

## Supplementary online material

# ECMO for severe acute respiratory distress syndrome: systematic review and individual patient data meta-analysis

### Authors:

Alain Combes, M.D., Ph.D.;<sup>1,2</sup> Giles J Peek, M.D., FRCS CTh.;<sup>3</sup> David Hajage, M.D., Ph.D.;<sup>4</sup> Pollyanna Hardy, MSc;<sup>5</sup> Darryl Abrams, M.D.;<sup>6,7</sup> Matthieu Schmidt, M.D., Ph.D.;<sup>1,2</sup> Agnès Dechartres, M.D., Ph.D.;<sup>4</sup> Diana Elbourne, Msc., Ph.D.<sup>8</sup>

### Authors affiliations:

<sup>1</sup> Sorbonne Université, INSERM, UMRS\_1166-ICAN, Institute of Cardiometabolism and Nutrition, F-75013 PARIS, France

<sup>2</sup> Service de médecine intensive-réanimation, Institut de Cardiologie, APHP Hôpital Pitié-Salpêtrière, F-75013 PARIS, France.

<sup>3</sup> University of Florida, Congenital Heart Center  
, Shands Children's Hospital, Gainesville, Florida, 32610, USA

<sup>4</sup> Sorbonne Université, INSERM, Institut Pierre Louis d'Epidémiologie et de Santé Publique, AP-HP.Sorbonne Université, Hôpital Pitié Salpêtrière, Département de Santé Publique, Centre de Pharmacoépidémiologie (Cephepi), CIC-1421, F75013, Paris, France

<sup>5</sup> Birmingham Clinical Trials Unit, University of Birmingham, Edgbaston, B15 2TT, UK.

<sup>6</sup> Columbia University College of Physicians & Surgeons/New York-Presbyterian Hospital, New York, NY, USA

<sup>7</sup> Center for Acute Respiratory Failure, Columbia University Medical Center, New York, NY, USA

<sup>8</sup> Medical Statistics Department, London School of Hygiene & Tropical Medicine, Keppel Street, London WC1E 7HT, UK.

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### Principal Investigator—Coordinator and Corresponding Author:

Alain Combes, MD, PhD,

Service de Médecine Intensive – Réanimation

Hôpital Pitié-Salpêtrière, Assistance Publique—Hôpitaux de Paris

Sorbonne Université, INSERM, UMRS\_1166-ICAN, Institute of Cardiometabolism and Nutrition

47, boulevard de l'Hôpital, F-75013 Paris, France

e-mail: [alain.combes@aphp.fr](mailto:alain.combes@aphp.fr)

## Supplementary online material

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# I. AUTHORS' CONTRIBUTIONS

Dr Combes had full access to all study data and takes responsibility for the integrity of the data and accuracy of the data analysis.

***Study concept and design:*** Combes, Peek, Hajage, Hardy, Dechartres, Elbourne.

***Acquisition, Analysis or interpretation of data:*** Combes, Peek, Hajage, Hardy, Abrams, Schmidt, Dechartres, Elbourne.

***First drafting of the manuscript-Writing committee:*** Combes, Peek, Hajage, Hardy, Abrams, Schmidt, Dechartres, Elbourne.

***Critical revision for important intellectual content and final approval of the manuscript:*** Combes, Peek, Hajage, Hardy, Abrams, Schmidt, Dechartres, Elbourne.

***Statistical analysis:***Hajage, Dechartres.

***Administrative, technical or material support:*** Combes, Peek, Hajage, Hardy, Dechartres, Elbourne.

***Study supervision:*** Combes, Peek, Hajage, Hardy, Dechartres, Elbourne.

## II. EOLIA AND CESAR TRIALS GROUPS

### 1. EOLIA

The EOLIA trial[1] was supported by the Direction de la Recherche Clinique et du Développement (DRCD), Assistance Publique–Hôpitaux de Paris (APHP), with a grant from the French Ministry of Health (Programme Hospitalier de Recherche Clinique number, PHRC 2009 081224), the EOLIA Trial Group, the Réseau Européen en Ventilation Artificielle (REVA) and the International ECMO Network (ECMONet, <http://www.internationalecmonetwork.org>).

#### **EOLIA collaborators:**

Combes A, Hajage D, Capellier G, Demoule A, Lavoué S, Guervilly C, Da Silva D, Zafrani L, Tirot P, Veber B, Maury E, Levy B, Cohen Y, Richard C, Kalfon P, Bouadma L, Mehdaoui H, Beduneau G, Lebreton G, Brochard L, Ferguson ND, Fan E, Slutsky AS, Brodie D, Mercat A, Annane D, Megarbane B, Dessap A, Chiche JD, Aissaoui N, Le Tulzo Y, Ricard JD, Vieillard-Baron A, Duranteau J, Jochmans S, Foucrier A, Mentec H, Lacave G, Ekpe K, Bornstain C, Fieux F, Alves M, Marque S, Chemouni F, Rigaud JP, Bousta M, Zogheib E, Pellegrino V, Herr D, Bacchetta M, Bréchet N, Chastre J, Hékimian G, Leprince P, D’Alessandro C, Luyt C, Nieszkowska A, Schmidt M, Trouillet JL, Fayssoil A, Maxime V, Lemiale V, Azoulay E, Deye N, Carteaux G, Belon F, Winiszewski H, Belin N, Charpentier J, Diehl JL, Commereuc M, Baudel JL, Ait Oufella H, Bigé N, Guidet B, Carpentier D, Doguet F, Gacouin A, Callahan JC, Landais M, Chudeau N, Le Moal C, Grelon F, Pierrot M, Papazian L, Roch A, Forel JM, Hraiech S, Adda M, Rambaud R, Coiffard B, Gaudry S, Messika J, Roux D, Dreyfuss D, Osman D, Anguel N, Guitard PG, Gouin P, Lamacz A, Lherm T, Gontier O, Ouchenir A, Audibert J, Conia A, Ben Salah A, Hamrouni M, Dres M, Mayaux J, Morawiec E, Prodanovic H, Repesse X, Timsit JF, Sonnevile R, Mourvillier B, Neuville M, Wolff M, Harrois A, Sy O, Alphonsine JE, Ellrodt O, Preda G, Ferreira L, Lainé L, De Montmollin E, Verdière B, Mémain N, Paugam-Burtz C, Mantz J, Bout H, Thirion M, Hilly-ginoux J, Oziel J, Stoelin A, Blot F, Borstain C, Outin H, Cronier P, Gazaigne L, Garçon P, Declercq PL, Frenoy E, Schnell G, Perdue Legendre E, Novy E, Auchet T, Tahon E,

Resiere D, Sabia M, Roques F, Dupont H, Roger PA, Cooper J, Board J, Vallance S, Boswell K, Tabatabai A, Sonett J, Agerstrand C, Abrams D, Keshavjee S, Cypel M.

## **2. CESAR**

The CESAR trial was supported by the UK NHS Health Technology Assessment, English National Specialist Commissioning Advisory Group, Scottish Department of Health, and Welsh Department of Health.

### **CESAR Collaborators**

R Adfield, S Ainley, E Allen, D Altman, C Armstrong, M Aslam, J Aulakh, F Bage, A Bailey, K Bailey, D Bagnall, J Baldwin, F Barchard, L Barton, J Bean, JM Bellin, S Bennett, M Bennett, K Berry, F Bertasius, B Bray, E Britton-Smith, L Burgoyne, J Cadwallader, G Calder, C Calder, M Calleja, J Cardy, B Carr, J Chambers, P Chambers, A Chan, F Clemens, L Clements, E Coates, A Collins, JR Colvin D Connolly, W Cook, H Cooper, N Cooper, K Coulson, C Crocker, A Culpepper, GL Dabuco, L Davies, J Davies, T Dexter, K Diallo, J Dickson, W Doherty, R Doll, Y Doyle, M Drummond, P Duncan, M Dunlop, D Edbrooke, WC Edmondson, D Elbourne, M Esmail, L Evans, T Evans J Everatt, G Faulkner, J Fawcett, D Field, G Findlay, R Firmin, D Francis, M Garfield, M Garrioch, D Goldhill, S Gower, K Greatorex, P Grice, V Gupta, B Gutteridge, P Hale, D Handley, I Hamilton, P Hardy, C Harland, D Harling, P Harris, R Harris, S Harris, C Harvey, J Hawkins, J Herring, C Hibbert, D Higgins, J Hilton, S Holden, A Holmes, S Holbeck, M Hope, J Hunter, E Hutcheon, JD Hutchinson, A Jackson D Jayson, E Jones, N Jones, BJ Jenkins, B Keeling, L Kehoe D Kelly, D Kennedy, M Kermack, D Kerr, H Killer, A King, V Knights, R Kyte, T Leach, CA Lee, J Lee, W Lee, G Levens, M Levitt, J Lewis, J Little, R Lo, M Longshaw, T Mason, G Masterson, D Macrae, E Maggs, S Maisey, S Maguire, K Marchant, L Morgan, A Markham, L Marriot, A Martin, N Mathew, F McAuley, C McCulloch, J McHugh, V McLean, G McMillan, C McMullen, G McPherson, S Michael, K Miller, J Morton, M Mugford, D Muir, W Nganasurian, D Niblett, A Normington, S Nourse, P Oats, I O'Connor, D O'Malley, J O'Riordan, K Owen, V Page, M Parfitt, M Patten, G Peek, M Pepperman, D Piercy, M Platt, K

