

1 **Title:** The health impact of social exclusion: a systematic review and meta-analysis  
2 of morbidity and mortality data from homeless, prison, sex work and substance use  
3 disorder populations in high-income countries.

4  
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34

35

36

37 **Abstract**

38 **Background:**

39  
40 Inclusion health focuses on people in extremes of poor health due to poverty,  
41 marginalisation and multiple morbidity. We aimed to synthesise morbidity and  
42 mortality data on overlapping populations experiencing deep social exclusion evident  
43 by homelessness, substance use disorders, sex work and imprisonment.  
44

45 **Methods:**

46  
47 We searched Medline, Embase and the Cochrane Library for studies published  
48 January 2005-October 2015. We included articles written in English from high-  
49 income countries that were conducted in populations with histories of homelessness,  
50 imprisonment, sex work and substance use disorder (excluding cannabis and  
51 alcohol). Primary outcomes were measures of morbidity (prevalence or incidence)  
52 and mortality (standardised mortality rates – SMRs – and mortality rates).  
53

54 **Findings:**

55  
56 Our search identified 7946 articles, with 337 studies included. All-cause SMRs were  
57 significantly raised in 98.9% (91/92) of extracted data points and were 11.9 (95% CI  
58 10.4–13.3; I<sup>2</sup> 94.1%) in females and 7.9 (95% CI 7.0–8.7; I<sup>2</sup> 99.1%) in males.  
59 Heterogeneity was high between studies. Summary SMR estimates for ICD-10  
60 categories with two or more included data points were highest in deaths due to injury  
61 and poisoning in males (7.9; 95% CI 6.4-9.4; I<sup>2</sup> 98.1%) and females (18.7; 95% CI  
62 13.7-23.7; I<sup>2</sup> 91.5%). Disease prevalence was consistently raised across infections,  
63 mental health, neoplasms, cardiovascular, gastroenterological and respiratory  
64 conditions.  
65

66 **Interpretation:**

67  
68 Socially excluded populations experience extreme health ~~inequalities~~inequities; far  
69 greater than those observed amongst people living in areas of high social  
70 deprivation. These ~~inequalities~~inequities occur across the full spectrum of health  
71 conditions, with the relative impact of exclusion being greater in females than males.  
72 Measures of morbidity and mortality were much higher than those observed across  
73 area based measures of social deprivation highlighting the need for better data on  
74 these populations who are largely invisible in routine health information systems. The  
75 extreme health inequity demonstrated demands intensive cross sectoral policy and  
76 service action to prevent exclusion and improve health outcomes in those already  
77 marginalised.  
78

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82 Trust.  
83  
84

## 85 Introduction

86  
87 Inclusion health is a research, service, and policy agenda that aims to prevent and  
88 redress health and social inequities among people in extremes of poor health due to  
89 poverty, marginalisation and multiple morbidity (cross reference IH paper 2). It is well  
90 established that in high income countries, health outcomes are strongly influenced  
91 by socioeconomic status. The association between socioeconomic status and health  
92 outcomes is well established. For example, the standardised mortality rates for  
93 those aged 15–64 in the most deprived twentieth of areas-neighbourhoods of in  
94 England are 2.8 times the rate in the least deprived areas-neighbourhoods for men  
95 and 2.1 times the rate for women.<sup>1</sup> However, analyses based on geographical  
96 location may obscure these commonly observed social gradients in health may not  
97 capture the true full extent of health inequities in-for those who-experiencing deep  
98 social exclusion.<sup>4</sup>

99  
100 Previous research has described the high levels of substance use disorders (SUD) in  
101 homeless populations<sup>2</sup>, prisoners<sup>3</sup>, and sex workers<sup>4</sup>, and the increased prevalence  
102 of homelessness in prisoners<sup>5</sup> and sex workers<sup>6</sup>. These marginalised populations  
103 have common intersecting characteristics and adverse life experiences that lead to  
104 deep social exclusion, making them some of the most common powerful  
105 determinants of marginalisation in high-income settings.<sup>7</sup>

106  
107 Marginalised populations when considered separately have been shown to have  
108 high levels of all-cause mortality.<sup>8–10</sup> However, despite the highly overlapping nature  
109 of the risk factors and substantially increased mortality, no previous review has  
110 attempted to examine their outcomes together.

111  
112 No universally agreed theoretical framework describes inclusion health. However,  
113 we build on existing social exclusion theory and consider the “linked and  
114 cumulative factors” and processes that confound individual and group capacity for  
115 hope, opportunity, reciprocity and participation.<sup>11</sup> Our analysis is also informed by  
116 an intersectionality perspective, which focuses on how social characteristics combine  
117 to impact on health.<sup>2,12</sup>

118  
119 Our systematic review examines the health outcomes mortality and morbidity in four  
120 overlapping populations together as exemplar determinants of deep exclusion. We  
121 aimed to systematically review and meta-analyse mortality and morbidity in  
122 homeless, prison, sex work, and SUD populations jointly for the first time.

## 123 Methods

124 We searched the Cochrane Library, Medline and Embase from 1 January 2005 and  
125 to 1 October 2015 on 27 October 2015. Full search terms are provided in the  
126 supplementary appendix. We searched for papers about the populations of interest  
127 (homeless, prison, sex workers and SUD) from systematic reviews, meta-analyses,  
128 interventional and observational studies with morbidity and mortality outcomes. We  
129 included studies identified from references of included articles.

130  
131 We recognise that social exclusion has a major impact on health in other groups,  
132 such as Gypsies and Travellers and vulnerable migrants, ethnic minorities, indigenous

133 communities and sexual and gender minorities, most notably transgender populations. Whilst these groups experience  
134 social exclusion in many high-income settings, they were considered beyond the  
135 scope of this review.

136  
137 RWA screened titles, abstracts and full texts using Covidence systematic review  
138 software (<https://www.covidence.org/>). All authors contributed to data extraction  
139 ~~(conducted using a Google Docs <https://docs.google.com/>)~~ and data were double-  
140 checked by a second researcher (RWA, ET, GH or SVK). Extracted items included  
141 study design, year(s) of study, country, number of participants, primary outcome(s),  
142 and summary description of the study population. We attempted to contact authors if  
143 we were unable to locate papers, or required additional information about the data or  
144 study.

145  
146 We attempted to identify and exclude duplicate data from research studies presented  
147 in separate publications. Where we identified multiple studies with duplicated or  
148 overlapping data (by population, time, place and outcome) we chose the study with  
149 the largest or most representative sample size, and when these were also similar,  
150 we present the most recent study. We followed the PRISMA reporting guidelines in  
151 the presentation of our manuscript. A review protocol was not published prior to  
152 conducting the review.

