPT* mutation carriers.

The VBM analysis revealed that for *MAPT* mutation carriers both free and total recall were correlated almost exclusively with temporal

lobe areas, including parts of the medial temporal lobe memory system (e.g., entorhinal and parahippocampal cortices).<sup>42,43</sup> Although this memory network, including the hippocampus, amygdala, and fusiform gyrus, was implicated in *C9orf72* and *GRN* mutation carriers as well, there was additional involvement of the frontal cortices, thalamus, and insula in these groups, areas that are involved with executive processes such as inhibitory control, initiative, planning of behavior, and attention.<sup>44-49</sup> Interestingly, this executive network was not implicated in the total recall measures in *C9orf72* mutation carriers reducing it to exclusively memory-related areas. This suggests that in *C9orf72*-related FTD, although frontal/executive processes influence free recall performance, temporal/memory processes affect performance on total recall measures. On the other hand, in *GRN*-related FTD frontal/executive processes appear to influence performance on both free and cued memory recall formats. These results are consistent with previous neuroimaging studies showing progressive deterioration of the brain areas that were correlated to FCSRT performance in each genetic group.<sup>17-19,23,36,50</sup> For example, a previous GENFI study revealed hippocampal loss followed by temporal lobe atrophy in presymptomatic *MAPT* mutation carriers from, respectively, 15 to 10 years before estimated symptom onset, whereas the insula and parietal areas were the earliest affected areas in *GRN* and the thalamus in *C9orf72*.<sup>23</sup> Overall, the neuroanatomical correlates were more extensive for the immediate than delayed recall scores. A possible explanation for this might be that there is a larger variance in the distribution of scores in immediate recall with a maximum score of 48, compared to delayed recall with a maximum score of 16, and therefore less sensitivity to detect a change in gray matter volume.

A major strength of this study is the use of a large cohort of genetic FTD patients and presymptomatic mutation carriers, allowing not only gene-specific analyses, but also the use of a matched control group of mutation-negative family members. However, despite the large

sample size, the MAPT mutation carrier group was still smaller than the other groups, which might have influenced particularly the power of VBM analyses, in which we did not find significant correlations with delayed recall test scores after FWE correction. Another limitation of this study is that bulbar/motor symptoms of patients with FTD-ALS or severe language difficulties in patients with PPA might have affected performance on the FCSRT or other cognitive tests, although these groups were in the minority compared to those with a primary diagnosis of bvFTD, and furthermore, instructions for test administration include example items for most cognitive tests to check if instructions are understood and if a patient is too severely affected the test is discontinued according to the judgment of an experienced neuropsychologist. Future research studies might investigate the loss of information over the delay between the immediate and delayed recall phases; however, this data was not available in this study.

To summarize, we demonstrated significant episodic memory impairment in genetic FTD, beginning in the presymptomatic period of MAPT and C9orf72. Presymptomatic C9orf72 mutation carriers were not impaired in delayed total recall (i.e., free + cued recall), and FCSRT free recall was more strongly associated with tests for executive functioning. This suggests that lower FCSRT free recall might initially be the result of an ineffective retrieval strategy, rather than a “true” memory impairment. On the other hand, presymptomatic MAPT mutation carriers performed, for their overall younger age, worse than controls on both immediate and delayed total recall, with strong associations with memory tests, suggesting that “true” memory processes affect performance on the FCSRT in this group. In contrast, FCSRT performance is only impaired at the symptomatic stage of GRN mutation carriers. These findings were corroborated by demonstrating an exclusive temporal/memory network association with FCSRT performance in MAPT mutation carriers, whereas areas important for executive functioning were also correlated with FCSRT performance in GRN and C9orf72 mutation carriers. Only temporal memory-related areas were associated with total recall in C9orf72, suggesting that there is a pure memory component implicated in this group as well, possibly only at the symptomatic stage when the temporal lobes become affected. Together, these results demonstrate that memory deficits are an integral part of the clinical spectrum in MAPT and C9orf72 mutation carriers. It suggests that comprehensive memory tasks that can delineate executive function and memory processes such as the FCSRT should be incorporated in the standard diagnostic work-up. In addition, they can potentially serve as a useful outcome measure in upcoming clinical trials that target specific pathologies.

## ACKNOWLEDGMENTS

We thank the research participants and their families for their contribution to the study.

## FUNDING INFORMATION

The Dementia Research Centre is supported by Alzheimer's Research UK, Alzheimer's Society, Brain Research UK, and The Wolfson Foundation. This work was supported by the NIHR UCL/H Biomedical Research Centre, the Leonard Wolfson Experimental Neurology

Centre (LWENC) Clinical Research Facility, and the UK Dementia Research Institute, which receives its funding from UK DRI Ltd, funded by the UK Medical Research Council, Alzheimer's Society, and Alzheimer's Research UK. J. D. Rohrer is supported by an MRC Clinician Scientist Fellowship (MR/M008525/1) and has received funding from the NIHR Rare Disease Translational Research Collaboration (BRC149/NS/MH). This work was also supported by the MRC UK GENFI grant (MR/M023664/1); the Bluefield Project; the JPND GENFI-PROX grant (2019-02248); the Dioraphte Foundation (grant numbers 09-02-00); the Association for Frontotemporal Dementias Research Grant 2009; The Netherlands Organization for Scientific Research (NWO; grant HCMI 056-13-018); ZonMw Memorabel (Deltaplan Dementie, project numbers 733 050 103 and 733 050 813); JPND PreFrontAls consortium (project number 733051042). J. M. Poos is supported by a Fellowship award from Alzheimer Nederland (WE.15-2019.02). This work was conducted using the MRC Dementias Platform UK (MR/L023784/1 and MR/009076/1). Several authors of this publication are members of the European Reference Network for Rare Neurological Diseases - Project ID No 739510.

## CONFLICTS OF INTEREST

The authors have no conflicts of interest to declare.

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## SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of the article.

**How to cite this article:** Poos JM, Russell LL, Peakman G, et al. Impairment of episodic memory in genetic frontotemporal dementia: A GENFI study. *Alzheimer's Dement*. 2021;13:e12185. <https://doi.org/10.1002/dad2.12185>

## APPENDIX

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