Price, W Price, H Proctor, T Proctor, L Randall, A Read, H Reading, J Redfern, R Reeves, J Rhodes, C Richardson, J Rigg, P Ritchie, C Roberts, K Roberts, N Roberts, S Robertson, M Ross, T Rowan, H Rymell, R Saad, T Samuel, J Sanderson-Mann, T Schiavone, J Scott, J Scriven, L Shaikh, R Sharawi, E Shearer, A Sheward, P Sinfield, P Sigston, R Slater, I Smith, L Smith, M Smith, M Smith, N Smith, S Smith, M Smithies, S Snelson, AW Sosnowski, P Spiers, M Spittal, T Stambach, B Soutar, J Sutherland, S Swire, S Tabener, C Tarrant, A Tattersfield, C Taylor, I Taylor, M Taylor, A Tebbat, B Tehan, M Thalanany, L Thomas, J Thomas, J Thomas, A Tinsley, R Tiruvoipati, K Tomlin, G Toovey, A Truesdale, D Turner, A Turley, P Tyler, L Twohey, N Volpe, L Wadsworth, C Wareham, H Watkinson, D Watson, C Waldmann, A Walker, G Walker, J Webb, N Webster, S Westwell, M Willis, A Wilson, L Williams, L Woodbridge, P Wootton, N Worrall, RP Wroth.

### **III. SUPPLEMENTARY DATA**

#### **1. METHODS**

##### **Ethical Aspects**

The study protocol for the systematic review and IPD meta-analysis was approved by the relevant independent ethics committees: in France, Comité de Protection des Personnes CPP Ile de France VI, Pitié-Salpêtrière, on 04/19/2018, Ref #12 and in the UK by the Ethics committee of the London School of Hygiene and Tropical Medicine, on 04/12/2019, LSHTM Ethics Ref: 17159.

Only patient characteristics and outcomes already evaluated in the trials were combined in this systematic review and meta-analysis.

##### **Study Design**

The protocol followed the Preferred Reporting Items for Systematic reviews and Meta-Analyses for Protocols (PRISMA-P) and was registered in PROSPERO (CRD42019130034).

##### **Eligibility criteria**

###### ***Type of Studies***

We included only randomised controlled trials (RCTs) published or whose primary completion date is after 2000. This choice is justified by major progress in intensive care treatment in general and in ECMO techniques in particular that have considerably modified the prognosis of patients.[2] We considered all types of RCTs whether they are published or not and whatever their language of publication.

###### ***Population***

We included trials of patients with ARDS fulfilling the American–European Consensus Conference definition[3] or the Berlin definition for ARDS,[4] who were endotracheally intubated and who had signs of severe hypoxemia or hypercapnia.

We excluded trials involving only patients aged <18 years; with mechanical ventilation for >7 days; pregnancy; weight >1 kg/cm (height), or body mass index >45 kg/square meter; long-term chronic respiratory insufficiency treated with oxygen therapy or non-invasive ventilation; cardiac failure requiring venoarterial-ECMO; history of heparin-induced thrombocytopenia; malignancy with life expectancy <5 years; patient moribund on the day of randomisation or with a simplified acute physiology score (SAPS II) >90; non-drug–induced coma following cardiac arrest; irreversible neurological injury; decision to withhold or withdraw life-sustaining therapies; expected difficulty in obtaining vascular access for ECMO in the femoral or jugular vein; or ECMO device not immediately available.

### ***Intervention in the Experimental Group***

We included trials evaluating in the experimental group early veno-venous cannulation and ECMO initiation with adjustment of mechanical ventilator settings to allow low-volume, low-pressure ventilation.

### ***Intervention in the Control Group***

We included trials evaluating in the control group conventional ventilatory management.

## **Data Sources**

### ***Electronic Search***

We searched MEDLINE via PubMed, EMBASE and the Cochrane Central Register of Controlled Trials (Central) from 2000 (see justification above) to 30 September 2019 using a search algorithm



developed for the purpose of this study and adapted to each database. The search algorithm included both key-words relevant to this topic and free text words as well as the sensitive filter developed by the Cochrane Collaboration to identify RCTs. The search algorithm for MEDLINE via PubMed is reported in Table S1.

We also searched trial registries including ClinicalTrials.gov and the International Clinical Trial Registry Platform (ICTRP) for completed and ongoing trials.

### ***Additional Searches***

We screened conference proceedings of major critical care societies (American Thoracic Society (ATS), European Society of Intensive Care Medicine (ESICM), Society of Critical Care Medicine (SCCM) and International Symposium on Intensive Care and Emergency Medicine (ISICEM) for the last 5 years.

We also screened reference lists of identified articles as well as systematic or narrative reviews on the topic and contact experts for further eligible trials.

### **Selection Process**

Selection was conducted by two independent reviewers (DA and MS) on titles and abstracts first and then, on the full text. Any discrepancies between the reviewers was discussed with the help of a third reviewer whenever necessary to reach a consensus on studies to be included.

Endnote (Thomson Reuters) was used to manage references and conduct the selection process.

### **Data Collection Process**

For each included RCT, the corresponding author was contacted by email to request individual patient data. The members of the team conducted the two most important RCTs in the topic (EOLIA[1] and CESAR[5]). For each RCT, we asked for fully anonymized IPD for all randomised participants as well as format, coding and signification of any variables. To check data and ensure reproducibility of results, we re-analyzed each included trial in collaboration with each principal investigator, data manager and statistician. In particular, we evaluated data consistency and completeness as well as baseline imbalance (for risk of bias assessment as detailed below). We reviewed the individual study protocols, case report forms and definition of variables to harmonize databases. Whenever necessary, we transformed variables to have homogeneous variable coding across trials in order to merge IPD into one single database.

We planned a strategy in case we identified eligible RCTs but could not obtain individual patient data but this situation was not encountered. Two reviewers would have independently extracted for each outcome of interest, aggregated data from the full text of each RCT with discrepancies solved by discussion with the help of a third reviewer whenever necessary. We would conduct a sensitivity analysis to account for these trials using a two-step approach.

### **Risk of Bias**

For each eligible RCT, risk of bias was evaluated independently by two reviewers using the updated version of the Risk of bias tool developed by the Cochrane Collaboration[6] ([www.cochrane.org](http://www.cochrane.org)). We initially planned to use the first version of the tool but the updated version was made available while we were conducting this systematic review and we decided to use this updated version. We evaluated the following domains: risk of bias arising from the randomisation process (using full-text articles and IPD), risk of bias due to deviations from the intended interventions (using full-text articles and protocols), risk of bias due to missing outcome data (using full-text articles and IPD),

risk of bias in measurement of the outcome (using full-text articles and protocols), risk of bias in selection of the reported result (using full-text articles, protocols and registration). We focused on our primary outcome for this evaluation.

### **Study Outcomes and planned analyses**

The primary endpoint was mortality 90 days after randomisation in the intention-to-treat population.

The following outcomes were defined as secondary endpoints of interest: time to death up to 90 days after randomisation, treatment failure up to 90 days, defined as crossover to ECMO or death for patients in the control group, and death for patients in the ECMO group, number of days alive and out of hospital, between randomisation and day 90, number of days alive without mechanical ventilation, renal replacement therapy and vasopressor support between randomisation and day 90. Other secondary outcomes included mortality at 28 and 60 days after randomisation, number of days alive and out of the ICU between randomisation and day 90, number of days alive without respiratory failure, neurological failure, cardiovascular failure, liver failure, renal failure and coagulation failure, defined as the corresponding component sequential organ failure assessment (SOFA) score greater than 2 between randomisation and day 90.

Description of patients' management in each group included duration of ECMO support up to 90 days, durations of ICU and hospital stay, rate of patients who received and duration of inhaled nitric oxide, recruitment maneuvers, prone position, high frequency oscillation ventilation, almitrine infusion and low-volume low-pressure ventilation strategy up to 90 days post-randomisation. Causes of death were analyzed and deaths directly attributed to the ECMO procedure were defined as those occurring in the setting of ECMO-device failure: massive gas emboli, cardiac arrest due to massive circuit clotting, septic shock due to ECMO cannulation-site infection, cerebral or meningocerebral hemorrhage, pneumothorax during cannula insertion, or massive hemorrhage requiring transfusion of

at least  $\geq 10$  units of pack red blood cells. Safety outcomes included: pneumothorax, stroke, ECMO cannula insertion-site infections, cannula thrombosis, ECMO circuit change, intravascular hemolysis, ventilator-associated pneumonia, severe hemorrhagic complications and red blood cells transfusion.