## 153 154 **Outcomes**

155  
156 Outcomes included were measures of morbidity and mortality for ICD-10 defined  
157 conditions. Papers use a variety of measures to report outcomes. In order to ensure  
158 maximum comparability across studies for mortality outcomes, we extracted, in order  
159 of preference the first of: ~~the first reported measure out of the following:~~ SMRs,  
160 relative hazard ratio, mortality rate ratio, or crude mortality rate. For consistency  
161 with the majority of studies included in the review, we have not multiplied SMRs by  
162 100. In our results a value of 1 equates to no difference between the expected and  
163 observed mortality rate. For morbidity outcomes, we extracted, in order of preference  
164 the first of: prevalence, incidence, prevalence risk ratio (~~PRR~~), incidence rate ratio  
165 (~~IRR~~), prevalence odds ratio (~~POR~~), or incidence odds ratio (~~IOR~~). Where available,  
166 we used data where the comparison group was selected as a socially deprived  
167 population or measures adjusted for area-based or income-based deprivation.

## 168 169 **Statistical analysis**

170  
171 We include all extracted data in an online supplementary appendix. For the  
172 quantitative findings analysed in the paper we focus the synthesis on the primary  
173 outcome of SMRs. SMRs for all-cause mortality and by ICD-10 chapter were  
174 summarised in forest plots. We anticipated high levels of heterogeneity a-priori, and  
175 therefore created summary estimates using random effects models using Stata v.13  
176 (Statacorp LP, College Station, TX, USA). We used the I<sup>2</sup> transformation to describe  
177 the proportion of total variation in study estimates due to heterogeneity.<sup>14</sup> We  
178 explored potential sources of heterogeneity by stratifying the analyses by country  
179 and by inclusion health population group. We describe the results of studies of  
180 disease prevalence individually. We report summary estimates of morbidity and  
181 mortality of recently published meta-analyses found by our search within our results  
182 and did not attempt to update each of these within our review. In addition to our

~~quality, health, equity, and social justice, and to ensure that the data are used to inform policy and practice.~~

## Role of the funding source

The study sponsors had no role in study design; in the collection, analysis, and interpretation of data; in the writing of the report; and in the decision to submit the paper for publication. All authors had access to all the data, and were responsible for the decision to submit the manuscript.

## Results

~~We~~ A search of the bibliographic databases was conducted on 27th October 2015 and identified 7,946 articles with 1,274 duplicate articles ~~then excluded~~ (Figure 1). Of the 711 full text articles retrieved, 418 met the inclusion criteria, ~~but a~~ We excluded a further 81 ~~were excluded~~ due to overlapping data. A total of 337 studies were included in the review, with including 3,219 'data points' (meaning an result effect estimate for a unique population) ~~extracted and~~ 2,835 ~~included~~ after removal of duplicates.

The ~~included studies presented data from 38 out of 80 high-income countries (Figure 2)~~ studies were from 38 countries (See Figure S1 in supplementary appendix). USA (698 data points), Australia (460), Sweden (309), Canada (257), and United Kingdom (234) ~~were the five countries with had~~ the highest number of ~~most data~~ data points (number in brackets for each) ~~included in the review after de-duplication~~. SUD populations were the most studied sub-group groups, accounting for ~~contributing to~~ 42.1% (1,192/2,835) of ~~all data points (after de-duplication)~~, followed by prisoners (27.1%; 769/2,835), homeless (26.6%; 754/2,835) and sex workers (4.2%; 119/2,835).

Infectious diseases and mental and behavioural disorders were the two most studied ICD-10 chapters with a total of 897 (31.6%; 897/2,835) and 715 (25.2%; 715/2,835) ~~included~~ data points respectively (Figure 3~~2~~). Injury and poisoning only contributed 3.4% (98/2,835) of all extracted data points.

~~Our meta-analyses focused on SMRs ((Tables 1 and 2 and Figures 3, 4, and 5)). The most studied causes of death were 'all-cause' ((XX% of data points)) and 'injury, poisoning and external causes' ((XX% of data points)). Most studies in the meta-analysis were of SUD groups, including ((XX% (XX/XX))) studies of all-cause mortality. Cause-specific studies in males and females were split between prisoners and SUD groups, while cause-specific studies for both sexes combined were in SUD groups only. There were only (three) studies of homeless people included in the meta-analysis and none of FSW.~~

Our all-cause meta-analyses focused on SMRs, with 31 studies<sup>10</sup> contributing 92 data points (Table 1 & Figures 3, 4 & 5). 98.9% (91/92) of all included all-cause SMRs were increased and overall we estimated that summary all-cause SMRs were higher in females 11.9 (95% CI 10.4–13.3; I<sup>2</sup> 94.1%) than males 7.9 (95% CI 7.0–8.7; I<sup>2</sup> 99.1%). We provide summary estimates of SMRs, however, data were heterogeneous as measured by the I<sup>2</sup> statistic in many of our analyses (which we have explored further and therefore these summary measures must be interpreted with appropriate caution. Heterogeneity was not substantially reduced when

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230 analyses by population subgroup were undertaken. Insufficient data were available  
231 to conduct subgroup analyses by country.

232 Summary SMRs were higher in females than in males for all-cause mortality and  
233 mortality in each of the ICD-10 chapters. In some ICD-10 chapters, the summary  
234 SMR for both sexes combined did not fall between the male and female estimates.  
235 This is because the meta-analyses draw on different studies (rather than the  
236 estimate for both sexes combined being drawn from the same male and female  
237 populations).

240  
241 Infectious and parasitic diseases were the most studied disease conditions in  
242 inclusion health populations and we identified 201 papers contributing to 31.6%  
243 (897/2,835) of all data extracted (Table 2). Summary estimates of SMRs for  
244 infectious diseases were raised for males (2.8; 95% CI 1.6-4.1; I<sup>2</sup> 65.4%) and  
245 females (5.6; 95% CI 1.5-9.7; I<sup>2</sup> 60.0%). Disease prevalence was high but  
246 heterogeneous. HIV ranged from 0%(0/146)<sup>15</sup> to 61.5% (44/69)<sup>16</sup>, Hepatitis C from  
247 0.1% (1/734)<sup>17</sup> to 92.8% (64/69)<sup>16</sup>, Hepatitis B from 1.7% (2/119)<sup>18</sup> to 65.0%  
248 (67/103)<sup>19</sup>, and latent tuberculosis infection from 1.2% (1/82)<sup>20</sup> to 50.6% (133/263)<sup>21</sup>.