Only outcomes already evaluated in trials were combined in meta-analyses. There were no additional data collected for this systematic review and individual patient data meta-analysis.

### **Study Outcomes Modified or Not Evaluated in Meta-Analysis Because of Unavailability in Included Studies**

Because only two trials were eligible and included, we combined in the meta-analysis only predefined outcomes available in both trials. In EOLIA,[1] the day-by-day follow-up was limited to Day 60, except for mortality, mechanical ventilation, and ICU/hospital duration. Thus, the time-frame was shrunk up to day 60 for the following outcomes: number of days alive without RRT, number of days alive without vasopressors, number of days alive without respiratory failure, number of days alive without neurological failure, and number of days alive without cardiovascular failure.

Number of days alive without liver failure, number of days alive without renal failure, and number of days alive without coagulation failure were not available in the CESAR study,[5] these outcomes were thus excluded from the meta-analysis.

### **Statistical Analysis**

The statistical analysis was performed for each outcome of interest using individual patient data. An intention-to-treat analysis was used for all outcomes, whereby all randomised patients were analyzed in the groups to which they were randomised. The measures of treatment effect were risk ratios for binary outcomes, hazard ratios for time-to-event outcomes and mean differences for quantitative

outcomes. The primary endpoint, mortality up to 90 days, was defined as a binary outcome. For the primary endpoint, the analysis involved both one step (as primary analysis) and two steps (as sensitivity analysis) methods. In the one step method, we analyzed all studies simultaneously to obtain the combined treatment effect with 95% CIs and p-values by using a generalized linear mixed effect model to account for the clustering of data within each trial with a random effect. In the two steps method, we first analyzed separately each study using IPD before combining them using a random effects meta-analysis model to account for variability between studies. For convenience reasons and due to the number of analyses, only the two-step method was used for all secondary endpoints. Heterogeneity was evaluated with the Cochran's Q-test,  $I^2$  and between study variance  $\tau^2$ . Survival curves for the time to death up to 90 days were generated using IPD and the Kaplan-Meier method.

Sensitivity analyses according to different populations of analysis (per-protocol, as-treated) were conducted. The per-protocol population included all randomised patients having received the treatment attributed by randomisation (i.e., patients having received ECMO in the ECMO arm and patients not having ECMO in the control arm). The as-treated population compared patients receiving ECMO to those who did not receive ECMO, whatever the randomisation arm. We planned a sensitivity analysis excluding trials at high risk of bias for each domain but we did not conduct it because only two trials were included and because they were judged at low risk of bias.

We explored whether the effect of ECMO on 90 day mortality varies according to the following baseline characteristics: age, gender, partial pressure of oxygen in arterial blood/fraction of inspired oxygen (PaO<sub>2</sub>/FIO<sub>2</sub>), interval between initiation of mechanical ventilation and randomisation, driving pressure, respiratory system compliance, positive end-expiratory pressure (PEEP), pH, number of organs failed, Murray score, acute physiology score and chronic health (APACHE) II or SAPS II predicted mortality, pneumonia vs. other etiologies of ARDS and use of prone position. For each subgroup, the treatment-subgroup interaction was tested in the one step

model. For quantitative baseline characteristics, we used the median values to define the subgroups. All these subgroup analyses (except for the subgroup of patients who received lung protective ventilation) were preplanned as registered in the PROSPERO database (CRD42019130034). We added a post hoc exploratory analysis of 90-d mortality restricted to patients having received lung protective ventilation. Alpha risk was set at 5%. We defined a single primary outcome and did not correct alpha risk for multiple testing. As such all secondary outcomes, subgroup and sensitivity analyses should be considered as exploratory. All analyses involved use of R version 3.6.1.

### **Grading of the Evidence**

For each key outcome (the primary outcome and the 6 most important prespecified secondary outcomes), the quality of evidence was graded using the Grading of Recommendations, Assessment, Development and Evaluations (GRADE) approach and GRADEpro GDT ((GRADEpro GDT: GRADEpro Guideline Development Tool [Software]. McMaster University, 2015 (developed by Evidence Prime, Inc.). Available from [gradepro.org](http://gradepro.org)). A summary of findings table (Table S5) summarizes these results.

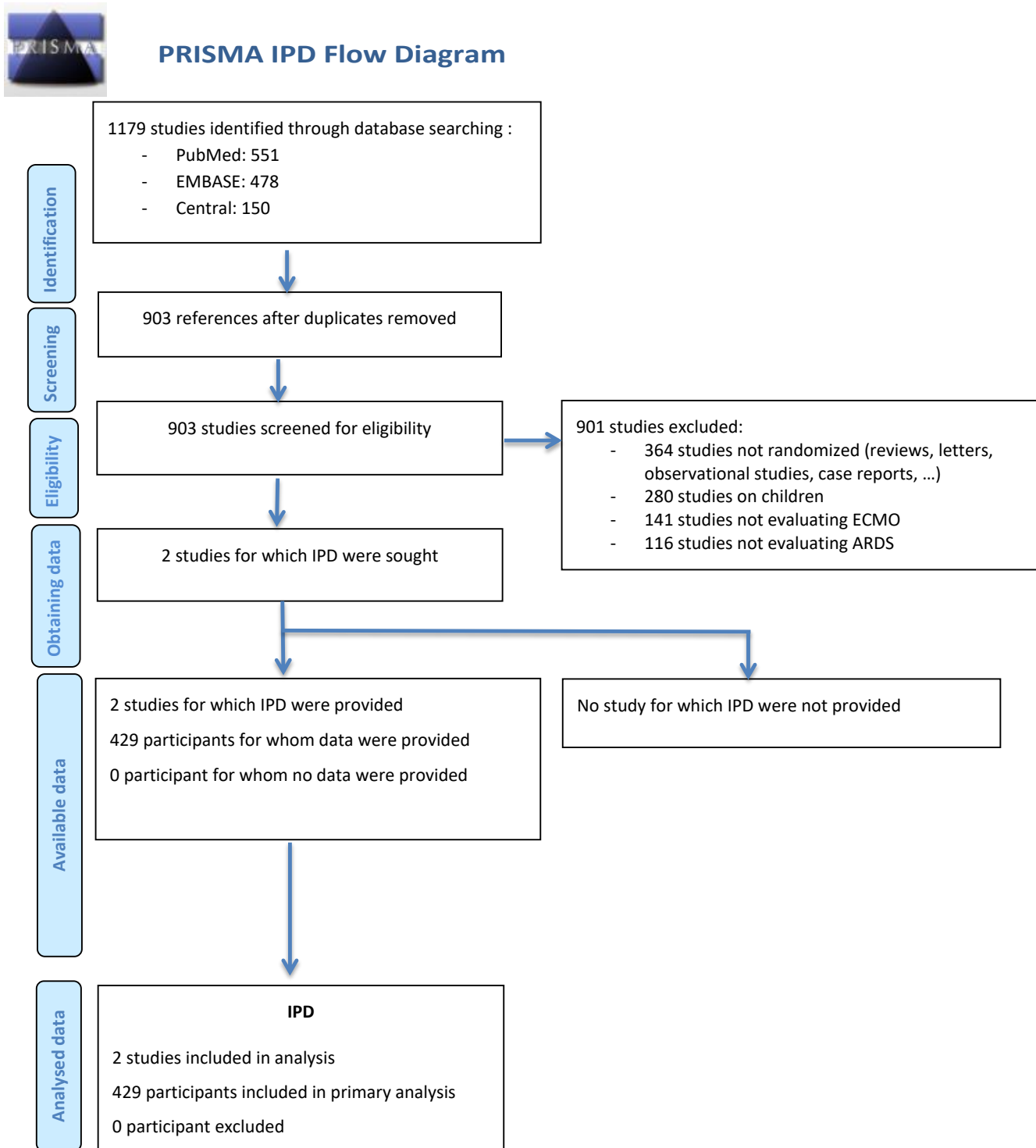
The primary outcome was mortality up to 90 days after randomisation. The 6 most relevant secondary outcomes were defined as:

- Time to death up to 90 days after randomisation;
- Treatment failure up to 90 days, defined as crossover to ECMO or death for patients in the control group, and death for patients in the ECMO group;
- Number of days alive and out of hospital, between randomisation and day 90;
- Number of days alive without mechanical ventilation between randomisation and day 90;
- Number of days alive without renal replacement therapy between randomisation and day 90;
- Number of days alive without vasopressor support between randomisation and day 90.