249  
250 It was estimated that 2.2 million prisoners globally were hepatitis C positive with the  
251 largest populations in North America (668,500).<sup>28</sup> A meta-analysis of the prevalence  
252 of sexually transmitted infections (STIs) in prisoners found marked wide variation  
253 and reported a pooled prevalence for Chlamydia of 5.8% (95% CI 5.0-6.5%) in men  
254 and 12.3% (95% CI 10.6-14.0%) in women; gonorrhoea, 1.4% (95% CI 1.1-1.7%) in  
255 men and 5.7% (95% CI 4.8-6.7%) in women; and syphilis, 2.5% (95% CI 2.1-2.8%)  
256 in men and 6.1% (95% CI 4.8-7.5%) in women.<sup>29</sup>

257  
258  
259  
260 SMRs for males and females were exclusively from prison populations. SMR data for  
261 both sexes combined were from SUD populations only, with all subgroups by sex  
262 having fewer than three studies included.

### 263 **Other non-communicable diseases**

264  
265 Summary estimates of SMRs due to neoplasms were raised in males (1.6; 95% CI  
266 1.3-1.9; I<sup>2</sup> 88.7%), females (1.9; 95% CI 1.3-2.5; I<sup>2</sup> 62.8%) and both sexes combined  
267 (2.2; 95% CI 1.6-2.8; I<sup>2</sup> 90.6%).

268 In homeless adults in Toronto, 59% had moderate, severe or very severe symptoms  
269 of dyspepsia (around twice as many as in the general population).<sup>52</sup> In prisoners in  
270 the USA, 4.9% of male and 9.6% of females had a history of hepatitis and 1.2% of  
271 men and 2.1% of women had a history of cirrhosis.<sup>53</sup> A dental survey of inmates in a  
272 juvenile detention facility in Texas showed higher Decayed, Missing or Filled scores  
273 than age and ethnicity matched population controls.<sup>54</sup> Dental health problems were  
274 also common in homeless people.<sup>55</sup>

275  
276  
277 The available body of evidence is largest for infectious diseases, with considerable  
278 existing research on morbidity associated with mental and behavioural disorders. In

279 contrast, there is a relative paucity of evidence on non-communicable diseases and  
280 injury, poisoning and external causes despite these causes having the highest SMRs  
281 across ICD-10 categories. SMRs across disease categories were consistently higher  
282 in females than males. Of the four inclusion health populations considered, sex  
283 workers were the least well investigated, which should be addressed as a matter of  
284 priority.

285  
286 Our study comprehensively describes for the first time the relative mortality and  
287 morbidity burden in selected inclusion health populations. We have synthesised the  
288 significant existing literature in this area using a comprehensive search strategy to  
289 identify the current balance of evidence available to inform policymaking around  
290 inclusion health. Data were extracted and reviewed by a second author reducing the  
291 likelihood of errors. Our approach has allowed us to identify relative gaps in terms of  
292 both categories of disease and inclusion health categories. Our analysis was  
293 informed by an intersectionality perspective, which focuses on how social  
294 characteristics in combination impact on health.<sup>7,31</sup> We have therefore specifically  
295 investigated how the health consequences of exclusion may vary by other socially  
296 influenced characteristics, with differences by gender particularly noteworthy.

297  
298 A number of limitations should be considered. Caution must be taken when  
299 interpreting the summary estimates of SMRs due to ~~the high level of the~~  
300 ~~heterogeneity found of studies.~~ A lack of internationally agreed definitions ~~for the~~  
301 ~~populations considered in this review means of inclusion health groups, there is~~  
302 ~~variation in the levels of risk for included studies which~~ is likely to explain some of  
303 this variation. Similarly, comparison groups varied, with some studies ~~comparing to~~  
304 ~~general population estimates and others to those from socially deprived areas using~~  
305 ~~the general population and others using groups living in socially deprived areas.~~  
306 Studies also varied according to the extent ~~that analyses adjusted of adjustment~~ for  
307 social deprivation and other risk factors. ~~However, w~~We have utilised ~~used~~ a  
308 random-effects methods ~~to model the data appropriately~~ and note existing  
309 recommendations that meta-analysis should be pursued whenever possible, ~~with~~  
310 ~~appropriate acknowledgement of its limitations when acknowledging~~ heterogeneity is  
311 high.<sup>32</sup> We limited our search to 2005 onwards and therefore ~~longer term time trends~~  
312 ~~are not possible to examine with this analysis~~we have not examined longer-term  
313 ~~trends.~~ Furthermore, there is a need for future investigation of how contextual  
314 ~~factors, such as a country's social policies, influence health outcomes for excluded~~  
315 ~~groups.~~ Lastly, for pragmatic reasons, we were unable to investigate ~~many other~~  
316 ~~dimensions of social exclusion.~~ We therefore ~~other~~ health inclusion groups and  
317 believe that further work is required to ~~investigate the health experiences of other~~  
318 ~~socially excluded groups describe their health experiences.~~

319  
320 We found consistently higher SMRs for females than males. Since general  
321 population mortality rates are lower in women than men for most conditions this does  
322 not necessarily indicate worse outcomes in women in inclusion health groups  
323 compared with men. -It may ~~however~~ reflect an increased vulnerability of women in  
324 inclusion health populations ~~or different risk distributions among women and men in~~  
325 ~~inclusion health groups. SMR is a relative measure and the lower SMRs for common~~  
326 ~~conditions such as cardiovascular disease and cancer may underplay the number of~~  
327 ~~excess cases. Conversely, high SMRs may not indicate a large number of excess~~



328 cases if the condition is rare. Further work should report absolute as well as relative  
329 measures of mortality.  
330 ~~SMR is a relative measure, consequently less extreme SMRs seen for common~~  
331 ~~conditions such as cardiovascular disease and cancer may underplay the~~  
332 ~~importance of these outcomes at a population level. Conversely high SMRs for rare~~  
333 ~~conditions may inflate their apparent relevance. Further work should report absolute~~  
334 ~~as well as relative measures of mortality for different conditions to enable a better~~  
335 ~~assessment of the contribution of different causes of mortality.~~  
336 These extreme ~~inequalities~~ inequities demand an intensive cross-sectoral policy and  
337 service response to prevent exclusion and improve health outcomes. An  
338 accompanying review (cross reference IH paper 2) outlines interventions that  
339 respond to these increases in morbidity and mortality. ~~Here we focus on research~~  
340 ~~recommendations in relation to disease burden measurement to address issues~~  
341 ~~identified by our review and we briefly discuss the health system response.~~  
342  
343 Determining the burden of disease remains challenging in inclusion health  
344 populations as membership of an inclusion health population is not recorded in most  
345 vital registration and health information systems. Deaths and health service usage in  
346 excluded populations are therefore a largely invisible and neglected problem as far  
347 as routine statistics are concerned. By contrast, the availability of area-based  
348 measures of social deprivation across high income countries has allowed  
349 measurement of the major population level impact of less extreme social inequalities.  
350 This has supported extensive cross sectoral policy initiatives to address these  
351 inequalities.<sup>33</sup> Better routine data is also needed to drive the policy response to the  
352 inclusion health agenda.  
353  
354 There are two broad potential approaches to tackling ~~the lack of routine mortality and~~  
355 ~~health service data for inclusion health groups~~ this problem. ~~Routinely recording~~  
356 ~~membership of inclusion health groups in health and mortality records is a~~  
357 ~~possibility~~ Firstly, health services could routinely record membership of health  
358 inclusion groups. This would require ~~clear agreed~~ clearly agreed definitions of ~~excluded populations~~  
359 ~~each group to be agreed along with standard outcome measures~~. Those responsible  
360 for recording data would need ~~clear~~ clear guidance to help them ascertain membership of  
361 ~~inclusion health groups and sensitivity would be needed to ensure this does not~~  
362 ~~reinforce~~ avoid reinforcing of existing stigma for socially excluded groups.<sup>34</sup> The  
363 feasibility of ~~routinely recording membership of these inclusion health groups~~ this  
364 approach outside the context of specialist services remains unclear. Alternatively,  
365 and more feasibly in the short term, data linkage ~~methodologies~~ methods could be  
366 used to match data from services that work with ~~excluded populations~~ inclusion  
367 health groups, with vital registration data, electronic health records, and existing  
368 ~~infectious and non-communicable disease surveillance systems~~.<sup>35</sup> ~~These linked~~  
369 ~~datasets would then facilitate systematic estimates of mortality and morbidity over~~  
370 ~~time~~. This has been the primary method used to estimate SMRs in the studies  
371 reported in this paper. These linked datasets would facilitate systematic estimates of  
372 mortality and morbidity over time and help to measure the impact of  
373 interventions. ~~Routine linkage of such datasets could facilitate systematic estimates~~  
374 ~~of mortality and morbidity over time and help to measure the impact of policies and~~  
375 ~~interventions.~~  
376



377 As part of this wider Lancet Series we held an engagement workshop with people  
378 with lived experience of homelessness and social exclusion (**described in more detail**  
379 **in paper 2**). We asked this group about their views on collecting operational data with  
380 ethical and appropriate research governance approvals, but without specific  
381 individual level consent. Although this was only a small sample (and we  
382 acknowledge that people who face exclusion and are willing to come in to a  
383 workshop may differ from those who do not) acceptability of collection of this sort of  
384 data was extremely high. 100% of users were happy for homeless hostel records to  
385 be collected, 73% agreeing to the collection of criminal records, 62% to health  
386 records, and 85% agreeing to these records being linked together.

387  
388 A vertical approach to tackling inclusion health (i.e. one that focusses on specific  
389 diseases or specific risk groups) can ~~ignore and neglect~~ overlook multiple morbidity  
390 and the social issues faced by excluded populations.<sup>36</sup> This can result in  
391 inefficiencies and missed opportunities for prevention, early diagnosis and  
392 management as well as missed opportunities for mitigation of social risk factors. The  
393 emerging field of inclusion health should advocate for and deliver joined up health  
394 and social services for overlapping marginalised groups. These services should  
395 address not only diseases with extreme disparities, but also prevention and  
396 management of more common conditions with a lower relative risk but high disease  
397 burden large numbers of excess cases, such as cardiovascular disease. The ability of  
398 health and social policy to address the needs of the most marginalised populations  
399 should be a key indicator of quality. Such initiatives need to be supported by robust  
400 information systems that can provide data for continuing advocacy, guide service  
401 development and monitor the health of marginalised populations over time.

## 402 403 **Research in context**

### 404 405 *Evidence before this study*

406 There is a comprehensive body of research on the health impact of  
407 inequality inequity, much of which focusses on disparities in morbidity and mortality,  
408 and is based on ~~area based measures of social deprivation~~ common measures of  
409 socioeconomic status such as neighbourhood deprivation and occupational class.

410 The evidence of a consistent relation between ill health and increasing levels of  
411 social deprivation has underpinned a broad range of social policies and public health  
412 initiatives. Such geographical based analyses cannot adequately assess the extent  
413 of health inequalities inequity experienced by those experiencing deep social  
414 exclusion. In preparation for the inclusion health series we searched the Cochrane  
415 Library, Medline and Embase from 2000 to 30th September 2013. We searched for  
416 systematic reviews, meta-analyses, cohort and cross-sectional studies containing  
417 morbidity and mortality outcomes for the four inclusion health populations of interest  
418 (substance use disorders, homeless populations, prisoners, and sex workers). The  
419 studies identified described the highly overlapping nature of inclusion health  
420 populations, the increased risk factors for disease, and poor mortality outcomes  
421 compared with the general population.

### 422 423 *Added value of this study*

424 Our systematic review and meta-analysis provides the most comprehensive  
425 examination to date of morbidity and mortality outcomes across a range of inclusion  
426 health populations. We find that the extent of the health inequalities inequity seen in

427 inclusion health populations greatly exceeds that observed when comparing the richest and poorest neighbourhoods high  
428 and low socioeconomic groups. Extremely high mortality rates are seen across ICD-  
429 10 disease categories, with relative risks consistently higher in females than males.  
430 The relative mortality excess is greatest for injury, poisoning and external causes.  
431 However there is also high, although less extreme, relative mortality inequalities inequity across  
432 more common disease categories such as cardiovascular disease and cancer. Non-  
433 communicable diseases and injury, poisoning and external causes were lacking in  
434 data despite the high summary Standardised Mortality Ratio estimates. Sex workers  
435 were a particularly under-researched group.