## 2. FIGURES

**Figure 1. Flow chart of study selection.**



The PRISMA IPD flow diagram

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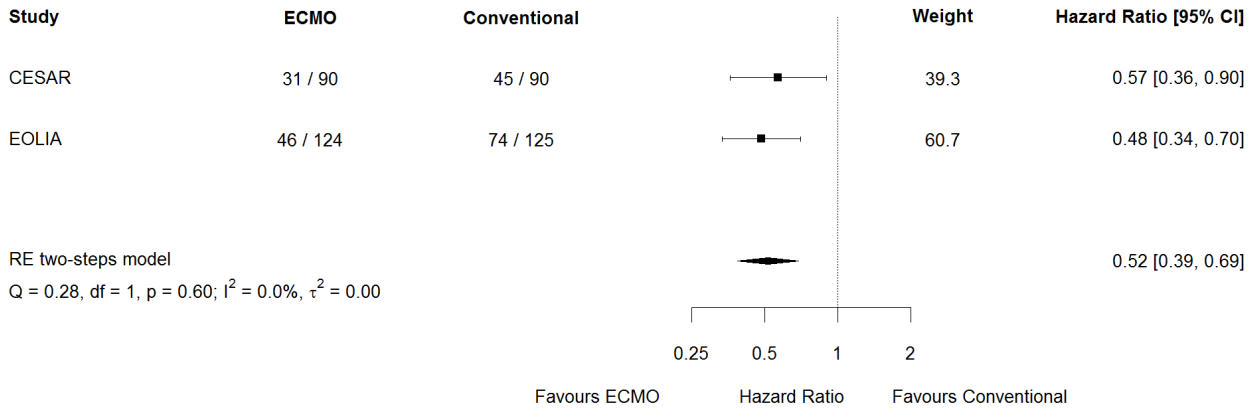


**eFigure 2. Risk of bias in the trials included in the analysis.**

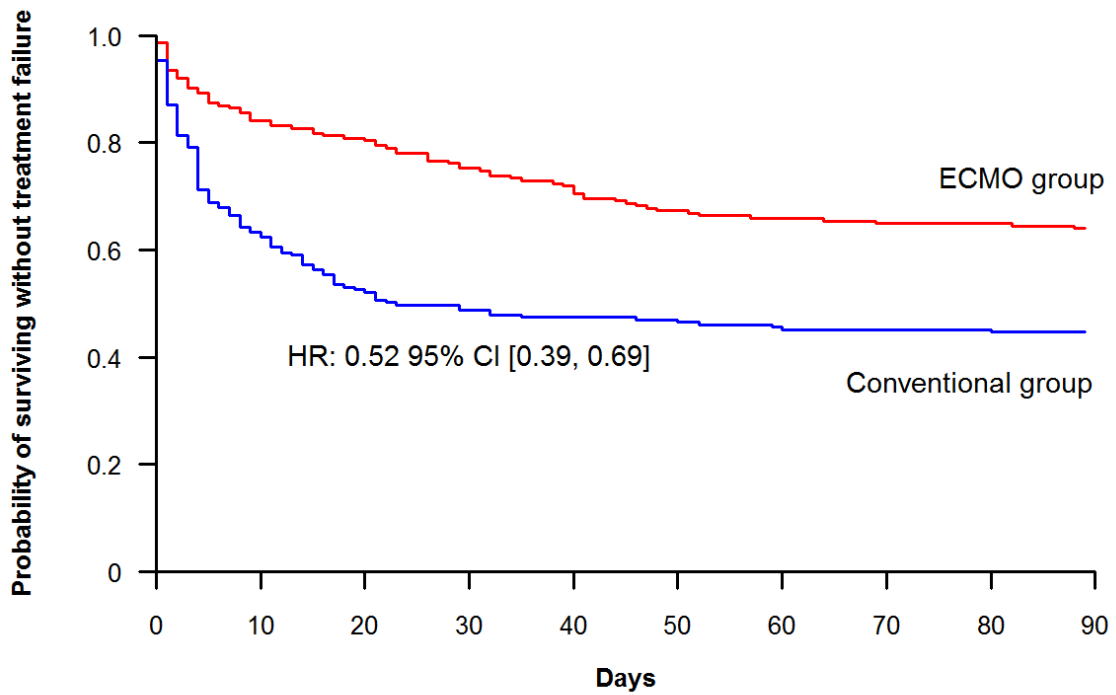


**eFigure 3. Forest plot (A) and Kaplan–Meier survival estimates (B) in the intention-to-treat population of the time to treatment failure within the first 90 study days.**

**A**



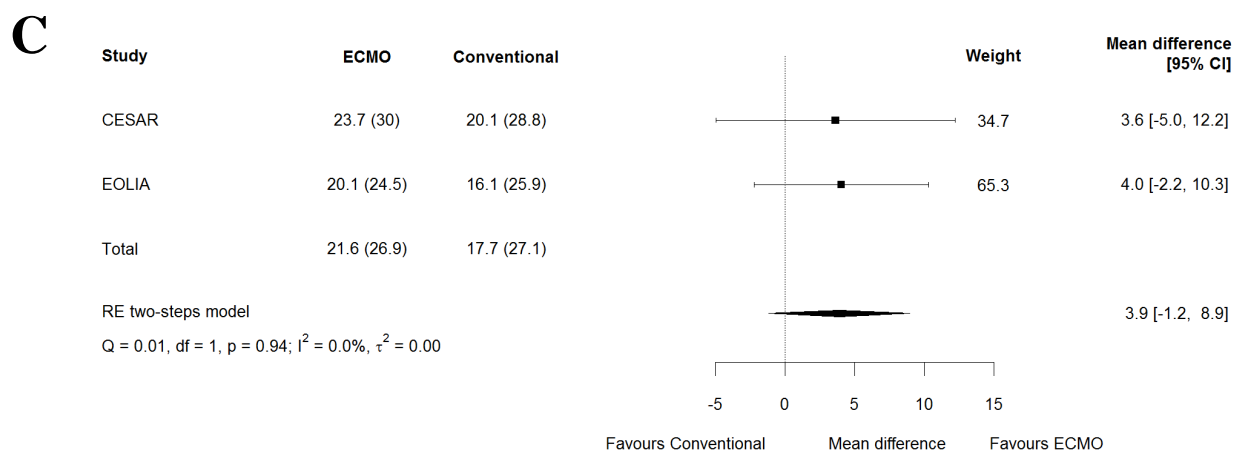
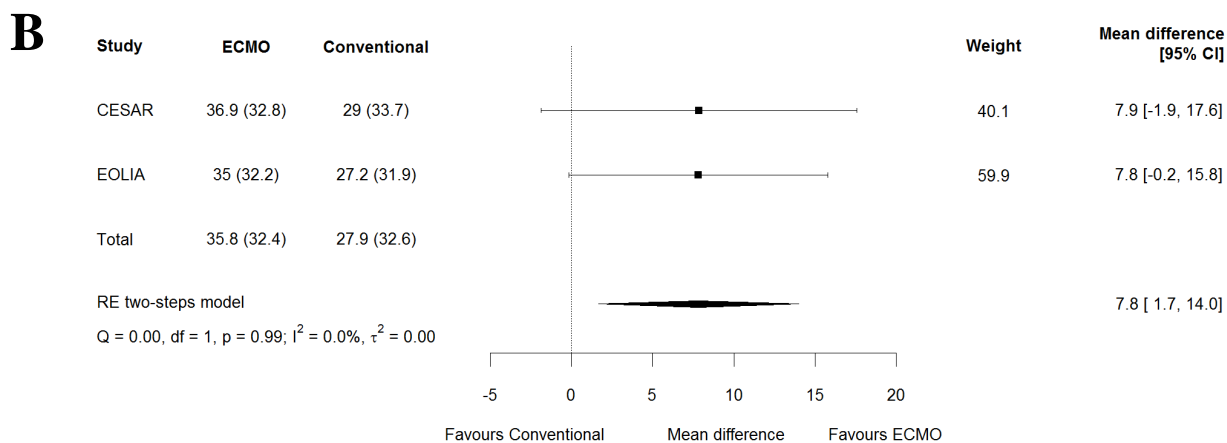
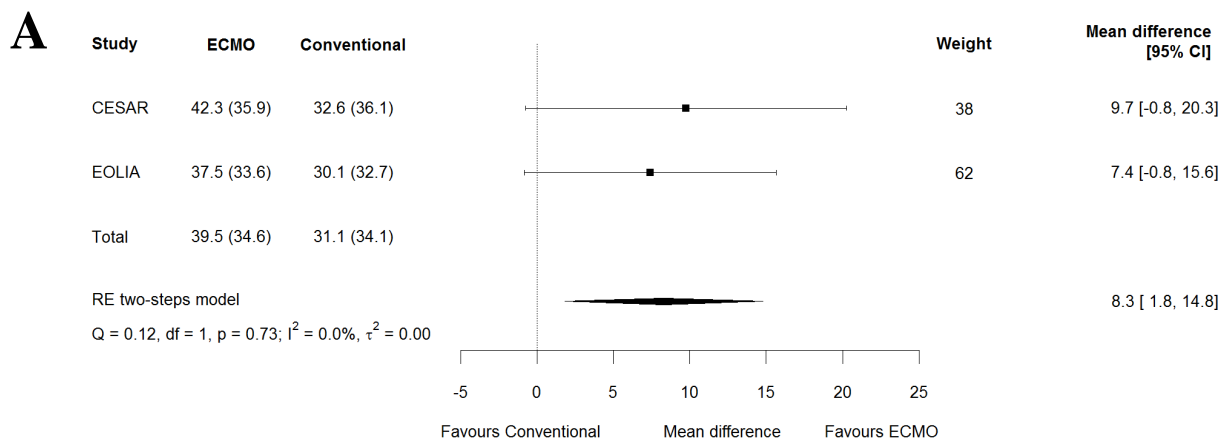
**B**