#### 436 *Implications of all the available evidence*

437 The extreme burden of disease experienced by inclusion health populations  
438 demands a cross-sectoral response to prevent deep social exclusion and an  
439 improvement in services working with these populations. This study provides the  
440 most comprehensive assessment to date of the scale and distribution of mortality in  
441 inclusion health populations in high-income countries. Our research focused on  
442 relative measures of mortality and therefore future work should examine absolute  
443 measures in greater detail. Inclusion health populations are often invisible within  
444 routine health data. This limitation can be tackled by either modifying the instruments  
445 used to collect such data or through data linkage studies. Services providing for  
446 inclusion health populations should aim to deliver health and social services for  
447 overlapping marginalised groups, in order to tackle the poor health outcomes found  
448 in this study. These services should also have a greater focus on prevention and  
449 management of more common conditions in addition to those traditionally considered  
450 high risk for inclusion health groups.  
451

#### 452 **Contributors**

453 RWA, ACH and AS proposed the hypothesis and idea for the systematic review with  
454 all authors contributing to its development and the analysis plan. RWA did the  
455 literature search. RWA reviewed studies for inclusion. RWA, SL, ET, SVK, GH  
456 performed the data extraction and checking. RWA performed all meta-analyses and  
457 wrote the first draft of the manuscript. All authors reviewed and interpreted the  
458 results and edited the manuscript.  
459

#### 460 **Declaration of interests**

461 ACH is a trustee of the Pathway: Healthcare for homeless people charity. AS is  
462 Clinical Lead and Manager for Find&Treat.  
463

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639 **Tables**

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641 **Table 1. Characteristics of studies included in Standardised Mortality Ratio**  
642 **meta-analyses.**

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Author	Population	Population Description	Number of Participants	Country	Study Years
Nielsen <sup>10</sup>	Homeless	Females aged 16yr or more with at least one contact with a homeless shelter	32711	Denmark	1999-2009
Roy <sup>37</sup>	Homeless	Young people aged 14-25 who were "street active"	829	Canada	1995-2001
Vila-Rodriguez <sup>38</sup>	Homeless	A prospective community sample of adults living in single-room occupancy hotel	293	Canada	2008-2011
Graham <sup>8</sup>	Prisoners	Males imprisoned for the first time between 1996 and 2007	76627	United Kingdom	1996-2007
Kariminia <sup>39</sup>	Prisoners	All adults who had experienced full-time custody	85203	Australia	1988-2002
Pratt <sup>40</sup>	Prisoners	All sentenced and remanded prisoners released from prison	244988	United Kingdom	1999-2002
Arendt <sup>41</sup>	SUD	People receiving treatment in 'specialist institutions' for substance use disorder, reporting cocaine as their primary substance	20581	Denmark	1996-2006
Bargagli <sup>42</sup>	SUD	Male opiate users aged 15-69 entering treatment	2575	Netherlands	1996-2002
Barrio <sup>43</sup>	SUD	Regular cocaine users recruited from drug scenes and non-treatment settings	714	Spain	2004-2006
Bjornaas <sup>44</sup>	SUD	Individuals with opioid addiction hospitalised due to self-poisoning	185	Norway	1980-2000
Darke <sup>45</sup>	I	Opioid users	615	Australia	2001-2009
Degenhardt <sup>29</sup>	SUD	Opioid-dependent people treated with opioid substitution therapy	43789	Australia	1985-2005
Evans <sup>46</sup>	SUD	Young (<30yrs) injecting drug users	644	United States	2005-2007
Gibson <sup>47</sup>	SUD	Opioid users	2489	Australia	1980-2006
Hser <sup>48</sup>	SUD	Women who were admitted to drug-treatment programs	4447	United States	2000-2002
Lee <sup>49</sup>	SUD	Heroin users attending for opioid substitution therapy	10842	Taiwan	2006-2008
Mathers <sup>50</sup>	SUD	People who injected opioids and other drugs	101	Denmark	1980-1999
Merrall <sup>50</sup>	SUD	People in contact with drug treatment services	69456	United Kingdom	1996-2006
Nyhlen <sup>51,52</sup>	SUD	Substance abusers admitted for inpatient detoxification	561	Sweden	1970-2006
Pavarin <sup>53</sup>	SUD	Individuals who had visited a public treatment center for problems due to the use/abuse of cocaine	471	Italy	1988-2012

Rehm <sup>54</sup>	SUD	Participants in heroin-assisted treatment	6281	Switzerland	1994-2000
Rosca <sup>55</sup>	SUD	Patients who had ever been treated or were currently in treatment in methadone maintenance treatment clinics	9818	Israel	1999-2008
Singleton <sup>56</sup>	SUD	Drug users admitted to hospital for drug related problems	3039	Czech Republic	1997-2002
Spittal <sup>57</sup>	SUD	Injection drug users recruited through self-referral and street outreach	520	Canada	1996-2002
Stoove <sup>58</sup>	SUD	Injection drug users recruited through the social networks of 'privileged access' interviewers	220	Australia	1990-2006
van Santen <sup>59</sup>	SUD	Individuals from local methadone outposts, a sexually transmitted diseases clinic, and word of mouth.	1254	Netherlands	1985-2012
Zabransky <sup>60</sup>	SUD	Injecting drug users younger than nineteen and older than fifteen years of age.	151	Czech Republic	1996-2008
Randall <sup>61</sup>	SUD	All persons who came into contact with the New South Wales Opioid Substitution therapy program	43789	Australia	1985-2005
Degenhardt <sup>62</sup>	SUD	Canadian cohort of daily cocaine injectors	717	Canada	1996-2004
Degenhardt <sup>63</sup>	SUD	Opioid users	42676	Australia	1985-2006

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**Table 2. Number of studies and data points included in the systematic review and results of meta-analysis of standardised mortality ratios**

**Commented [RA7]:** To complete and double check with text

ICD-10 chapter	Number of studies	Total number of data points (% of all data points)	Number of mortality data points (% of all mortality data points)
<b>Total</b>	337	2835 (100)	336 (100)
All-cause	32	140 (5)	<del>92 (27)</del> 34
Infectious and parasitic diseases	160	898 (32)	21 (6)
Neoplasms	4	145 (5)	41 (12)
Blood		18 (1)	--
Endocrine		66 (2)	6 (2)
Mental and behavioural disorders	90	715 (25)	6 (2)
Nervous system		43 (2)	6 (2)
Eye and adenexa		14 (0)	-
Ear		4 (0)	-
Diseases of the circulatory system	44	149 (5)	17 (2)
Respiratory system		79 (3)	8 (2)
Digestive system		82 (3)	34 (10)
Skin		44 (2)	-
Musculoskeletal		29 (1)	-
Injury, + poisoning and certain external causes		98 (3)	44 (13)
External causes		207 (7)	61 (18)
Other			

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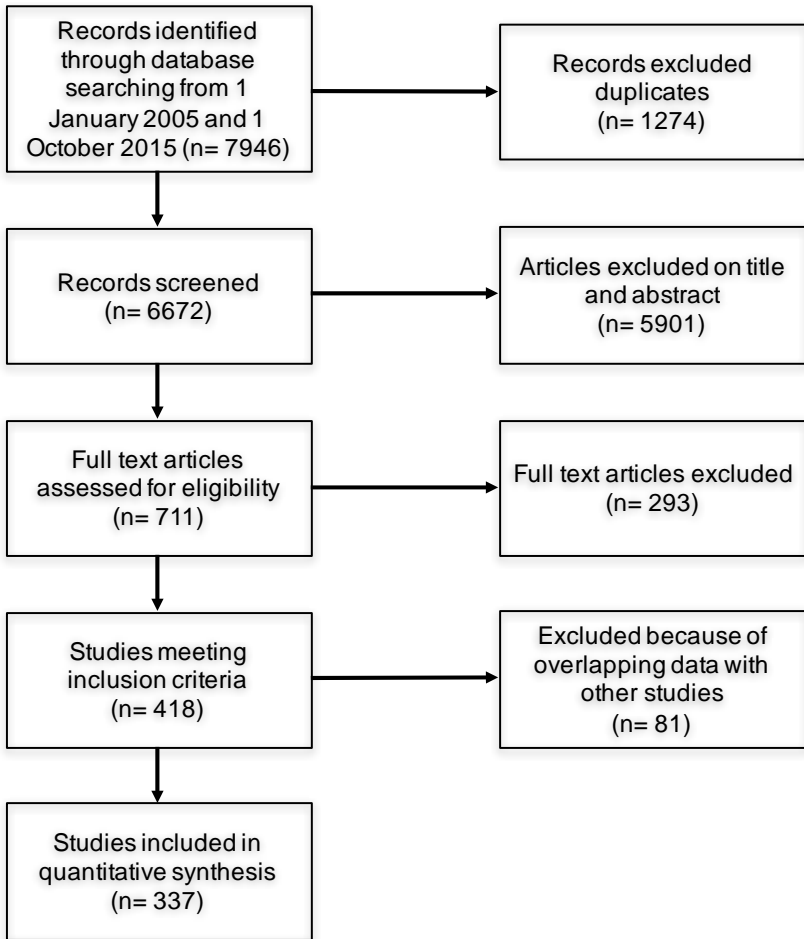
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651 **Figures**

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653 **Figure 1. Flowchart of included studies**

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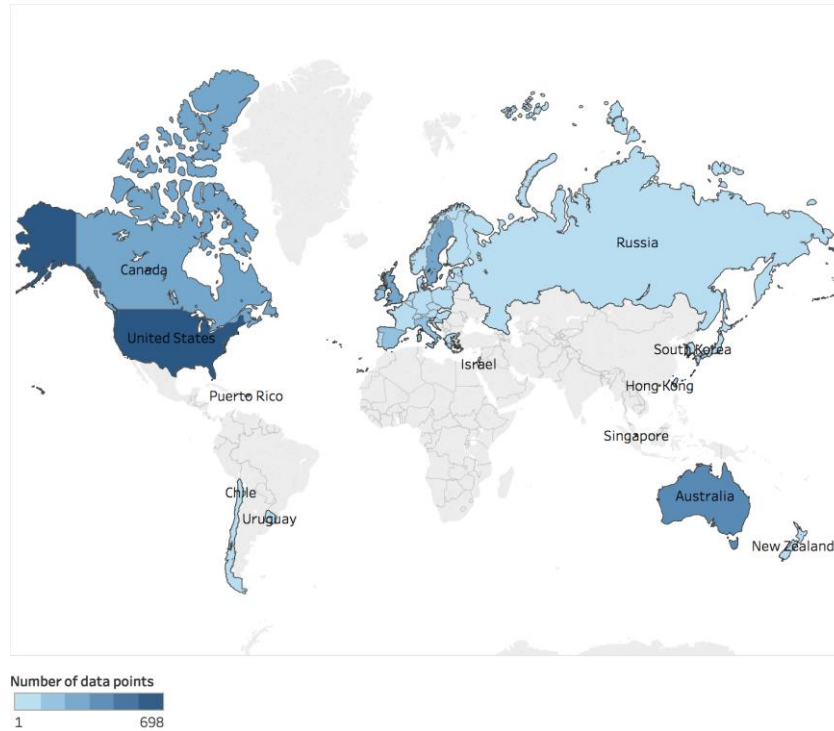