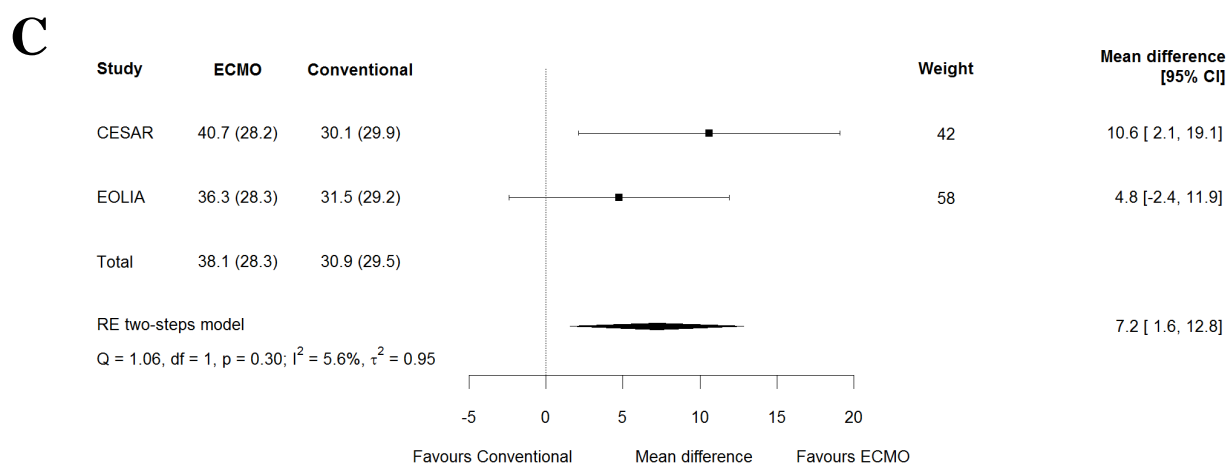
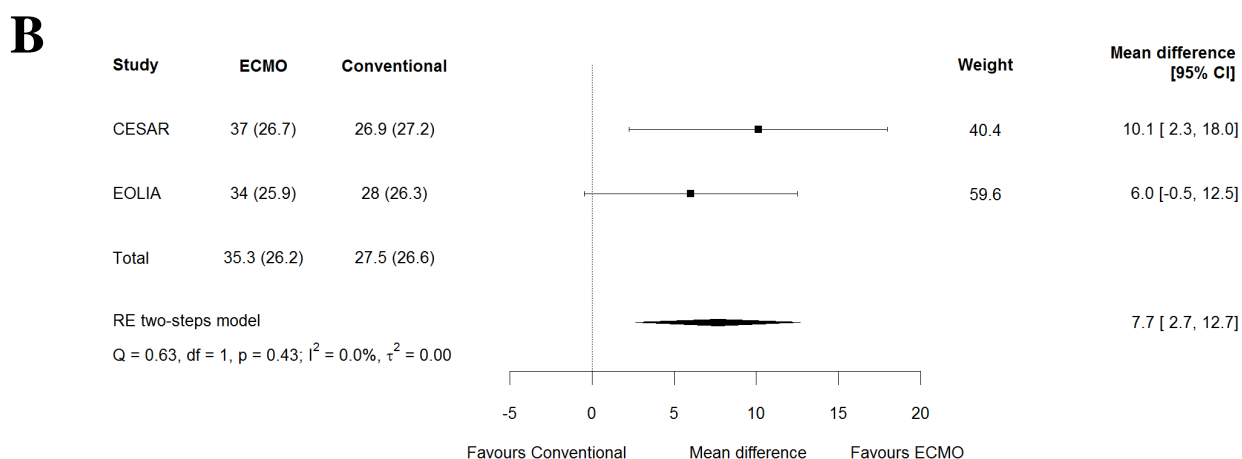
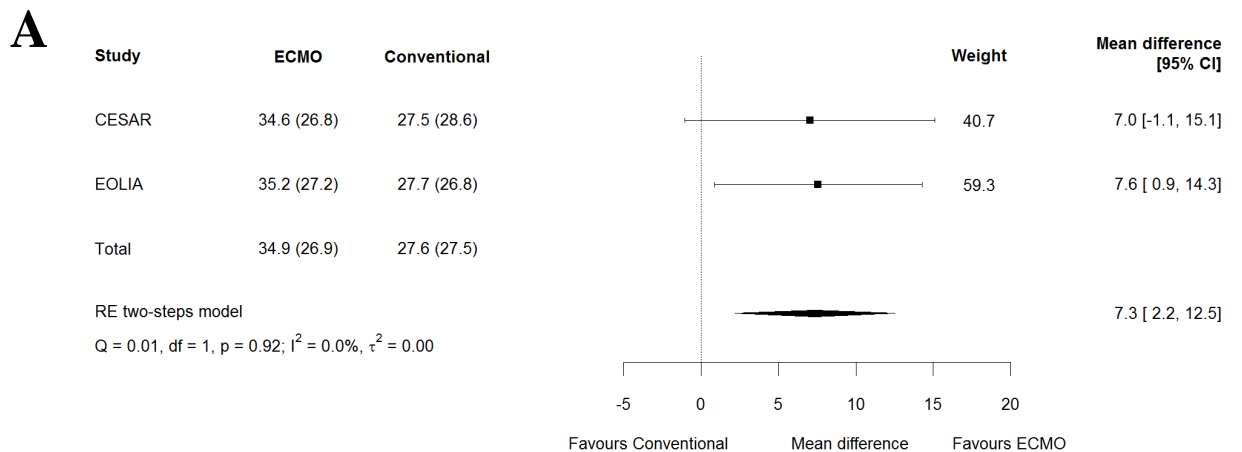
**No. at risk**

ECMO	214	180	173	161	154	144	141	139	139	137
Conventional	215	136	113	105	102	101	98	97	97	96

**eFigure 4. 90-day free-days of mechanical ventilation (A), ICU (B), and hospital (C).**

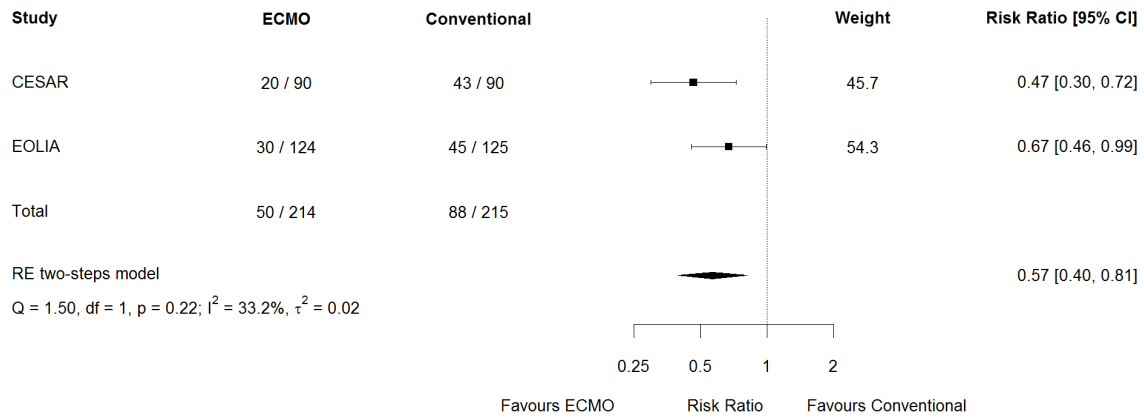


**eFigure 5. 60-day free-days of renal replacement therapy (A), vasopressors (B), and neurological failure (C).** Neurological failure was defined by the number of days without neurological depression requiring system monitoring/support' in CESAR study and the neurologic component of the sequential organ failure assessment (SOFA) score greater than 2.