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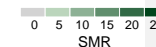
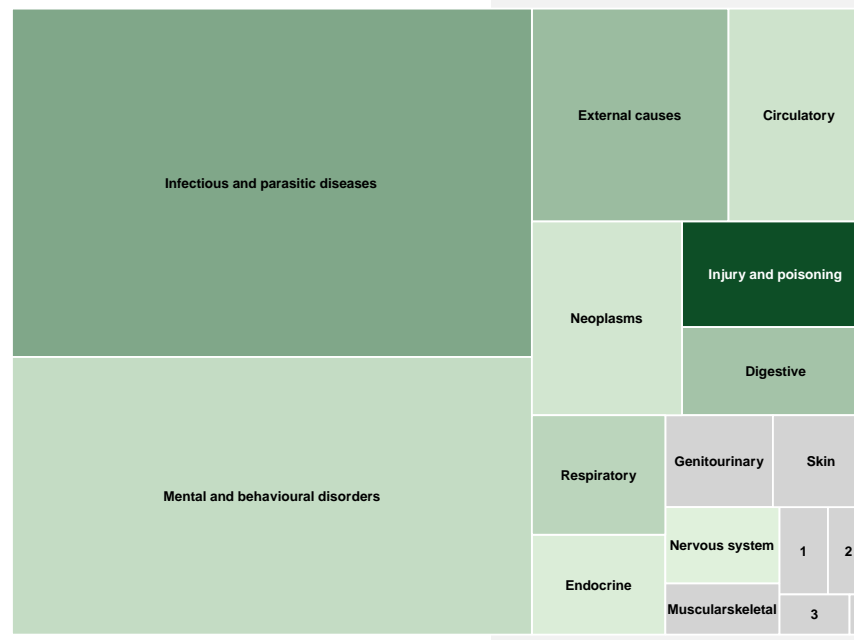
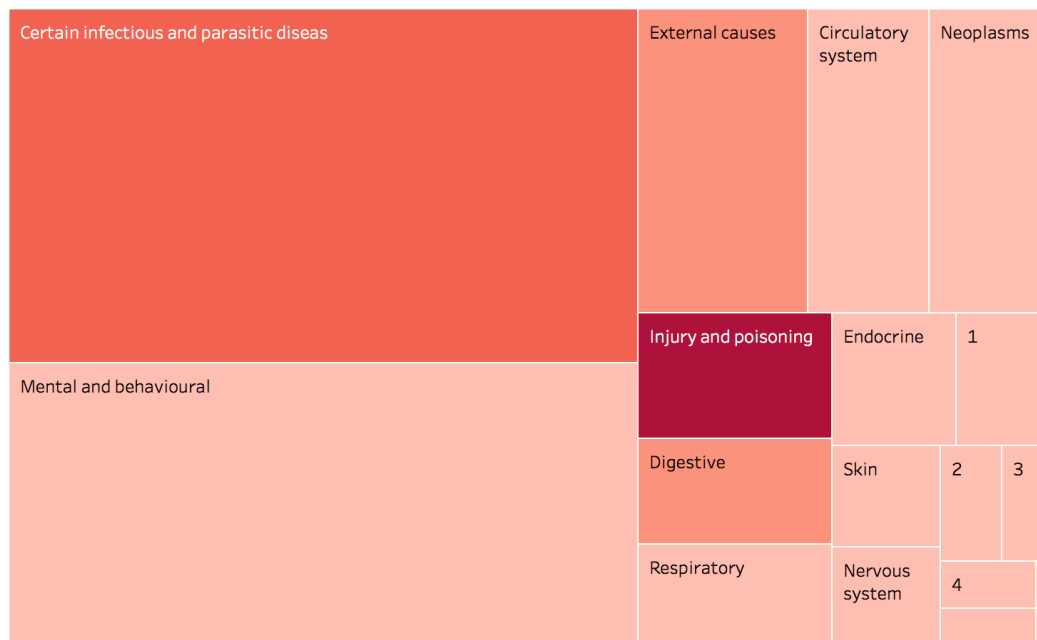
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Figure 2. Geographical spread of existing data from high-income countries on homeless populations.



Included countries: Australia, Austria, Belgium, Canada, Chile, Croatia, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hong Kong, Hungary, Ireland, Israel, Italy, Japan, Latvia, Lithuania, Luxembourg, Netherlands, New Zealand, Norway, Poland, Portugal, Puerto Rico, Russia, Singapore, South Korea, Spain, Sweden, Switzerland, Taiwan, United Kingdom, United States, Uruguay

Figure 32. Treemap summarising amount of data by ICD-10 chapter and summary estimates of SMR



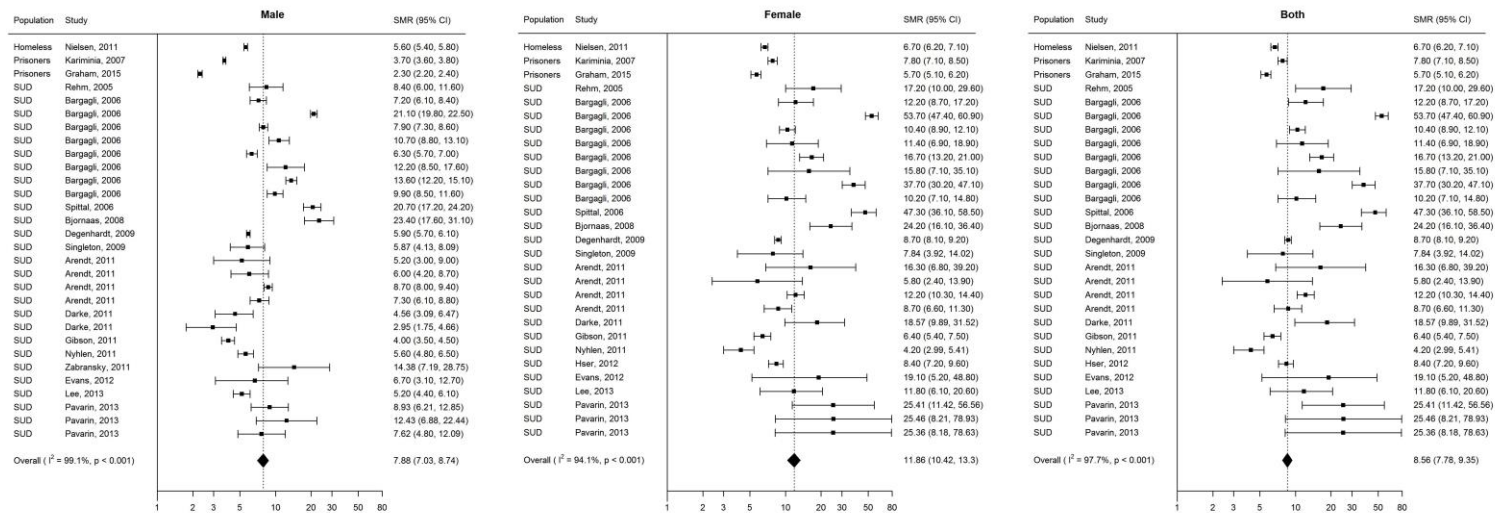
Note: Size of box indicates number of data points included (e.g. Infectious and parasitic disease = 953; Disease of Nervous system = 43). SMR used is summary estimate for ICD-10 chapter for both sexes combined. Boxes without labels are **1=Genitourinary**; **2=Musculoskeletal**; **13=symptoms, signs and abnormal clinical and laboratory findings**; **42=Ear and Mastoid process**; and **53=Eye and Adnexa**; **4=**. Grey boxes (with an SMR of '0') indicate that none of the studies included in this review reported SMR.

**Commented [D8]:** There was still one label missing. Looking at the ICD10 chapters, I'm guessing it's diseases of the blood?