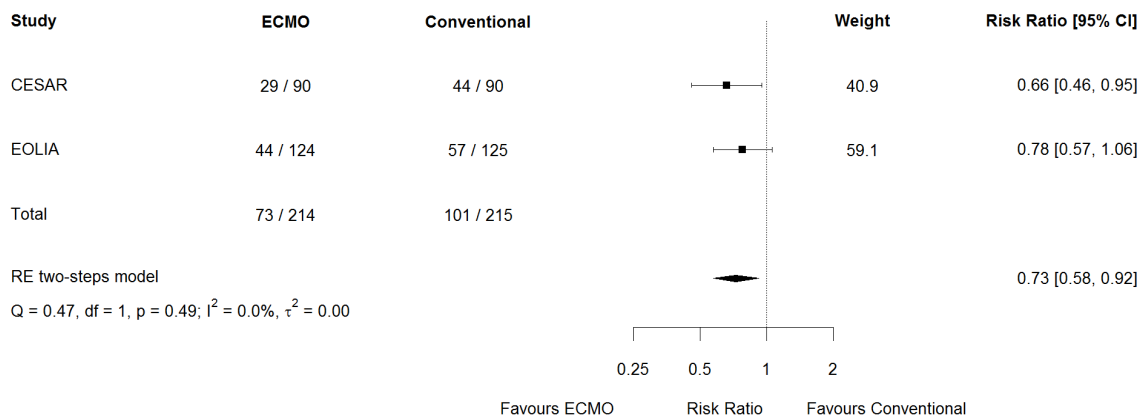


**eFigure 6. Forest plot of 28-day (A) and 60-day (B) mortality in the intention-to-treat population.**

**A**

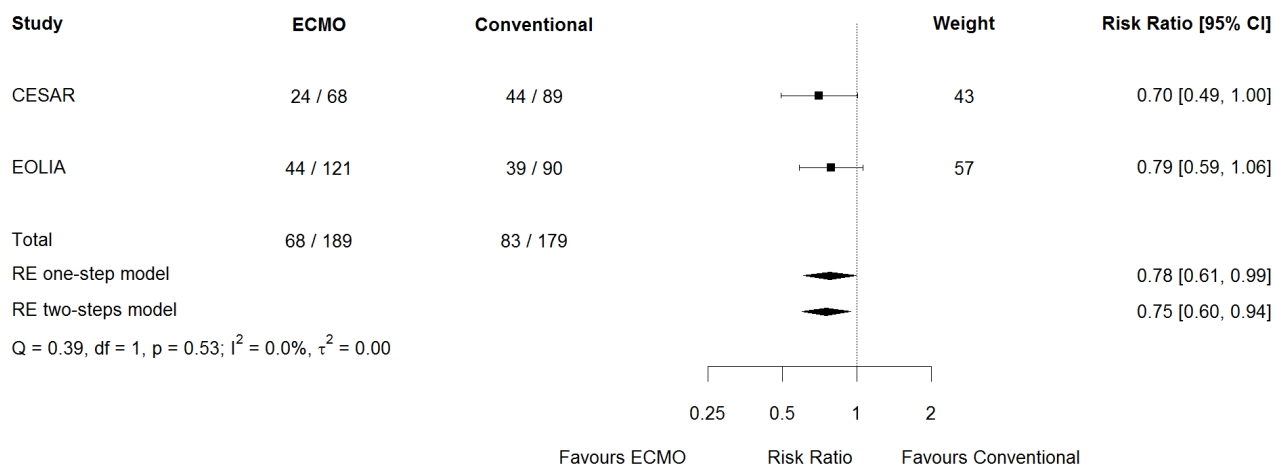


**B**

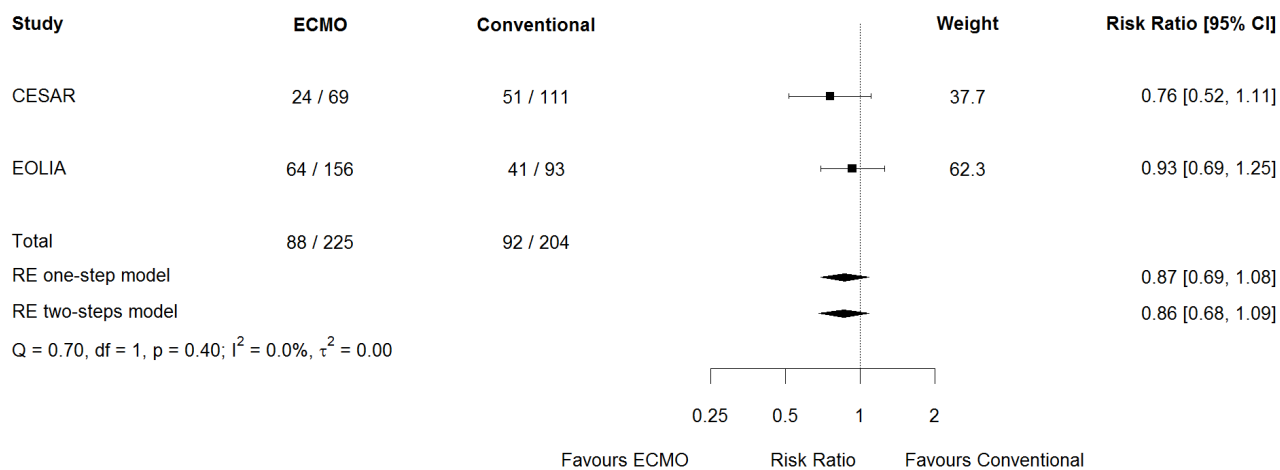


**eFigure 7. Forest plot of 90-day mortality for per-protocol (A) and as-treated (B) populations.**

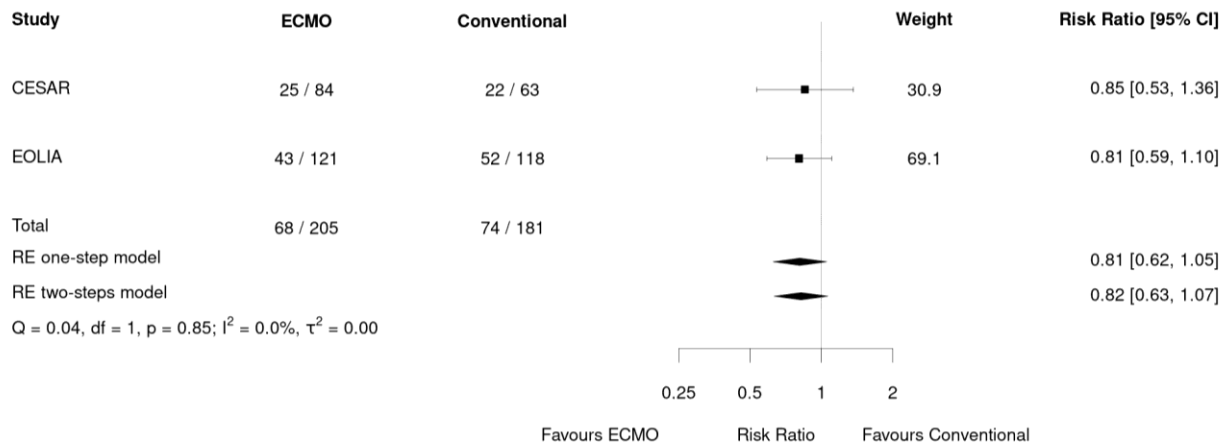
**A**



**B**



**eFigure 8. Post-hoc analysis of 90-day mortality in the subgroup of patients who received lung protective ventilation.**



### 3. TABLES

**eTable 1. PRISMA-IPD checklist of items to include when reporting a systematic review and meta-analysis of individual participant data (IPD).**

PRISMA-IPD Section/topic	Item No	Checklist item	Reported on page
<b>Title</b>			
Title	1	Identify the report as a systematic review and meta-analysis of individual participant data.	1
<b>Abstract</b>			
Structured summary	2	Provide a structured summary including as applicable:	4
		<b>Background:</b> state research question and main objectives, with information on participants, interventions, comparators and outcomes.	4
		<b>Methods:</b> report eligibility criteria; data sources including dates of last bibliographic search or elicitation, noting that IPD were sought; methods of assessing risk of bias.	4
		<b>Results:</b> provide number and type of studies and participants identified and number (%) obtained; summary effect estimates for main outcomes (benefits and harms) with confidence intervals and measures of statistical heterogeneity. Describe the direction and size of summary effects in terms meaningful to those who would put findings into practice.	4
		<b>Discussion:</b> state main strengths and limitations of the evidence, general interpretation of the results and any important implications.	4
		<b>Other:</b> report primary funding source, registration number and registry name for the systematic review and IPD meta-analysis.	5
<b>Introduction</b>			
Rationale	3	Describe the rationale for the review in the context of what is already known.	6
Objectives	4	Provide an explicit statement of the questions being addressed with reference, as applicable, to participants, interventions, comparisons, outcomes and study design (PICOS). Include any hypotheses that relate to particular types of participant-level subgroups.	6
<b>Methods</b>			



Protocol and registration	5	Indicate if a protocol exists and where it can be accessed. If available, provide registration information including registration number and registry name. Provide publication details, if applicable.	7
Eligibility criteria	6	Specify inclusion and exclusion criteria including those relating to participants, interventions, comparisons, outcomes, study design and characteristics (e.g. years when conducted, required minimum follow-up). Note whether these were applied at the study or individual level i.e. whether eligible participants were included (and ineligible participants excluded) from a study that included a wider population than specified by the review inclusion criteria. The rationale for criteria should be stated.	7 Suppl. 7-8
Identifying studies - information sources	7	Describe all methods of identifying published and unpublished studies including, as applicable: which bibliographic databases were searched with dates of coverage; details of any hand searching including of conference proceedings; use of study registers and agency or company databases; contact with the original research team and experts in the field; open adverts and surveys. Give the date of last search or elicitation.	7 Suppl. 7-8
Identifying studies - search	8	Present the full electronic search strategy for at least one database, including any limits used, such that it could be repeated.	eTable 2
Study selection processes	9	State the process for determining which studies were eligible for inclusion.	7 Suppl. 7-8
Data collection processes	10	Describe how IPD were requested, collected and managed, including any processes for querying and confirming data with investigators. If IPD were not sought from any eligible study, the reason for this should be stated (for each such study).	7; Suppl. 7-8
		If applicable, describe how any studies for which IPD were not available were dealt with. This should include whether, how and what aggregate data were sought or extracted from study reports and publications (such as extracting data independently in duplicate) and any processes for obtaining and confirming these data with investigators.	NA
Data items	11	Describe how the information and variables to be collected were chosen. List and define all study level and participant level data that were sought, including baseline and follow-up information. If applicable, describe methods of standardising or translating variables within the IPD datasets to ensure common scales or measurements across studies.	Suppl. 8
IPD integrity	A1	Describe what aspects of IPD were subject to data checking (such as sequence generation, data consistency and completeness, baseline imbalance) and how this was done.	Suppl. 7-9
Risk of bias assessment in individual studies.	12	Describe methods used to assess risk of bias in the individual studies and whether this was applied separately for each outcome. If applicable, describe how findings of IPD checking were used to inform the assessment. Report if and how risk of bias assessment was used in any data synthesis.	7 Suppl. 10

Specification of outcomes and effect measures	13	State all treatment comparisons of interests. State all outcomes addressed and define them in detail. State whether they were pre-specified for the review and, if applicable, whether they were primary/main or secondary/additional outcomes. Give the principal measures of effect (such as risk ratio, hazard ratio, difference in means) used for each outcome.	7-8 Suppl. 11-12
Synthesis methods	14	Describe the meta-analysis methods used to synthesize IPD. Specify any statistical methods and models used. Issues should include (but are not restricted to): <ul style="list-style-type: none"> <li>• Use of a one-stage or two-stage approach.</li> <li>• How effect estimates were generated separately within each study and combined across studies (where applicable).</li> <li>• Specification of one-stage models (where applicable) including how clustering of patients within studies was accounted for.</li> <li>• Use of fixed or random effects models and any other model assumptions, such as proportional hazards.</li> <li>• How (summary) survival curves were generated (where applicable).</li> <li>• Methods for quantifying statistical heterogeneity (such as <math>I^2</math> and <math>\tau^2</math>).</li> <li>• How studies providing IPD and not providing IPD were analysed together (where applicable).</li> <li>• How missing data within the IPD were dealt with (where applicable).</li> </ul>	8-9 Suppl. 12-14
Exploration of variation in effects	A2	If applicable, describe any methods used to explore variation in effects by study or participant level characteristics (such as estimation of interactions between effect and covariates). State all participant-level characteristics that were analysed as potential effect modifiers, and whether these were pre-specified.	9 Suppl. 13
Risk of bias across studies	15	Specify any assessment of risk of bias relating to the accumulated body of evidence, including any pertaining to not obtaining IPD for particular studies, outcomes or other variables.	
Additional analyses	16	Describe methods of any additional analyses, including sensitivity analyses. State which of these were pre-specified.	9 Suppl. 13
<b>Results</b>			
Study selection and IPD obtained	17	Give numbers of studies screened, assessed for eligibility, and included in the systematic review with reasons for exclusions at each stage. Indicate the number of studies and participants for which IPD were sought and for which IPD were obtained. For those studies where IPD were not available, give the numbers of studies and participants for which aggregate data were available. Report reasons for non-availability of IPD. Include a flow diagram.	9 eFig 1
Study characteristics	18	For each study, present information on key study and participant characteristics (such as description of interventions, numbers of participants, demographic data, unavailability of outcomes, funding source, and if applicable duration of follow-up). Provide (main) citations for each study. Where applicable, also report similar study characteristics for any studies not providing IPD.	eTable 4

IPD integrity	A3	Report any important issues identified in checking IPD or state that there were none.	NA
Risk of bias within studies	19	Present data on risk of bias assessments. If applicable, describe whether data checking led to the up-weighting or down-weighting of these assessments. Consider how any potential bias impacts on the robustness of meta-analysis conclusions.	9 eFig 2
Results of individual studies	20	For each comparison and for each main outcome (benefit or harm), for each individual study report the number of eligible participants for which data were obtained and show simple summary data for each intervention group (including, where applicable, the number of events), effect estimates and confidence intervals. These may be tabulated or included on a forest plot.	Fig 1 eFig 2-6
Results of syntheses	21	Present summary effects for each meta-analysis undertaken, including confidence intervals and measures of statistical heterogeneity. State whether the analysis was pre-specified, and report the numbers of studies and participants and, where applicable, the number of events on which it is based.	Fig 1 eFig 2-6
		When exploring variation in effects due to patient or study characteristics, present summary interaction estimates for each characteristic examined, including confidence intervals and measures of statistical heterogeneity. State whether the analysis was pre-specified. State whether any interaction is consistent across trials.	
		Provide a description of the direction and size of effect in terms meaningful to those who would put findings into practice.	
Risk of bias across studies	22	Present results of any assessment of risk of bias relating to the accumulated body of evidence, including any pertaining to the availability and representativeness of available studies, outcomes or other variables.	10
Additional analyses	23	Give results of any additional analyses (e.g. sensitivity analyses). If applicable, this should also include any analyses that incorporate aggregate data for studies that do not have IPD. If applicable, summarise the main meta-analysis results following the inclusion or exclusion of studies for which IPD were not available.	10-11
<b>Discussion</b>			
Summary of evidence	24	Summarize the main findings, including the strength of evidence for each main outcome.	12
Strengths and limitations	25	Discuss any important strengths and limitations of the evidence including the benefits of access to IPD and any limitations arising from IPD that were not available.	13-14

Conclusions	26	Provide a general interpretation of the findings in the context of other evidence.	14-15
Implications	A4	Consider relevance to key groups (such as policy makers, service providers and service users). Consider implications for future research.	14-15
<b>Funding</b>			
Funding	27	Describe sources of funding and other support (such as supply of IPD), and the role in the systematic review of those providing such support.	15

**A1 – A3 denote new items that are additional to standard PRISMA items. A4 has been created as a result of re-arranging content of the standard PRISMA statement to suit the way that systematic review IPD meta-analyses are reported.**

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**eTable 2. Search algorithm for the MEDLINE via PubMed search.**

1. Extracorporeal membrane oxygenation [mh]
2. “Extracorporeal membrane oxygenation” [tiab]
3. ECMO [tiab]
4. “extracorporeal life support” [tiab]
5. “extracorporeal gas exchange” [tiab]
6. respiratory insufficiency [mh]
7. Respiratory distress syndrome, adult [mh]
8. “respiratory insufficiency” [tiab]
9. “respiratory failure” [tiab]
10. “respiratory distress syndrome” [tiab]
11. randomized controlled trial [pt]
12. controlled clinical trial [pt]
13. randomized [tiab]
14. placebo [tiab]
15. drug therapy [sh]
16. randomly [tiab]
17. trial [tiab]
18. groups [tiab]
19. 11 OR 12 OR 13 OR 14 OR 15 OR 16 OR 17 OR 18
20. animals [mh] NOT humans [mh]
21. 19 NOT 20
- 22 1 OR 2 OR 3 OR 4 OR 5
- 23 6 OR 7 OR 8 OR 9 OR 10
- 24 21 AND 22 AND 23

**eTable 3. Summary of the trial design of the 2 included studies.**

<b>First author, year</b>	<b>Setting</b>	<b>Design</b>	<b>Recruitment period</b>	<b>Population</b>	<b>Intervention in the experimental group</b>	<b>Intervention in the control group</b>	<b>Primary outcome</b>	<b>Number of patients randomised</b>
Peek, 2009	UK, multicentre trial (103 centres)	Pragmatic RCT 1:1 ratio	July 2001-August 2006	- Aged 18-65 years - Severe but potentially reversible respiratory failure - Murray score $\geq$ 2.5 or hypercapnia with pH <7.20	Transfer to ECMO centre and ECMO using venovenous mode with percutaneous cannulation	Best critical care practice with advice on using low volume low pressure ventilation strategy	Death or severe disability at 6 months	180 ECMO group: 90 Control group: 90
Combes, 2018	International (France, USA, Australia, Canada), multicentre trial (43 centres)	RCT 1:1 ratio Sequential design with pre-specified stopping rules	December 2012, April 2017	- ARDS - Endotracheal intubation - Ventilation <7 days - Disease-severity criteria	ECMO with percutaneous venovenous cannulation	Ventilatory treatment according to the increased recruitment strategy of the EXPRESS trial	Mortality at 60 days	249 ECMO group: 124 Control group: 125