**Commented [RA9]:** ? Blood – to check and update before submission

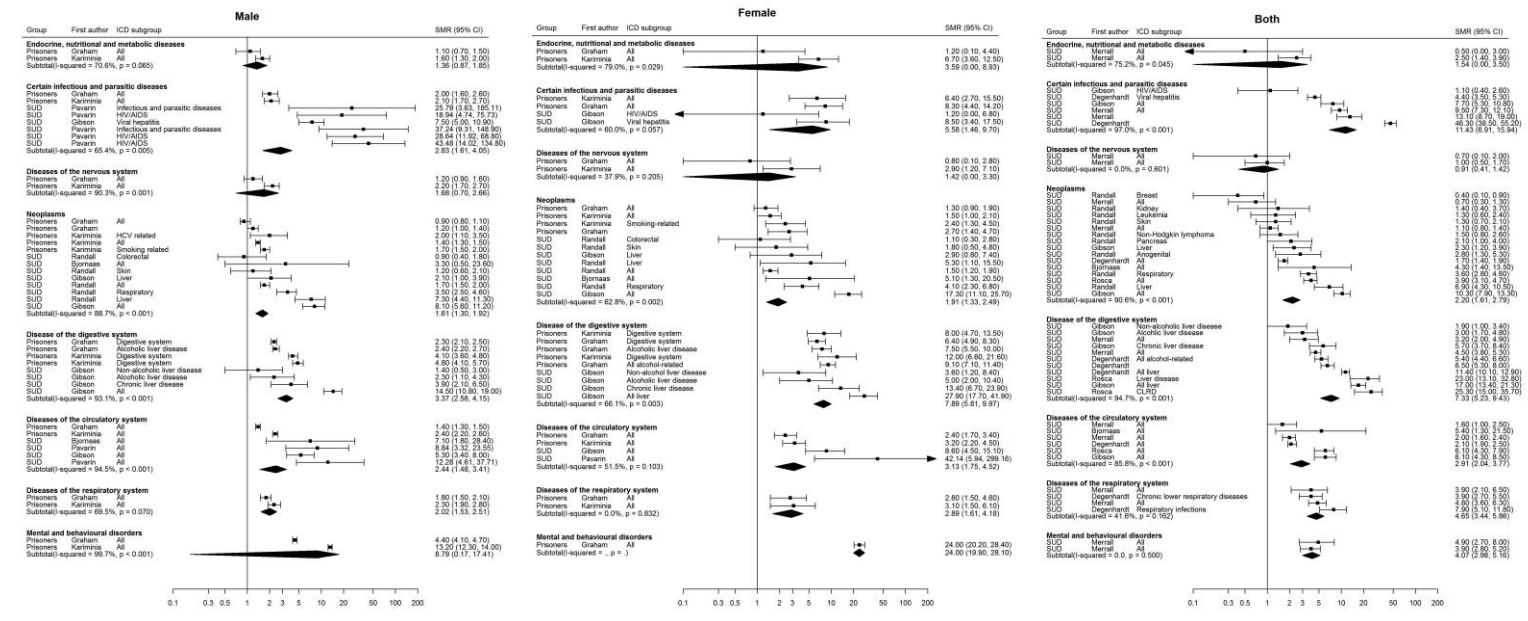


Figure 43. Standardised Mortality Ratios for all-cause mortality



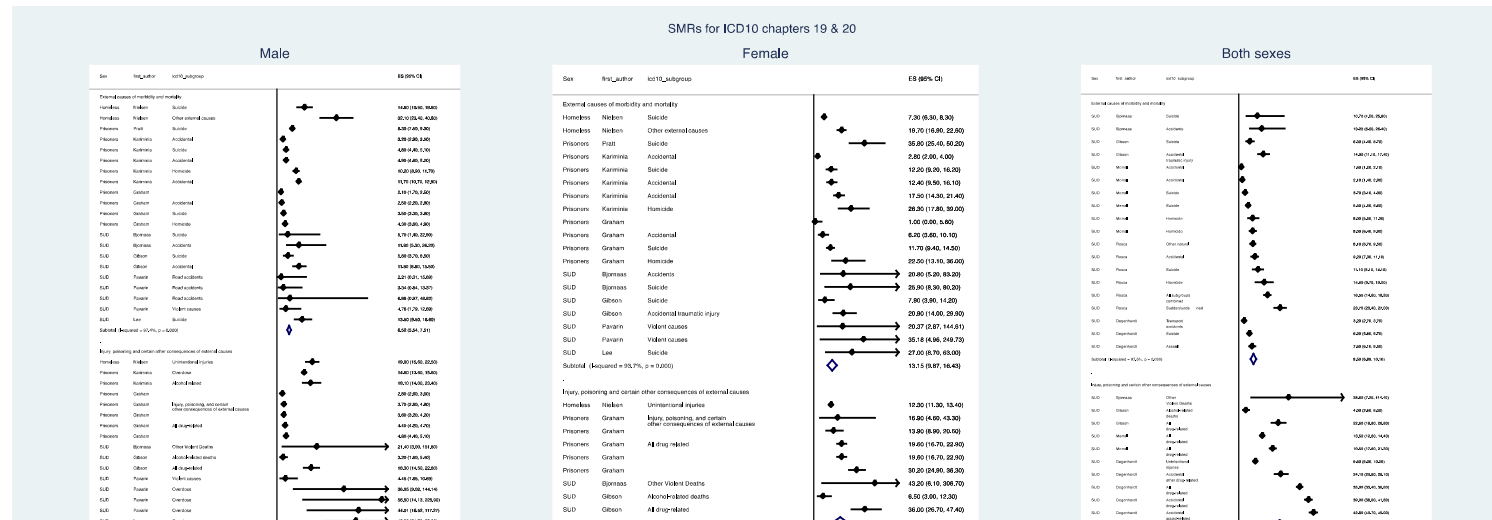
Note: Weights are from random effects analysis. Several studies contribute multiple rows of data due to different: SUD groups included (Arendt and Pavarin); countries (Bargagli); or time periods (Merrall).

Figure 54. Standardised Mortality Ratios by ICD-10 category (excluding those due to injury and external causes).



Note: Weights are from random effects analysis. SMRs greater than 60 are excluded for presentational purposes. Several studies contribute multiple rows of data due to different outcomes (Graham; Pavarin; Karimina; Randall and Gibson) and time periods included (Merrall).

Figure 65. Standardised Mortality Ratios due to injury and external causes



Note: Weights are from random effects analysis. SMRs greater than 60 are excluded for presentational purposes. Several studies contribute multiple rows of data due to different: outcomes (Nielsen; Graham; Bjornas; Gibson; Karimnia and Degenhardt) SUD groups included (Pavarin); or time periods (Merrall).

Commented [DL10]: This might not be necessary given the log axis. Do we need to add anything in?