**eTable 4. Characteristics of the patients at randomisation in the 2 included trials and in the individual patient data meta-analysis.**

Characteristic	CESAR	EOLIA	IPDMA	CESAR	EOLIA	IPDMA
	ECMO group	ECMO group	ECMO group	Control group	Control group	Control group
	(N = 90)	(N = 124)	(N = 214)	(N = 90)	(N = 125)	(N = 215)
Age, years	39.3±13.5	51.9±14.2	46.6±15.2	40.0±13.4	54.4±12.7	48.3±14.8
Male — no. (%)	51 (57)	87 (70)	138 (65)	53 (59)	90 (72)	143 (67)
Time since intubation, h	35 [18-104]	34 [15-88]	35 [16-95]	37 [16-98]	34 [17-100]	36 [16-100]
ARDS etiology — no. (%)						
Pneumonia	56 (62)	80 (65)	136 (64)	53 (59)	78 (62)	131 (61)
Other	34 (38)	44 (36)	78 (36)	37 (41)	47 (38)	84 (39)
3 or more organs failed†	28 (31)	54 (44)	82 (38)	27 (30)	57 (46)	84 (39)
Predicted mortality‡	0.37±0.19	0.32±0.25	0.34±0.23	0.38±0.18	0.31±0.24	0.34±0.22
PaO <sub>2</sub> :FiO <sub>2</sub>	80±40	73±30	76±35	78±43	72±24	75±33

pH	7.37±0.54	7.24±0.13	7.30±0.37	7.28±0.34	7.24±0.12	7.26±0.24
Disorder leading to study entry						
Hypoxia	85 (94%)	99 (80%)	184 (86%)	87 (97%)	105 (84%)	192 (89%)
Uncompensated hypercapnia	5 (6%)	25 (20%)	30 (14%)	3 (3%)	20 (16%)	23 (11%)
PEEP, cm H <sub>2</sub> O	13.3±9.6	11.7±3.4	12.3±6.8	14.0±9.4	11.8±3.4	12.7±6.8
Respiratory system compliance, ml/cm H <sub>2</sub> O	26.9±12.0	25.0±11.6	25.8±11.8	25.2±8.6	25.4±11.0	25.3±8.8
Murray Score	3.4±0.7	3.3±0.4	3.3±0.6	3.4±0.4	3.3±0.4	3.3±0.4
Chest radiograph (quadrants infiltrated)	3.4±0.9	3.3±0.9	3.4±0.9	3.6±0.8	3.4±0.8	3.5±0.8

† number of organ failed (0 to 6) defined as the corresponding component sequential organ failure assessment (SOFA) score > 2.

‡ APACHE2 (CESAR) and SAPS2 (EOLIA) scores were both translated to predicted probability of ICU mortality.

ECMO denotes extracorporeal membrane oxygenation, ARDS the acute respiratory distress syndrome, PaO<sub>2</sub> partial pressure of arterial oxygen, FiO<sub>2</sub> the fraction of inspired oxygen, PaO<sub>2</sub>/FiO<sub>2</sub> the ratio of the partial pressure of arterial oxygen to the fraction of inspired oxygen, PEEP positive end-expiratory pressure, LVLP MV, low-volume low-pressure mechanical ventilation, iNO inhaled nitric oxide, and ICU intensive care unit.



**eTable 5. Missing data for characteristics of the patients included in the 2 trials and in the meta-analysis**

Characteristic	CESAR	EOLIA	IPDMA	CESAR	EOLIA	IPDMA
	ECMO group	ECMO group	ECMO group	Control group	Control group	Control group
	(N = 90)	(N = 124)	(N = 214)	(N = 90)	(N = 125)	(N = 215)
Age, years	0	0	0	0	0	0
Male	0	0	0	0	0	0
Median (interquartile) time since intubation, h	2	0	2	0	0	0
ARDS etiology	0	0	0	0	0	0
3 or more organs failed†	0	0	0	0	0	0
Predicted mortality‡	33	1	34	29	3	32
PaO <sub>2</sub> :FIO <sub>2</sub>	2	1	3	1	0	1
pH	1	1	2	0	0	0
Disorder leading to study entry	0	0	0	0	0	0

PEEP, cm H <sub>2</sub> O	6	0	6	1	2	3
Respiratory system compliance, ml/cm H <sub>2</sub> O	10	28	38	7	30	37
Murray Score	0	29	29	0	31	31
Chest radiograph (quadrants infiltrated)	3	0	3	1	3	4
Received ECMO	0	0	0	0	0	0
Received LVLP MV	2	3	5	1	1	2
Prone position	2	0	2	1	0	1
iNO or prostacyclin	2	0	2	1	0	1
Renal replacement therapy	2	0	2	0	0	0
Steroids	2	0	2	0	0	0
ICU length of stay, days	1	0	1	0	0	0
Cause of death	0	0	0	0	0	0

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† number of organ failed (0 to 6) defined as the corresponding component sequential organ failure assessment (SOFA) score > 2.

‡ APACHE2 (CESAR) and SAPS2 (EOLIA) scores were both translated to predicted probability of ICU mortality.

ECMO denotes extracorporeal membrane oxygenation, ARDS the acute respiratory distress syndrome, PaO<sub>2</sub> partial pressure of arterial oxygen, FiO<sub>2</sub> the fraction of inspired oxygen, PaO<sub>2</sub>/FiO<sub>2</sub> the ratio of the partial pressure of arterial oxygen to the fraction of inspired oxygen, PEEP positive end-expiratory pressure, LVLP MV, low-volume low-pressure mechanical ventilation, iNO inhaled nitric oxide, and ICU intensive care unit.

**eTable 6: Summary of findings table.**

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with Control	Risk with ECMO				
Mortality up to 90 days after randomization follow up: 90 days	479 per 1 000	<b>359 per 1 000</b> (287 to 450)	<b>RR 0.75</b> (0.60 to 0.94)	429 (2 RCTs)	⊕⊕⊕⊕ HIGH	Despite the low number of included studies, there was a high level of evidence because results were highly consistent in both studies, with no heterogeneity. Both studies had a low risk of bias.
Time to death up to 90 days after randomization follow up: 90 days	0 per 1 000	<b>NaN per 1 000</b> (NaN to NaN)	<b>HR 0.65</b> (0.49 to 0.88)	429 (2 RCTs)	⊕⊕⊕⊕ HIGH	Despite the low number of included studies, there was a high level of evidence because results were highly consistent in both studies, with no heterogeneity. Both studies had a low risk of bias.
Treatment failure up to 90 days follow up: 90 days	553 per 1 000	<b>360 per 1 000</b> (288 to 443)	<b>RR 0.65</b> (0.52 to 0.80)	429 (2 RCTs)	⊕⊕⊕⊕ HIGH	Despite the low number of included studies, there was a high level of evidence because results were highly consistent in both studies, with no heterogeneity. Both studies had a low risk of bias.
Number of days alive and out of hospital follow up: 90 days	The mean number of days alive and out of hospital was <b>18</b> days	<b>MD 4 days more</b> (1 fewer to 9 more)	-	429 (2 RCTs)	⊕⊕⊕○ MODERATE <sup>a</sup>	Results were downgraded because of imprecision
Number of days alive without mechanical ventilation follow up: 90 days	The mean number of days alive without mechanical ventilation was <b>31</b> days	<b>MD 8 days more</b> (2 more to 15 more)	-	429 (2 RCTs)	⊕⊕⊕○ MODERATE <sup>a</sup>	Results were downgraded because of imprecision
Number of days alive without renal replacement therapy follow up: 60 days	The mean number of days alive without renal replacement therapy was <b>28</b> days	<b>MD 7 days more</b> (2 more to 13 more)	-	429 (2 RCTs)	⊕⊕⊕○ MODERATE <sup>a</sup>	Results were downgraded because of imprecision
Number of days alive without vasopressor support follow up: 60 days	The mean number of days alive without vasopressor support was <b>28</b> days	<b>MD 8 days more</b> (3 more to 13 more)	-	429 (2 RCTs)	⊕⊕⊕○ MODERATE <sup>a</sup>	Results were downgraded because of imprecision

\*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk ratio; HR: Hazard Ratio; MD: Mean difference

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Certainty of the evidence (GRADE)	Comments
	Risk with Control	Risk with ECMO				

**GRADE Working Group grades of evidence**

**High certainty:** We are very confident that the true effect lies close to that of the estimate of the effect

**Moderate certainty:** We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

**Low certainty:** Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

**Very low certainty:** We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

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**Explanations**

a. there was imprecision

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